

PROVISIONAL RESULTS

WOODHALL SPA SPRINT TRIATHLON 2009

10TH MAY 2009

No.	Name	Surname	Gender	Age Cat	Team name	Finish time	Pos	Swim	T1	Cycle	T2	Run
425	Richard	Teare	Male	25 - 29	EQUUS	01:02:06	1	00:06:37	00:00:33	00:36:58	00:00:30	00:17:25
443	Peter	Goodfellow	Male	35 - 39		01:02:20	2	00:05:59	00:00:33	00:37:25	00:00:23	00:17:57
6	Luke	Seamer	Male	Under 20	TFN	01:03:24	3	00:05:41	00:00:53	00:38:20	00:00:39	00:17:48
449	Chris	Dale	Male	Under 20	MANSFIELD TRIATHLON CLUB	01:03:55	4	00:05:44	00:00:36	00:40:05	00:00:32	00:16:54
398	Steven	Wigglesworth	Male	45 - 49	VEGETARIAN C&AC	01:04:01	5	00:07:35	00:00:48	00:36:36	00:00:35	00:18:25
430	Richard	Jeggo	Male	30 - 34	LEICESTER TRIATHLON CLUB	01:04:11	6	00:06:36	00:00:41	00:39:01	00:00:32	00:17:18
1	Steve	Butler	Male	Team		01:04:37	7	00:06:58	00:00:31	00:38:56	00:00:34	00:17:37
5	Steven	Paley	Male	30 - 34	LINCOLN TRI	01:04:52	8	00:05:58	00:00:31	00:38:35	00:00:46	00:18:59
446	Brian	Howarth	Male	35 - 39	LEEDS BRADFORD TRIATHLON	01:05:05	9	00:06:10	00:00:44	00:39:32	00:00:31	00:18:06
431	Simon	George	Male	25 - 29	LINCOLN TRI CLUB	01:05:42	10	00:05:56	00:00:46	00:40:40	00:00:32	00:17:46
437	Samuel	Wright	Male	25 - 29	RAF TRI	01:05:58	11	00:06:32	00:00:42	00:39:59	00:00:31	00:18:12
434	John	Manning	Male	50 - 54	DERBY TRI	01:06:12	12	00:07:12	00:00:52	00:36:57	00:00:36	00:20:33
438	Peter	Lynas	Male	Under 20	TFN	01:06:17	13	00:05:54	00:00:35	00:40:36	00:00:38	00:18:31
341	Richard	Parker	Male	45 - 49	ONELIFE	01:06:36	14	00:07:04	00:00:47	00:41:25	00:00:43	00:16:33
395	Jonathan	Sheehan	Male	45 - 49		01:06:53	15	00:07:32	00:00:54	00:40:02	00:00:47	00:17:34
450	Mark	Chopra	Male	25 - 29		01:07:44	16	00:05:23	00:00:53	00:44:04	00:00:35	00:16:47
413	Peter	Pain	Male	50 - 54	ARMY TRIATHLON ASSOCIATION	01:08:22	17	00:07:17	00:00:45	00:41:10	00:00:29	00:18:39
401	Danny	Wyer	Male	30 - 34		01:08:31	18	00:07:20	00:00:47	00:41:48	00:00:39	00:17:54
338	Dale	Norris	Male	40 - 44	LEICESTER TRIATHLON CLUB	01:08:56	19	00:08:06	00:01:17	00:38:26	00:01:03	00:20:01
259	Ross	Clifford	Male	30 - 34		01:08:59	20	00:08:13	00:01:03	00:41:53	00:00:39	00:17:08
8	Russell	Atkinson	Male	35 - 39	SHEFFIELD TRI CLUB	01:09:04	21	00:06:23	00:00:37	00:43:07	00:00:41	00:18:13
372	Nick	Bailey	Male	35 - 39		01:09:17	22	00:07:11	00:00:52	00:41:59	00:00:41	00:18:31
426	Ollie	Lord	Male	30 - 34	RETFORD AC	01:09:20	23	00:06:21	00:00:52	00:41:16	00:00:31	00:20:18
324	Paul	Breeze	Male	40 - 44	RAF TRIATHLON	01:09:23	24	00:06:10	00:00:49	00:42:58	00:00:36	00:18:47
402	John	Munro	Male	35 - 39		01:09:33	25	00:07:24	00:01:01	00:41:35	00:00:38	00:18:52
389	Mick	Oliver (Draft)	Male	40 - 44	LINCOLN TRI CLUB	01:09:38	26	00:06:40	00:00:37	00:41:41	00:00:34	00:20:04
408	Phil	Binch	Male	40 - 44	LINCSQUAD	01:09:44	27	00:06:54	00:00:40	00:40:21	00:00:39	00:21:08
424	Richard	Powell	Male	35 - 39	SHEFFIELD TRI CLUB	01:09:46	28	00:07:07	00:00:44	00:41:46	00:00:39	00:19:26
386	Gavin	Hodgson	Male	30 - 34	LINCOLN TRI	01:09:53	29	00:07:20	00:00:40	00:43:04	00:00:32	00:18:15
390	Oliver	Mann (Draft)	Male	25 - 29	TFN	01:09:53	30	00:07:21	00:00:52	00:40:40	00:00:38	00:20:20
379	Joel	Emery	Male	20 - 24		01:09:55	31	00:05:45	00:01:00	00:44:11	00:00:46	00:18:11
252	Alan	Wheeler	Male	35 - 39	SPALDING TRI&YELLOWVELO	01:09:59	32	00:08:44	00:00:48	00:41:44	00:00:25	00:18:14
432	Adam	Grant	Male	20 - 24	RAF/LINCOLN TRI	01:10:03	33	00:06:05	00:00:40	00:42:40	00:00:33	00:20:03
414	Melvyn	Heywood	Male	45 - 49	TFN	01:10:18	34	00:07:20	00:00:52	00:42:51	00:00:31	00:18:42
396	Sandy	Telfer	Male	45 - 49	SLEAFORD STRIDERS	01:10:34	35	00:07:04	00:01:09	00:42:10	00:00:54	00:19:15
439	James	Croft	Male	35 - 39	TRIATHLONPB.COM	01:10:37	36	00:06:03	00:01:06	00:43:46	00:00:57	00:18:42
392	Chris	Redding	Male	40 - 44		01:10:44	37	00:06:59	00:00:51	00:42:23	00:00:36	00:19:52
415	Jeff	Morris	Male	50 - 54	RAF TRIATHLON	01:10:52	38	00:07:00	00:01:00	00:42:03	00:00:55	00:19:51
290	Robin	Simpson	Male	30 - 34		01:10:55	39	00:08:56	00:01:20	00:41:11	00:00:45	00:18:40
422	Ian	Randall	Male	35 - 39		01:11:24	40	00:08:53	00:01:51	743:59:31	00:42:47	00:18:20
427	Lee	Cuthbert	Male	35 - 39		01:11:41	41	00:06:56	00:01:08	00:42:30	00:01:08	00:19:56
276	Andrew	Gurney	Male	40 - 44	SPALDING TRI CLUB	01:11:55	42	00:08:37	00:01:05	00:41:10	00:00:47	00:20:13
445	Chris	Pratt	Male	20 - 24	SPALDING TRIATHLON CLUB	01:11:57	43	00:05:59	00:00:55	00:43:17	00:00:41	00:21:02
230	Tim	Dunne	Male	40 - 44	TFN TRI CLUB	01:12:13	44	00:07:02	00:00:45	00:42:08	00:00:43	00:21:34
369	Julie	Lambourne	Female	45 - 49	TFN TRI CLUB	01:12:20	45	00:08:04	00:00:43	00:42:17	00:00:44	00:20:30
246	Girvan	Wright	Male	40 - 44		01:12:26	46	00:08:31	00:00:43	00:43:41	00:00:33	00:18:56
436	Richard	Nixon	Male	40 - 44	PACTRAC	01:12:26	47	00:06:38	00:00:45	00:43:38	00:00:42	00:20:41
359	Zac	Goodspeed	Male	35 - 39		01:12:36	48	00:06:56	00:01:12	00:43:25	00:00:35	00:20:26
326	Darren	Fisher	Male	25 - 29		01:12:43	49	00:07:43	00:01:07	00:41:47	00:00:52	00:21:10
371	Terry	Grant	Male	50 - 54		01:12:44	50	00:07:44	00:01:08	00:42:59	00:00:46	00:20:04
125	Andrew	Powell	Male	35 - 39		01:12:47	51	00:08:21	00:01:08	00:43:56	00:00:55	00:18:23
428	Mark	Harrison	Male	Under 20	LINCOLN TRI	01:12:47	52	00:06:43	00:01:00	00:45:55	00:00:43	00:18:23
329	Neil	Copland	Male	40 - 44	NOTTS POLICE	01:12:59	53	00:08:36	00:01:03	00:41:07	00:01:00	00:21:10
348	Michael	Staines	Male	50 - 54	SPALDING TRIATHLON CLUB	01:13:02	54	00:07:45	00:01:08	00:42:31	00:00:47	00:20:48
394	Jon	Reynolds	Male	25 - 29		01:13:09	55	00:07:12	00:01:09	00:45:01	00:00:46	00:18:58
350	Wayne	Turner	Male	40 - 44		01:13:15	56	00:08:02	00:01:17	00:43:23	00:00:47	00:19:43
269	Martin	Deans	Male	35 - 39		01:13:23	57	00:08:03	00:01:01	00:43:46	00:00:45	00:19:46
251	Tim	Savage	Male	40 - 44		01:13:35	58	00:09:09	00:00:51	00:43:47	00:00:49	00:18:57
368	Julian	Faulkner	Male	40 - 44		01:13:39	59	00:07:46	00:01:09	00:44:04	00:00:42	00:19:55
403	Phylip	Scott	Male	30 - 34		01:13:41	60	00:07:04	00:01:03	00:45:37	00:00:50	00:19:04
253	Brian	Mundy	Male	35 - 39		01:13:43	61	00:08:47	00:01:18	00:42:43	00:00:55	00:19:57

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WOODHALL SPA SPRINT TRIATHLON 2009

10TH MAY 2009

257	Darren	Bunker	Male	45 - 49	SHEFFIELD TRI	01:13:45	62	00:10:05	00:00:50	00:42:43	00:00:44	00:19:20
301	Rahim	Siddiquee	Male	35 - 39	3XTRI	01:13:46	63	00:07:29	00:01:21	00:45:07	00:00:51	00:18:55
433	Steve	Grocock	Male	35 - 39	CONOCOPHILLIPS CYCLING CLUB	01:13:52	64	00:06:42	00:01:41	00:42:05	00:01:06	00:22:15
419	Malc	Pearce	Male	45 - 49		01:13:55	65	00:06:26	00:01:03	00:44:00	00:00:42	00:21:41
364	Naomi	Warr	Female	30 - 34	DERBY TRI	01:13:58	66	00:07:31	00:00:57	00:44:49	00:00:49	00:19:49
409	Garry	Davy	Male	40 - 44	PLANET X	01:14:01	67	00:07:18	00:01:01	00:45:01	00:02:22	00:18:17
260	Simon	Cocker	Male	50 - 54	WITHAM WHEELERS	01:14:06	68	00:10:16	00:01:06	00:41:19	00:00:42	00:20:40
388	Sadie	Murphy	Female	45 - 49	LEICESTER TRI CLUB	01:14:13	69	00:07:14	00:00:49	00:43:58	00:00:33	00:21:36
331	Tom	Drew	Male	40 - 44	SPALDING TRI	01:14:17	70	00:08:03	00:00:45	00:45:38	00:00:39	00:19:09
190	Claire	Sharpe	Male	Team		01:14:23	71	00:08:24	00:01:56	00:41:20	00:00:40	00:22:00
281	Tony	Lindop	Male	40 - 44	ADWICK TRI CLUB	01:14:45	72	00:08:53	00:01:09	00:43:15	00:00:59	00:20:28
418	Henry	Middleton	Male	25 - 29		01:14:49	73	00:07:34	00:01:26	00:45:02	00:01:00	00:19:45
370	Claire	Armstrong	Female	30 - 34		01:14:51	74	00:07:35	00:00:52	00:45:32	00:00:34	00:20:15
314	Nick	Bestwick	Male	35 - 39	TRITALK.CO.UK	01:15:02	75	00:07:50	00:01:06	00:44:41	00:00:50	00:20:32
404	Lawrence	Brackstone	Male	40 - 44	SPALDING TRI	01:15:02	76	00:07:49	00:00:57	00:42:44	00:00:44	00:22:45
209	Mel	Berry	Female	40 - 44	TFN	01:15:09	77	00:06:17	00:00:57	00:43:38	00:01:07	00:23:08
378	Kevin	Dunne	Male	50 - 54	LINCOLN TRI	01:15:11	78	00:07:02	00:00:48	00:45:34	00:00:57	00:20:47
383	Alister	Fletcher	Male	40 - 44	GRIMSBY TRI CLUB	01:15:11	79	00:07:19	00:01:20	00:42:15	00:00:35	00:23:39
332	Karl	Jackson	Male	35 - 39	3XTRI	01:15:14	80	00:08:25	00:01:18	00:43:54	00:00:42	00:20:54
7	Mark	Epton	Male	35 - 39	REVOLUTION IMAGES	01:15:35	81	00:12:37	00:01:39	00:39:26	00:01:05	00:20:47
164	Martin	Wood	Male	50 - 54	LINCOLN TRI / TEAM HERBALIFE	01:15:41	82	00:10:42	00:00:53	00:43:50	00:00:56	00:19:17
355	Geoff	Astley	Male	45 - 49		01:15:53	83	00:08:25	00:01:24	00:45:35	00:00:52	00:19:33
384	Jon	Henderson (DQ)	Male	25 - 29		01:15:55	84	00:07:04	00:01:17	00:46:53	00:00:26	00:20:12
319	Iain	Taylor	Male	30 - 34	ADWICK TRI CLUB	01:15:57	85	00:07:34	00:00:55	00:43:53	00:00:50	00:22:43
241	Wayne	Kew	Male	45 - 49	MABLETHORPE RUNNING CLUB	01:15:58	86	00:09:29	00:01:09	00:44:22	00:00:56	00:19:58
410	Adam	Nicholson	Male	30 - 34		01:16:02	87	00:06:08	00:00:48	00:46:00	00:00:48	00:22:16
323	Andrew	Blow	Male	40 - 44		01:16:03	88	00:07:53	00:01:02	00:44:06	00:01:02	00:21:57
228	Paul	Aubrey (Draft)	Male	40 - 44		01:16:04	89	00:09:03	00:01:26	00:41:20	00:00:45	00:23:28
263	Jonathan	Collins	Male	45 - 49		01:16:16	90	00:08:24	00:01:37	00:43:22	00:00:59	00:21:51
399	Victoria	Burrows	Female	25 - 29	WAKEFIELD TRIATHLON CLUB	01:16:21	91	00:06:42	00:00:45	00:48:00	00:00:42	00:20:09
284	Colin	Richardson	Male	45 - 49		01:16:29	92	00:08:23	00:01:40	00:46:10	00:00:44	00:19:29
361	Steve	Hamilton	Male	40 - 44	HELEN VOCE TRI CLUB	01:16:29	93	00:07:50	00:01:12	00:44:10	00:01:12	00:22:02
312	Peter	Thompson	Male	45 - 49	LINCOLN TRI	01:16:31	94	00:07:38	00:01:11	00:46:29	00:01:00	00:20:10
440	Steven	Taylor	Male	Team		01:16:38	95	00:06:09	00:00:41	00:45:46	00:00:31	00:23:29
366	Kevin	Currell	Male	25 - 29	CHARNWOOD TRIATHLON CLUB	01:16:48	96	00:08:07	00:01:22	00:45:18	00:00:45	00:21:14
374	Mathew	Barrowcliffe	Male	25 - 29		01:16:53	97	00:07:11	00:01:23	00:46:39	00:00:33	00:21:04
385	Mark	Henderson	Male	30 - 34	3XTRI	01:16:53	98	00:07:27	00:01:07	00:44:08	00:00:44	00:23:25
131	Rich	Seabrook	Male	40 - 44		01:16:54	99	00:09:48	00:01:22	00:43:44	00:01:06	00:20:52
303	Louise	Bennett	Female	35 - 39		01:16:54	100	00:08:14	00:00:51	00:45:04	00:00:40	00:22:02
393	Debbie	Barnett	Female	25 - 29	DAVID LLOYD NEWCASTLE TRIATHLON CLUB	01:17:04	101	00:07:06	00:01:19	00:46:57	00:00:48	00:20:52
406	David	Plunkett	Male	45 - 49	GRIMSBY TRIATHLON CLUB	01:17:08	102	00:07:42	00:00:53	00:43:18	00:00:49	00:24:24
313	Andy	Tuck	Male	45 - 49		01:17:09	103	00:08:17	00:01:37	00:44:55	00:00:48	00:21:29
416	Steve	Hope	Male	45 - 49	PACTRAC	01:17:12	104	00:07:51	00:01:18	00:46:40	00:00:45	00:20:36
373	Craig	Barrowcliffe	Male	25 - 29		01:17:16	105	00:06:24	00:00:54	00:47:13	00:00:32	00:22:11
411	Katrina	Kemp	Female	45 - 49	LEICESTER TRI CLUB	01:17:34	106	00:07:29	00:00:57	00:47:33	00:00:50	00:20:41
167	Dave	Worsdall	Male	45 - 49		01:17:39	107	00:09:39	00:00:59	00:43:07	00:00:49	00:23:02
215	Steven	Thompson	Male	35 - 39		01:17:42	108	00:08:04	00:01:17	00:45:47	00:01:01	00:21:30
318	Mark	Rowley	Male	45 - 49		01:17:44	109	00:08:22	00:01:12	00:44:52	00:01:00	00:22:16
229	John	Kearns	Male	45 - 49	LEICESTER TRI	01:17:45	110	00:09:00	00:01:01	00:46:55	00:00:42	00:20:05
420	Stephen	Race	Male	40 - 44		01:17:52	111	00:06:59	00:01:36	00:45:27	00:01:10	00:22:38
277	Steve	Hull	Male	50 - 54		01:17:53	112	00:09:47	00:01:03	00:44:21	00:00:54	00:21:46
325	Terry	Brooks	Male	60+	DERBY TRI CLUB	01:17:54	113	00:07:35	00:01:08	00:45:39	00:00:46	00:22:43
339	Jutta	Meiwald	Male	Team	LOUTH DOLPHINS SC	01:17:56	114	00:06:31	00:00:40	00:43:27	00:00:32	00:26:43
317	Ben	Charity	Male	25 - 29		01:18:00	115	00:07:42	00:01:06	00:43:58	00:00:55	00:24:17
186	Tim	Kingswood	Male	35 - 39	YELLO VELO	01:18:03	116	00:08:41	00:01:20	00:42:52	00:00:54	00:24:14
423	Claire	Bairsto	Female	25 - 29	RAF TRI	01:18:04	117	00:06:53	00:01:11	00:48:47	00:00:23	00:20:47
61	Darren	Smith	Male	20 - 24	YELLO VELO	01:18:05	118	00:10:50	00:01:05	00:44:34	00:00:52	00:20:41
222	Andy	Hubball	Male	45 - 49		01:18:08	119	00:08:56	00:01:31	00:43:56	00:00:48	00:22:54
365	Richard brian	Annable	Male	30 - 34	TFN	01:18:13	120	00:07:43	00:00:56	00:44:02	00:00:41	00:24:48
376	Sarah	Hutchinson	Female	30 - 34	MANSFIELD TRI	01:18:21	121	00:07:28	00:01:13	00:47:17	00:00:46	00:21:35
236	Richard	Dannatt	Male	40 - 44		01:18:24	122	00:09:24	00:00:51	00:45:39	00:00:43	00:21:45

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WOODHALL SPA SPRINT TRIATHLON 2009

10TH MAY 2009

397	Neil	Whitehead	Male	30 - 34		01:18:31	123	00:06:52	00:01:46	00:49:42	00:00:26	00:19:41
381	Lorna	Magowan	Female	45 - 49		01:18:35	124	00:07:48	00:01:22	00:44:56	00:00:50	00:23:35
158	David	Rouse	Male	40 - 44		01:18:38	125	00:09:13	00:01:43	00:46:10	00:00:43	00:20:46
349	Richard	Stenton	Male	25 - 29		01:18:39	126	00:06:59	00:01:28	00:47:15	00:00:26	00:22:27
296	Eddie	Curry	Male	35 - 39		01:18:45	127	00:08:38	00:00:46	00:46:45	00:00:36	00:21:56
405	Helen	Crossley	Female	35 - 39		01:18:45	128	00:06:33	00:00:54	00:47:19	00:00:56	00:23:01
335	Alex	Jones	Male	25 - 29		01:18:49	129	00:07:46	00:02:07	00:48:12	00:00:49	00:19:52
407	Martin	Attrup	Male	45 - 49	LINCOLN TRI	01:18:53	130	00:07:28	00:01:04	00:47:45	00:00:44	00:21:50
340	Kathryn	Roberts	Female	25 - 29	3XTRI	01:18:58	131	00:07:45	00:00:56	00:46:49	00:00:55	00:22:30
149	Matthew	Clarke	Male	40 - 44		01:19:09	132	00:09:50	00:01:22	00:45:29	00:01:01	00:21:23
272	Ged	Forster	Male	50 - 54		01:19:10	133	00:09:01	00:01:42	00:47:17	00:00:41	00:20:27
122	Ky	North	Male	35 - 39		01:19:13	134	00:09:02	00:01:16	00:45:03	00:01:02	00:22:46
233	Lee	Clarkson	Male	35 - 39		01:19:18	135	00:09:42	00:01:54	00:45:16	00:00:40	00:21:43
258	Daniel	Cleaver	Male	35 - 39		01:19:18	136	00:08:54	00:01:36	00:44:50	00:00:43	00:23:13
116	Jon	Hammond	Male	35 - 39		01:19:23	137	00:09:42	00:01:29	00:44:42	00:01:18	00:22:10
354	John-paul	Ashton	Male	30 - 34		01:19:25	138	00:07:48	00:01:17	00:49:30	00:00:29	00:20:19
216	Simon	Haydock	Male	50 - 54		01:19:26	139	00:09:37	00:01:33	00:45:16	00:00:54	00:22:03
151	Robert	Hall	Male	30 - 34		01:19:27	140	00:10:25	00:01:01	00:46:32	00:00:48	00:20:39
211	John	Catley	Male	35 - 39		01:19:27	141	00:08:58	00:01:41	00:43:36	00:01:06	00:24:03
429	Sue	Day	Female	45 - 49	MANSFIELD TRI	01:19:31	142	00:07:08	00:01:11	00:47:30	00:00:46	00:22:53
344	Les	Schmid	Male	55 - 59	LINCOLN TRI	01:19:34	143	00:08:44	00:01:03	00:46:39	00:00:32	00:22:32
144	Philip	Mcneill	Male	40 - 44	RAF TRI	01:19:38	144	00:09:35	00:01:34	00:45:54	00:00:44	00:21:48
322	Sarah	Alton	Female	40 - 44	LA BICICLETA	01:19:47	145	00:08:34	00:01:04	00:47:10	00:01:02	00:21:53
306	Garry	Evans	Male	30 - 34		01:19:50	146	00:08:34	00:01:20	00:47:59	00:00:32	00:21:23
328	Linzi	Fletcher-bates	Female	35 - 39		01:19:58	147	00:07:38	00:00:55	00:48:05	00:00:39	00:22:38
356	Martyn	Watkinson	Male	50 - 54	LINCOLN TRI	01:19:58	148	00:07:26	00:01:25	00:45:59	00:01:12	00:23:54
316	Jan	Johnson	Female	50 - 54	EQUUS	01:20:10	149	00:08:43	00:00:45	00:46:01	00:00:40	00:23:59
203	David	Thompson	Male	45 - 49		01:20:22	150	00:10:07	00:00:54	00:45:58	00:00:55	00:22:25
266	James	Dalton	Male	45 - 49	LINCOLN TRI	01:20:25	151					
283	Steven	Pook (DQ)	Male	35 - 39	RAFTRI	01:20:28	152	00:08:44	00:01:06	00:44:52	00:01:14	00:24:29
13	Andrew	Clark	Male	35 - 39	SCT	01:20:31	153	00:09:00	00:01:17	00:46:19	00:00:55	00:22:57
279	Ruth	Harris	Female	25 - 29	SHEFFIELD TRI CLUB	01:20:39	154	00:08:36	00:01:03	00:45:49	00:00:56	00:24:12
161	Ryan	Scott	Male	25 - 29	CHIPPENHAM WHEELERS	01:20:42	155	00:09:48	00:01:26	00:45:28	00:00:50	00:23:08
412	Kelvin	O'neil	Male	50 - 54	SPALDING TRI	01:20:43	156	00:07:23	00:01:38	00:46:44	00:01:04	00:23:53
197	Garry	Siddon	Male	35 - 39		01:20:48	157	00:10:07	00:01:22	00:46:32	00:01:26	00:21:19
3	Sarah	Vernau	Female	30 - 34	TFN	01:20:49	158	00:07:44	00:00:56	00:50:29	00:01:05	00:20:33
435	Layla	Cartwright	Female	Under25		01:20:56	159	00:06:31	00:01:27	00:48:12	00:00:45	00:23:59
320	Ryan	Coupland	Male	Under 20		01:20:57	160	00:07:39	00:02:13	00:51:48	00:00:31	00:18:43
275	James	Graham	Male	40 - 44		01:21:06	161	00:07:26	00:01:55	00:48:27	00:01:09	00:22:06
248	Innes	Boyd	Male	30 - 34		01:21:07	162	00:07:26	00:01:04	00:50:36	00:00:35	00:21:22
444	Jutta	Meiwald	Male	Team	LOUTH ATHLETIC CLUB	01:21:09	163	00:06:32	00:00:37	00:47:54	00:00:28	00:25:35
400	Robert	Williams	Male	30 - 34		01:21:13	164	00:07:52	00:01:55	00:47:59	00:00:54	00:22:30
212	Paul	Fleming	Male	40 - 44		01:21:15	165	00:09:29	00:01:29	00:47:57	00:00:34	00:21:43
310	Jana	Newman	Female	30 - 34		01:21:16	166	00:08:19	00:01:33	00:48:13	00:00:49	00:22:18
206	Luke	Wright	Male	35 - 39		01:21:18	167	00:09:06	00:01:35	00:46:59	00:00:32	00:23:03
357	Jenny	Featherstone	Female	30 - 34	SHEFFIELD TRI CLUB	01:21:18	168	00:07:57	00:00:55	00:51:38	00:00:25	00:20:21
157	Ian	Pugsley	Male	50 - 54		01:21:26	169	00:10:28	00:01:28	00:46:05	00:00:59	00:22:22
162	Paul	Smith	Male	40 - 44	LINCOLN TRI	01:21:27	170	00:09:23	00:00:59	00:47:28	00:01:17	00:22:18
119	Robert	Hurst	Male	50 - 54		01:21:29	171	00:08:47	00:01:58	00:46:05	00:00:59	00:23:37
182	Shane	Harrison	Male	40 - 44	RAFTRI	01:21:29	172	00:08:39	00:01:27	00:47:09	00:01:22	00:22:50
270	Owen	Edwards	Male	45 - 49		01:21:40	173	00:08:32	00:01:42	00:47:57	00:01:00	00:22:26
247	Dave	Shaw	Male	40 - 44		01:21:44	174	00:08:54	00:00:59	00:47:51	00:00:33	00:23:24
264	Mark	Craven	Male	35 - 39	LINCOLN AND DISTRICT RUNNERS	01:21:46	175	00:08:17	00:01:20	00:49:47	00:00:54	00:21:25
337	Oliver	Moore	Male	20 - 24		01:21:52	176	00:08:31	00:00:58	00:48:34	00:01:00	00:22:45
282	Mark	Oldfield	Male	40 - 44		01:21:53	177	00:09:24	00:01:29	00:48:12	00:00:51	00:21:55
132	Nick	Shirley	Male	40 - 44		01:22:01	178	00:09:27	00:01:28	00:45:06	00:01:09	00:24:49
175	Richard	Baugh	Male	50 - 54		01:22:08	179	00:10:27	00:01:34	00:46:01	00:00:58	00:23:05
83	Kevin	Parker	Male	25 - 29		01:22:10	180	00:10:05	00:02:19	00:46:52	00:00:28	00:22:24
288	Craig	Rush	Male	35 - 39	SHEFFIELD TRI CLUB	01:22:12	181	00:09:01	00:01:30	00:46:04	00:00:55	00:24:39
163	John	Williamson	Male	50 - 54	TEAM TIMMY	01:22:13	182	00:10:12	00:01:26	00:48:19	00:01:05	00:21:08
342	Daniel	Ramsden	Male	35 - 39		01:22:24	183	00:07:47	00:01:53	00:49:30	00:01:22	00:21:48
191	Tony	Moran	Male	45 - 49		01:22:28	184	00:08:30	00:01:24	00:50:43	00:01:09	00:20:39

PROVISIONAL RESULTS

WOODHALL SPA SPRINT TRIATHLON 2009

10TH MAY 2009

25	Paul	Jackson	Male	35 - 39		01:22:34	185	00:14:23	00:02:09	00:46:36	00:01:09	00:18:13
150	James	Corbett	Male	30 - 34		01:22:36	186	00:10:18	00:01:47	00:46:42	00:01:00	00:22:47
17	Jason	Crookes	Male	Under 20		01:22:43	187	00:08:09	00:00:49	00:53:06	00:00:39	00:19:56
336	Ken	Mathews	Male	55 - 59	TRI-ANGLIA	01:22:43	188	00:07:44	00:01:34	00:48:45	00:01:03	00:23:35
180	Joel	Edwards	Male	30 - 34		01:22:44	189	00:07:12	00:02:57	00:48:48	00:01:55	00:21:50
36	James	Wallwork	Male	25 - 29		01:22:51	190	00:13:48	00:02:11	00:45:23	00:01:11	00:20:16
300	Tom	Gardner	Male	25 - 29		01:22:55	191	00:07:41	00:01:18	00:50:53	00:00:46	00:22:13
11	Simon	Tait	Male	40 - 44		01:22:59	192	00:08:16	00:02:14	00:47:19	00:00:43	00:24:24
115	Matthew	Gladstone	Male	35 - 39		01:23:00	193	00:09:36	00:01:24	00:48:13	00:00:52	00:22:53
231	Kim	Bent	Female	25 - 29		01:23:01	194	00:08:30	00:02:00	00:50:23	00:01:02	00:21:03
176	Iain d s	Chalmers	Male	45 - 49	GRIMSBY TRI CLUB	01:23:07	195	00:09:43	00:01:18	00:48:11	00:00:55	00:22:56
43	Doug	Wing	Male	35 - 39		01:23:09	196	00:11:55	00:01:27	00:46:33	00:01:23	00:21:49
133	Richard	Smalley	Male	50 - 54		01:23:10	197	00:09:34	00:01:47	00:46:17	00:00:52	00:24:37
391	Stuart	Pearce	Male	45 - 49	LINCOLN TRI	01:23:21	198	00:06:41	00:01:23	00:50:28	00:00:52	00:23:54
187	Mark	Marsay	Male	45 - 49	RAF MARHAM	01:23:23	199	00:09:54	00:01:21	00:46:14	00:01:02	00:24:51
268	Susanne	Tietze	Female	45 - 49	RACING TNT	01:23:26	200	00:08:33	00:01:29	00:49:33	00:01:16	00:22:32
198	Steve	Squires	Male	40 - 44		01:23:30	201	00:09:00	00:01:20	00:50:12	00:01:03	00:21:51
333	Jacqui	Ker	Female	25 - 29	BARRACUDA TRI CLUB	01:23:34	202	00:08:32	00:01:22	00:49:38	00:00:59	00:23:00
155	Vin	Newton	Male	50 - 54		01:23:40	203	00:09:16	00:01:15	00:49:14	00:01:41	00:22:12
309	Helen	Cutmore	Female	45 - 49	SOUTH YORKSHIRE POLICE	01:23:45	204	00:08:07	00:01:49	00:50:04	00:00:55	00:22:49
179	David	Clapham	Male	35 - 39		01:23:47	205	00:08:54	00:02:28	00:48:42	00:01:02	00:22:39
315	Annabel	Webb	Female	25 - 29		01:24:12	206	00:08:15	00:01:31	00:50:07	00:01:09	00:23:07
417	Jo	Wimpenny	Female	35 - 39	TRIATHLONPB.COM	01:24:23	207	00:06:41	00:01:11	00:51:25	00:01:01	00:24:03
170	David	Holmes	Male	45 - 49		01:24:25	208	00:10:17	00:01:45	00:47:35	00:00:38	00:24:07
299	Gary	Martin	Male	35 - 39		01:24:28	209	00:08:58	00:02:18	00:48:39	00:00:37	00:23:53
210	Steve	Armstrong	Male	55 - 59	DAVID LLOYD LINCOLN	01:24:29	210	00:10:13	00:02:13	00:46:23	00:01:22	00:24:15
213	Diane	Parperis	Female	45 - 49		01:24:32	211	00:08:42	00:01:32	00:49:55	00:00:58	00:23:22
193	Michael	Ramsey	Male	45 - 49		01:24:36	212	00:08:32	00:01:23	00:52:27	00:00:42	00:21:30
184	Andy	Webb	Male	55 - 59		01:24:38	213	00:10:06	00:01:25	00:48:49	00:00:57	00:23:19
121	Alasdair	Morrison	Male	50 - 54		01:24:41	214	00:08:22	00:01:34	00:47:54	00:01:10	00:25:37
146	John bernard	Clarke	Male	60+	SHEFFIELD TRI	01:24:52	215	00:10:27	00:01:21	00:46:42	00:01:12	00:25:08
292	Ruth	Willott	Female	35 - 39	DERWENT RUNNERS	01:25:03	216	00:08:16	00:01:51	00:49:15	00:00:37	00:25:02
289	Gary	Simpson	Male	40 - 44		01:25:10	217	00:09:12	00:02:12	00:44:21	00:01:16	00:28:05
102	Jonathan	Audis	Male	35 - 39		01:25:11	218	00:11:34	00:01:53	00:46:33	00:00:47	00:24:22
120	Tim	Lupton	Male	30 - 34		01:25:18	219	00:10:20	00:02:43	00:48:19	00:01:07	00:22:46
108	Phillip	Clifford	Male	20 - 24	RAF TRIATHLON	01:25:19	220	00:09:39	00:02:14	00:48:20	00:00:57	00:24:07
218	Colin	Skoyles	Male	40 - 44		01:25:24	221	00:09:17	00:01:24	00:49:01	00:01:06	00:24:34
136	Melanie	Wheeler	Male	Team		01:25:25	222	00:08:31	00:00:41	00:51:54	00:00:35	00:23:43
188	Steve	Mendes	Male	30 - 34		01:25:27	223	00:10:05	00:02:08	00:52:11	00:00:45	00:20:15
375	Jane	Howard	Female	30 - 34		01:25:32	224	00:08:52	00:02:29	00:52:33	00:00:50	00:20:46
101	Rob	Allen	Male	30 - 34		01:25:40	225	00:11:00	00:01:30	00:48:05	00:01:22	00:23:41
286	Sally	Moody	Female	35 - 39		01:25:44	226	00:08:32	00:01:29	00:50:00	00:01:15	00:24:26
199	Stephen	Stead	Male	55 - 59	BURTON WATERS - LINCOLN	01:25:45	227	00:09:51	00:01:27	00:47:24	00:01:22	00:25:39
351	Helen	Voce	Female	40 - 44	HELEN VOCE TRI CLUB	01:25:45	228	00:08:46	00:01:15	00:49:40	00:00:38	00:25:24
194	Daniel	Scott	Male	30 - 34		01:25:49	229	00:10:01	00:02:11	00:49:03	00:01:06	00:23:24
84	Andrew	Raymond	Male	40 - 44		01:25:51	230	00:12:55	00:01:47	00:46:54	00:01:24	00:22:48
160	Alison	Straw	Male	Team		01:25:56	231	00:05:41	00:00:41	00:53:26	00:00:59	00:25:06
221	Robbie	Taylor	Male	55 - 59	TEAM FAS	01:25:57	232	00:07:59	00:01:08	00:49:08	00:01:04	00:26:35
280	Emma	Hemmingway	Female	40 - 44		01:25:58	233	00:08:41	00:01:57	00:50:17	00:00:41	00:24:19
382	Jutta	Meiwald	Male	Team	LOUTH DOLPHINS S.C	01:25:58	234	00:08:43	00:00:45	00:45:17	00:00:31	00:30:38
271	David	Falkingham	Male	35 - 39		01:25:59	235	00:09:17	00:01:28	00:48:06	00:01:10	00:25:55
30	Peter	Hardman	Male	55 - 59	BARRACUDAS TRI CLUB	01:26:01	236	00:09:26	00:01:22	00:47:02	00:01:01	00:27:07
274	Lisa	Cuthbert	Female	40 - 44		01:26:06	237	00:08:28	00:01:12	00:49:52	00:00:54	00:25:37
254	Gary	Lory	Male	40 - 44		01:26:08	238	00:08:52	00:01:44	00:50:18	00:01:25	00:23:45
66	Duncan	Vincent	Male	40 - 44		01:26:12	239	00:09:48	00:02:11	00:52:24	00:01:12	00:20:35
103	Jason	Beddall	Male	35 - 39		01:26:13	240	00:10:31	00:01:30	00:48:55	00:01:28	00:23:46
238	Dawn	Davies	Female	40 - 44		01:26:16	241	00:08:41	00:01:40	00:52:23	00:00:33	00:22:56
265	Steve	Currid	Male	40 - 44		01:26:16	242	00:08:24	00:01:18	00:49:37	00:00:49	00:26:06
245	Jack	Mcgill	Male	Under 20		01:26:18	243	00:09:28	00:02:27	00:53:02	00:00:34	00:20:45
86	Thomas	Whalen	Male	45 - 49	SCT	01:26:27	244	00:10:32	00:02:53	00:47:20	00:01:11	00:24:27
298	Christine	Payne	Female	35 - 39	SPALDING TRIATHLON CLUB	01:26:27	245	00:07:57	00:01:20	00:49:08	00:01:02	00:26:58
16	James	Wilson	Male	20 - 24		01:26:33	246	00:09:31	00:04:16	00:50:21	00:01:44	00:20:39

PROVISIONAL RESULTS

WOODHALL SPA SPRINT TRIATHLON 2009

10TH MAY 2009

95	Gary	Warner	Male	50 - 54		01:26:39	247	00:08:34	00:01:34	00:51:44	00:00:51	00:23:52
173	Robert	Allen	Male	35 - 39		01:26:42	248	00:09:28	00:01:49	00:48:13	00:00:35	00:26:34
156	Rufus	Pilgrim	Male	35 - 39		01:26:46	249	00:10:24	00:02:05	00:48:33	00:00:35	00:25:06
205	Ian	Wingfield	Male	35 - 39		01:26:57	250	00:08:41	00:01:17	00:51:50	00:01:00	00:24:07
12	Ivan	Wright	Male	35 - 39		01:26:59	251	00:07:55	00:01:08	00:48:30	00:01:01	00:28:23
224	Michael	Davison	Male	30 - 34		01:26:59	252	00:10:12	00:01:35	00:51:14	00:00:47	00:23:07
227	Neil	Armstrong	Male	35 - 39		01:26:59	253	00:08:19	00:01:01	00:56:00	00:00:27	00:21:09
208	Sarah	Haslam	Female	40 - 44		01:27:15	254	00:08:47	00:01:57	00:50:21	00:01:08	00:24:59
55	Alastair	Macfarlane	Male	40 - 44	MANSFIELD TRI CLUB	01:27:19	255	00:11:52	00:01:31	00:50:29	00:00:56	00:22:28
137	Peter	Speight	Male	35 - 39		01:27:23	256	00:09:31	00:02:55	00:54:06	00:00:47	00:20:02
42	Jim	Pryke	Male	40 - 44		01:27:25	257	00:13:23	00:01:15	00:48:00	00:01:06	00:23:38
287	Nigel	Root	Male	45 - 49	LINCOLN TRI	01:27:34	258	00:09:46	00:01:11	00:51:04	00:00:49	00:24:41
201	Hannah	Whitney	Female	30 - 34		01:27:39	259	00:09:30	00:02:22	00:53:15	00:00:56	00:21:34
2	John	Large	Male	45 - 49	TFN	01:27:42	260	00:07:44	00:01:29	00:52:49	00:01:17	00:24:20
92	Rob	Taylor	Male	35 - 39		01:27:42	261	00:10:49	00:01:40	00:50:26	00:01:01	00:23:44
262	Liz	Walton	Female	45 - 49		01:27:47	262	00:09:34	00:01:28	00:51:12	00:00:47	00:24:43
185	Clive	Howseman	Male	35 - 39		01:27:50	263	00:09:46	00:03:13	00:50:48	00:00:53	00:23:06
255	Kate	Needham	Female	25 - 29		01:27:51	264	00:09:17	00:01:06	00:51:02	00:00:51	00:25:32
142	Ellen	Hannah	Female	35 - 39	BARRACUDA TRIATHLON CLUB	01:27:52	265	00:09:13	00:01:53	00:50:26	00:01:01	00:25:17
110	Graham	Dilks	Male	30 - 34		01:27:57	266	00:08:11	00:01:19	00:54:11	00:01:11	00:23:02
249	Fiona	Kelman	Female	40 - 44		01:27:57	267	00:09:18	00:01:26	00:49:10	00:00:50	00:27:11
243	Joanna	Gilroy	Female	25 - 29		01:28:03	268	00:07:51	00:01:55	00:53:38	00:00:44	00:23:51
94	Gemma	Scougal	Female	25 - 29		01:28:13	269	00:09:50	00:01:30	00:50:37	00:00:48	00:25:25
20	Simon	Bromiley	Male	35 - 39		01:28:16	270	00:10:40	00:02:07	00:53:10	00:00:57	00:21:19
244	Linda	Haywood	Female	40 - 44	WREAKE RUNNERS	01:28:17	271	00:08:44	00:01:53	00:51:16	00:00:55	00:25:26
267	Michelle	Yates	Female	35 - 39	REDHILL ROAD RUNNERS	01:28:21	272	00:09:12	00:01:34	00:54:00	00:00:52	00:22:40
285	Nicola	Hill	Female	30 - 34	LINCOLN TRI	01:28:33	273	00:08:45	00:01:13	00:53:18	00:00:34	00:24:41
302	Tony	Schumacher	Male	55 - 59	YORK KNAVESMIRE HARRIERS	01:28:33	274	00:09:47	00:01:20	00:51:06	00:00:39	00:25:39
31	Maddy	Wilson	Female	40 - 44	LINCOLN TRI CLUB	01:28:38	275	00:09:36	00:01:27	00:53:37	00:00:56	00:23:00
304	Jen	Caley	Female	25 - 29		01:28:38	276	00:08:27	00:01:43	00:54:04	00:00:39	00:23:43
225	Laura	Badley	Female	25 - 29		01:28:39	277	00:08:35	00:01:40	00:52:28	00:00:38	00:25:16
56	Richard	Pedley	Male	30 - 34		01:28:43	278	00:07:31	00:05:57	00:50:33	00:01:16	00:23:23
295	Mark	Tinsley	Male	25 - 29		01:28:50	279	00:08:07	00:01:58	00:53:46	00:00:46	00:24:10
72	Andy	Bennett	Male	45 - 49		01:28:57	280	00:10:06	00:01:47	00:53:59	00:00:59	00:22:04
291	Sue	Turner	Female	40 - 44		01:29:00	281	00:08:17	00:01:36	00:53:16	00:01:10	00:24:38
80	Jon	Hardy	Male	25 - 29		01:29:03	282	00:10:02	00:01:39	00:51:24	00:00:44	00:25:11
207	Janice	Taylor	Female	40 - 44	WAKEFIELD TRI CLUB	01:29:05	283	00:10:34	00:01:16	00:50:04	00:01:10	00:25:58
91	Darren	Slater	Male	45 - 49		01:29:14	284	00:10:05	00:03:26	00:49:43	00:01:41	00:24:17
128	Shaun	Ryan	Male	35 - 39		01:29:15	285	00:13:54	00:02:12	00:49:37	00:01:08	00:22:22
78	Adrian	Dorr	Male	45 - 49		01:29:21	286	00:09:42	00:02:08	00:53:31	00:01:11	00:22:46
97	Simon	Bryson	Male	45 - 49		01:29:23	287	00:10:42	00:02:06	00:53:02	00:00:34	00:22:56
235	Dave	Crowder	Male	45 - 49		01:29:33	288	00:08:38	00:02:01	00:51:13	00:01:09	00:26:29
220	Bridget	Starling	Female	40 - 44		01:29:34	289	00:09:28	00:02:33	00:52:07	00:00:57	00:24:26
278	Roy	Jackson	Male	40 - 44		01:29:38	290	00:08:27	00:01:28	00:52:04	00:00:42	00:26:54
214	Liz	Fleuty	Female	35 - 39	LINCOLN TRI	01:29:53	291	00:10:01	00:01:05	00:52:13	00:00:51	00:25:40
114	Jason	Gilliard	Male	40 - 44		01:30:14	292	00:10:20	00:02:34	00:50:30	00:00:41	00:26:06
88	Sharon	Richardson	Female	40 - 44		01:30:22	293	00:10:58	00:01:25	00:51:52	00:00:45	00:25:19
239	Ian	Ellis	Male	35 - 39		01:30:27	294	00:08:30	00:01:13	00:51:27	00:01:10	00:28:04
107	Andrew	Blackburn	Male	40 - 44		01:30:34	295	00:09:08	00:01:22	00:50:41	00:00:37	00:28:43
362	Ian	Kitchenham	Male	25 - 29		01:30:35	296	00:10:10	00:03:11	00:52:22	00:01:48	00:23:01
327	Anita	Blow	Female	35 - 39		01:30:37	297	00:07:49	00:01:33	00:55:16	00:01:38	00:24:19
334	Kate	Long	Female	Under25	LINCOLN TRI CLUB	01:30:39	298	00:06:51	00:01:13	00:52:33	00:00:55	00:29:04
421	Bob	Randall	Male	35 - 39		01:30:42	299	00:10:44	00:02:47	00:53:02	00:01:35	00:22:32
294	Rhys	Tallentire	Male	25 - 29	LINCOLN TRI	01:30:50	300	00:08:03	00:01:58	00:54:41	00:01:03	00:25:03
105	Emma	Smith	Female	35 - 39	VEGETARIAN CYCLING & ATHLETIC	01:30:52	301	00:11:10	00:01:08	00:50:52	00:01:02	00:26:36
59	Ben	Booth	Male	30 - 34		01:31:13	302	00:10:25	00:02:50	00:53:54	00:01:10	00:22:52
4	Sam	Green	Female	45 - 49		01:31:33	303	00:09:04	00:01:29	00:51:54	00:00:45	00:28:19
124	Sara	Richards	Female	35 - 39		01:31:37	304	00:10:55	00:01:51	00:53:42	00:00:50	00:24:16
442	Jutta	Meiwald	Male	Team	LOUTH DOLPHINS S.C	01:31:45	305	00:07:25	00:00:48	00:55:26	00:00:29	00:27:34
87	Lindsay	Heathfield	Female	30 - 34		01:31:52	306	00:08:58	00:02:29	00:49:45	00:01:25	00:29:13
118	Fiona	Hartley	Female	40 - 44		01:32:01	307	00:12:11	00:02:58	00:52:35	00:00:57	00:23:18
166	Natalie	Cutts	Female	Under25		01:32:02	308	00:10:06	00:01:55	00:53:32	00:00:52	00:25:34

PROVISIONAL RESULTS

WOODHALL SPA SPRINT TRIATHLON 2009

10TH MAY 2009

79	Joshua	Dorr	Male	Under 20		01:32:09	309	00:10:33	00:03:57	00:57:02	00:01:12	00:19:22
49	Tony	Bates	Male	45 - 49		01:32:11	310	00:14:02	00:03:29	00:51:20	00:00:37	00:22:41
65	Carl	Topper	Male	40 - 44		01:32:12	311	00:11:37	00:01:55	00:50:29	00:01:32	00:26:37
71	Peter	Knight	Male	35 - 39		01:32:13	312	00:17:32	00:01:32	00:49:34	00:01:10	00:22:22
33	Jackie	Hardman	Female	55+	BARRACUDAS TRI CLUB	01:32:15	313	00:12:53	00:01:32	00:52:15	00:00:40	00:24:52
256	Cassie	Petrie	Female	25 - 29	RAF TRI	01:32:15	314	00:10:05	00:01:56	00:51:41	00:00:37	00:27:53
50	Ian	Finch	Male	35 - 39	LINCOLN TRI CLUB	01:32:23	315	00:13:23	00:01:23	00:52:01	00:01:05	00:24:28
85	Anthony	Riley	Male	50 - 54	SUTTON-IN-ASHFIELD HARRIERS	01:32:27	316	00:11:39	00:01:07	00:52:53	00:00:36	00:26:09
75	Jennifer	Burns	Female	30 - 34	LINCOLN TRI CLUB	01:32:38	317	00:10:30	00:02:18	00:53:31	00:01:46	00:24:30
147	Shona	Gladstone	Female	40 - 44		01:32:39	318	00:09:27	00:02:02	00:50:04	00:02:01	00:29:03
307	Alan	Fowle	Male	60+	CITY OF HULL AC	01:32:45	319	00:08:46	00:02:34	00:55:45	00:01:21	00:24:17
23	Farid	El jazouli	Male	25 - 29		01:32:46	320	00:12:40	00:01:55	00:55:11	00:00:52	00:22:06
171	Emily	Forbes	Female	Under25		01:32:46	321	00:11:31	00:01:25	00:54:13	00:00:47	00:24:48
352	Sam	Campbell	Female	35 - 39		01:32:50	322	00:07:42	00:02:28	00:53:19	00:01:45	00:27:33
62	Mark	Staples	Male	50 - 54		01:33:07	323	00:10:10	00:01:39	00:55:42	00:01:00	00:24:32
109	David	Cook	Male	45 - 49		01:33:34	324	00:11:40	00:03:00	00:53:58	00:01:19	00:23:34
297	Tracey	Brown	Female	40 - 44		01:33:45	325	00:09:16	00:01:59	00:54:43	00:01:00	00:26:44
177	Joanna	Johnson	Female	40 - 44		01:33:52	326	00:09:05	00:01:55	00:55:05	00:00:57	00:26:48
69	Sara	Rodgers	Female	35 - 39		01:33:54	327	00:11:28	00:02:08	00:52:23	00:01:07	00:26:45
10	Heather	Dickinson	Female	35 - 39		01:34:03	328	00:10:58	00:01:27	00:53:36	00:00:46	00:27:14
134	Dave	Smith	Male	40 - 44		01:34:31	329	00:08:53	00:02:53	00:57:08	00:00:48	00:24:47
240	Jamie	Green	Male	25 - 29	SPALDING TRI	01:34:31	330	00:08:18	00:01:48	00:53:07	00:01:00	00:30:15
104	Richard	Beresford	Male	35 - 39		01:34:33	331	00:10:44	00:02:02	00:54:46	00:01:24	00:25:35
321	Nicola michelle	Griffin	Female	40 - 44		01:34:40	332	00:08:43	00:02:05	00:53:34	00:00:53	00:29:23
293	Russell	Simpson	Male	30 - 34		01:34:50	333	00:11:56	00:03:10	00:52:53	00:01:14	00:25:34
234	Paul	Cook	Male	40 - 44		01:34:59	334	00:08:44	00:01:43	00:55:55	00:00:34	00:28:01
250	Katie	Musgrave	Female	25 - 29		01:35:06	335	00:09:09	00:02:11	00:59:17	00:01:00	00:23:26
305	Rahoul	Subberwal	Male	45 - 49	DOLPHINS	01:35:16	336	00:08:36	00:01:30	00:52:31	00:01:38	00:30:59
353	Stefan	Richards	Male	35 - 39		01:35:30	337	00:10:21	00:00:50	00:55:26	00:00:31	00:28:20
273	Jane	Cherry	Female	30 - 34		01:36:08	338	00:09:13	00:01:09	00:56:50	00:01:08	00:27:45
126	Paul	Prendergast	Male	50 - 54	LINCOLNSHIRE FIRE &RESCUE	01:36:09	339	00:11:08	00:01:59	00:52:08	00:01:17	00:29:34
153	Julie	Killingbeck	Female	45 - 49		01:36:41	340	00:10:41	00:02:28	00:56:07	00:02:46	00:24:37
89	James	Smith	Male	55 - 59		01:36:50	341	00:12:50	00:02:26	00:54:15	00:01:56	00:25:21
237	Stacy	Cleaver	Female	35 - 39		01:37:03	342	00:07:49	00:01:44	00:57:46	00:00:49	00:28:53
140	David	Wright (DQ)	Male	30 - 34	RETFORD AC	01:37:04	343	00:10:16	00:02:17	00:56:49	00:00:57	00:26:43
242	Jason	Kwee	Male	40 - 44	LINCOLN TRI	01:37:17	344	00:10:37	00:02:40	00:53:33	00:00:49	00:29:34
48	Phil	Crow	Male	40 - 44	DAVID LLOYD LINCOLN	01:37:46	345	00:11:54	00:03:12	00:52:41	00:00:37	00:29:18
26	Michael	Bird	Male	55 - 59	MANSFIELD TRI	01:38:02	346	00:14:24	00:03:17	00:51:51	00:02:50	00:25:39
100	Jennie	Wise	Female	40 - 44		01:38:02	347	00:11:04	00:01:42	00:58:03	00:00:49	00:26:22
37	Paul	Barton	Male	35 - 39		01:38:07	348	00:13:54	00:01:56	00:54:16	00:00:47	00:27:12
192	Christopher	Pettitt	Male	45 - 49		01:38:16	349	00:09:44	00:01:57	00:54:36	00:01:18	00:30:38
330	James	Alibone	Male	Under 20		01:38:16	350	00:10:46	00:00:43	01:05:23	00:00:28	00:20:53
14	Paul	Collier	Male	50 - 54		01:38:23	351	00:10:36	00:01:49	01:00:49	00:00:49	00:24:18
226	Sue	Gauntlett	Female	45 - 49		01:38:28	352	00:08:52	00:01:50	00:55:14	00:00:35	00:31:55
96	Richard	Brown	Male	40 - 44		01:38:32	353	00:09:53	00:02:21	00:57:43	00:01:49	00:26:43
172	Anne	Hewett	Female	40 - 44	DOWNHAM DOLLIES	01:38:39	354	00:11:38	00:03:06	00:52:05	00:01:29	00:30:19
174	John	Bardwell	Male	50 - 54	SLEAFORD CIRCUIT TRAINERS	01:38:39	355	00:08:09	00:02:52	00:57:08	00:00:57	00:29:31
123	Helen	Phillips	Female	30 - 34		01:38:40	356	00:10:19	00:01:42	00:56:52	00:00:47	00:28:57
82	Susannah	Garbutt	Female	40 - 44		01:39:02	357	00:11:18	00:02:22	00:56:49	00:01:10	00:27:20
44	Graham	Scott	Male	45 - 49		01:39:13	358	00:13:46	00:01:25	00:57:27	00:00:48	00:25:44
159	Teresa	Rouse	Female	35 - 39		01:39:20	359	00:09:42	00:01:40	00:57:01	00:00:49	00:30:05
117	Becky	Cartledge	Female	30 - 34		01:39:31	360	00:10:39	00:01:29	01:00:06	00:01:30	00:25:43
93	Emma	Rowbotham	Female	30 - 34		01:39:32	361	00:10:26	00:04:00	00:55:35	00:01:47	00:27:41
58	Helen	Pandya	Female	25 - 29	DERWENT RUNNERS	01:39:36	362	00:12:46	00:02:20	01:00:27	00:00:39	00:23:21
129	Suzanne	Schmid	Female	40 - 44		01:39:41	363	00:10:27	00:01:52	00:57:36	00:01:11	00:28:32
346	Claire	Tidmarsh	Female	25 - 29	LINCOLN TRI	01:40:00	364	00:08:39	00:01:32	01:04:19	00:00:35	00:24:52
113	Kevin	Gawthorpe	Male	40 - 44		01:40:03	365	00:09:30	00:01:37	00:54:15	00:01:03	00:33:35
81	Sue	Crowe	Female	35 - 39		01:40:04	366	00:11:23	00:03:39	00:58:20	00:01:46	00:24:53
98	Michael	Wright	Male	25 - 29		01:40:25	367	00:10:48	00:02:27	01:00:09	00:01:11	00:25:46
28	Barbara	Dobson	Female	50 - 54	LINCOLN WELLINGTON	01:40:28	368	00:12:14	00:04:41	00:58:48	00:01:21	00:23:21
60	Malcolm	Robinson	Male	50 - 54		01:40:35	369	00:10:26	00:02:18	00:56:54	00:01:07	00:29:47
70	Belinda	Smith	Female	45 - 49		01:40:43	370	00:11:32	00:02:39	00:54:58	00:01:23	00:30:08

PROVISIONAL RESULTS

WOODHALL SPA SPRINT TRIATHLON 2009

10TH MAY 2009

77	Richard	Cripps	Male	60+		01:40:58	371	00:12:52	00:03:15	00:51:09	00:02:06	00:31:33
148	Jenny	Jessop	Female	55+		01:41:08	372	00:11:57	00:02:37	00:55:46	00:00:57	00:29:49
38	Stephen	Smith	Male	50 - 54		01:41:16	373	00:12:10	00:02:34	00:56:00	00:00:42	00:29:48
347	Keith	Smith	Male	40 - 44		01:41:24	374	00:07:59	00:01:37	00:57:11	00:00:57	00:33:37
232	Catriona	Brady	Female	45 - 49		01:41:33	375	00:10:19	00:01:54	00:59:03	00:00:54	00:29:18
189	Claire	Scott	Female	30 - 34		01:41:59	376	00:08:46	00:02:57	00:59:40	00:00:52	00:29:40
261	Zakya	Saunderson	Female	35 - 39		01:42:03	377	00:08:46	00:03:14	01:01:16	00:01:01	00:27:43
51	Kathryn	Shea	Female	35 - 39		01:42:24	378	00:09:29	00:01:45	01:02:38	00:01:22	00:27:09
165	Ali	Cook	Female	35 - 39		01:43:13	379	00:10:03	00:02:09	00:59:37	00:00:54	00:30:28
19	Steve	Parkin	Male	35 - 39		01:43:21	380	00:13:30	00:03:03	01:01:35	00:00:46	00:24:23
46	Claire	Cook	Female	50 - 54		01:43:27	381	00:13:50	00:00:53	01:00:09	00:01:37	00:26:56
18	Neil	Koston	Male	25 - 29		01:43:31	382	00:11:32	00:03:25	00:55:47	00:01:21	00:31:24
183	Justine	Ramsden	Female	35 - 39		01:43:59	383	00:10:31	00:03:20	00:55:46	00:02:01	00:32:19
39	Julie	Powis	Female	50 - 54	SUTTON-IN-ASHFIELD HARRIERS	01:44:18	384	00:14:02	00:01:47	01:01:55	00:01:05	00:25:26
54	Dale	Lemmon	Male	Under 20		01:44:23	385	00:11:41	00:02:46	00:59:33	00:01:21	00:28:59
99	Marie	White	Female	35 - 39		01:44:42	386	00:10:17	00:02:04	00:58:19	00:01:01	00:32:57
41	Adrian	Hill	Male	35 - 39		01:45:09	387	00:13:31	00:02:50	00:59:45	00:01:44	00:27:15
29	Andrew	Cassidy	Male	45 - 49		01:45:32	388	00:12:20	00:03:16	01:01:28	00:01:07	00:27:18
154	Sharon	Kirby	Female	35 - 39		01:45:49	389	00:11:39	00:01:33	00:56:44	00:00:53	00:34:57
219	Sharon	Kitchen	Female	40 - 44		01:46:20	390	00:15:13	00:01:03	01:01:34	00:00:52	00:27:35
53	Paul	Fish	Male	45 - 49		01:46:21	391	00:14:18	00:04:51	00:55:36	00:02:18	00:29:16
34	Sarah	Houlden	Female	45 - 49		01:46:47	392	00:10:28	00:03:59	01:04:45	00:01:20	00:26:12
130	Lisa	Stringer	Female	40 - 44		01:47:23	393	00:12:29	00:03:57	01:03:22	00:00:46	00:26:46
135	Alice	Thomas	Female	Under25		01:47:54	394	00:12:04	00:02:56	01:04:08	00:01:02	00:27:42
9	Zoe	Holmes	Female	30 - 34		01:49:08	395	00:11:49	00:03:19	01:02:25	00:00:59	00:30:34
106	Maggie	Lindley	Female	55+		01:49:16	396	00:14:15	00:01:00	01:03:37	00:01:22	00:29:00
178	Zoe	Jones	Female	40 - 44	SUTTON-IN-ASHFIELD HARRIERS	01:49:27	397	00:09:37	00:02:07	01:05:52	00:00:45	00:31:03
47	Patrick	Whur	Male	40 - 44		01:50:19	398	00:11:49	00:01:43	01:02:49	00:01:48	00:32:07
57	Katherine	Bretan	Female	50 - 54		01:51:02	399	00:20:03	00:00:55	00:57:18	00:01:29	00:31:12
27	Karen	Anderson	Female	40 - 44		01:52:49	400	00:13:20	00:03:33	01:00:08	00:02:23	00:33:21
181	Surinder	Gosal	Male	45 - 49		01:53:16	401	00:15:26	00:02:13			00:28:22
90	Hugh	Barnett	Male	45 - 49	MANSFIELD TRIATHLON CLUB	01:55:24	402	00:13:48	00:02:07	01:00:09	00:01:40	00:37:37
217	Damian	Mitchell	Male	45 - 49		01:55:42	403	00:09:52	00:01:24	01:23:39	00:01:04	00:19:40
76	Rachael	Wheway	Female	40 - 44		01:56:17	404	00:12:41	00:02:45	01:12:31	00:00:48	00:27:29
45	Louisa	Toyne	Female	40 - 44		01:56:20	405	00:15:47	00:04:28	01:04:55	00:01:24	00:29:44
195	Louise	Spiers	Female	35 - 39		01:59:28	406	00:13:17	00:02:29	01:05:08	00:00:57	00:37:34
40	Nikki	Shea	Female	40 - 44		02:00:40	407	00:12:56	00:02:12	01:08:01	00:01:15	00:36:14
24	Youseef	El jazouli	Male	35 - 39		02:03:49	408	00:32:59	00:01:52	01:00:56	00:01:24	00:26:36
35	Alan	Saunderson	Male	35 - 39		02:07:21	409	00:22:47	00:01:03	01:04:53	00:01:21	00:37:14
138	Michael	Stearman	Male	25 - 29		02:14:10	410	00:11:00	00:03:32	01:23:31	00:01:34	00:34:31
64	Julie	El jazouli	Female	55+		02:16:02	411	00:12:47	00:03:39	01:10:11	00:01:39	00:47:44
111	Sacha	Bamforth	Female	30 - 34		02:17:43	412	00:13:09	00:02:59	01:14:48	00:02:04	00:44:39
15	Michelle	Edwards	Female	35 - 39		02:20:16	413	00:21:56	00:09:18	01:15:00	00:01:19	00:32:41