

1st Windemere Triathlon

Tri Windermere 4 July 2010

Bib	FirstName	LastName	Sex	Swim	Rank	T1	Bike	Rank	T2	Run	Rank	Finish	Overall	Sex
109	Luke	Osborne	T	0:25:48	3	00:00:40.70	01:13:08.50	2	00:00:34.60	00:36:26.20	3	02:16:38.45	1	1
86	Mark	Walsh	M	0:24:21	2	00:00:45.00	01:14:41.80	3	00:00:31.20	00:36:54.30	5	02:17:13.50	2	1
92	Adrian	Dagleish	T	0:32:31	14	00:00:57.40	01:12:34.40	1	00:00:29.80	00:38:34.55	12	02:25:07.35	3	2
45	Phil	Hinchliffe	M	0:31:54	11	00:01:44.25	01:18:01.75	4	00:00:43.15	00:36:27.10	4	02:28:50.15	4	2
102	Des	Morris	M	0:32:39	15	00:01:14.30	01:23:11.90	6	00:00:31.50	00:35:32.45	2	02:33:09.25	5	3
99	John	Carr	M	0:31:15	10	00:01:14.00	01:25:44.30	10	00:00:38.75	00:41:13.60	23	02:40:05.60	6	4
21	David	Cairns	M	0:28:26	6	00:03:14.20	01:26:00.10	11	00:01:05.85	00:41:34.60	24	02:40:20.40	7	5
89	Chris	Wood	M	0:30:36	9	00:02:02.60	01:27:59.55	15	00:00:54.85	00:38:57.70	13	02:40:30.75	8	6
50	Richard	Lewis	M	0:34:23	21	00:02:28.65	01:23:21.65	8	00:00:53.50	00:39:53.35	17	02:41:00.50	9	7
46	Simon	Hocking	M	0:34:43	28	00:01:22.65	01:27:51.10	14	00:00:36.25	00:37:35.00	7	02:42:07.55	10	8
31	Jacob	Dyer	M	0:34:14	18	00:01:03.20	01:29:16.20	16	00:00:30.15	00:37:35.35	8	02:42:38.60	11	9
32	Philip	Eaves	M	0:43:13	73	00:01:27.20	01:20:09.95	5	00:00:33.75	00:37:45.15	9	02:43:08.85	12	10
84	Duncan	Vavangas	M	0:40:01	60	00:01:35.85	01:23:20.15	7	00:01:08.15	00:37:53.60	10	02:43:58.75	13	11
94	Ian	Hodge	T	0:34:36	26	00:00:52.35	01:33:50.40	35	00:00:35.55	00:34:29.80	1	02:44:24.10	14	3
30	Richard	Dodwell	M	0:34:50	30	00:01:51.00	01:26:04.20	12	00:00:44.40	00:41:55.10	27	02:45:24.95	15	12
34	Paul	Fox	M	0:35:28	35	00:02:14.60	01:29:23.90	17	00:01:05.30	00:37:23.60	6	02:45:35.35	16	13
55	James	Metcalfe	M	0:34:39	27	00:02:48.10	01:25:41.45	9	00:01:22.15	00:41:35.60	25	02:46:06.15	17	14
26	Simon	Clarke	M	0:36:29	37	00:01:12.25	01:26:43.45	13	00:00:39.55	00:41:47.95	26	02:46:52.50	18	15
47	Zack	Hocking	M	0:34:34	25	00:02:15.55	01:30:10.10	19	00:01:05.50	00:39:18.40	14	02:47:23.95	19	16
72	Chris	Saunders	M	0:36:21	36	00:02:05.15	01:31:31.45	25	00:01:01.70	00:38:26.90	11	02:49:26.25	20	17
80	Robbie	Tadman	M	0:33:19	16	00:02:12.80	01:30:23.70	20	00:00:48.35	00:43:53.75	33	02:50:37.80	21	18
74	Jonathan	Sheasby	M	0:27:59	5	00:02:17.30	01:33:19.35	31	00:00:56.15	00:46:23.25	45	02:50:54.80	22	19
97	Carolyn	Mackintosh	T	0:33:44	17	00:00:46.55	01:33:29.35	33	00:00:37.30	00:44:06.75	34	02:52:43.75	23	4
37	Stephen	Gibbon	M	0:39:27	57	00:01:40.55	01:30:27.40	21	00:00:53.75	00:42:38.05	29	02:55:07.05	24	20
90	Ralph	Yates	M	0:38:49	49	00:01:59.75	01:32:31.15	27	00:01:10.15	00:40:44.60	21	02:55:15.10	25	21
78	Charles	Stirrup	M	0:34:31	24	00:02:50.05	01:32:05.45	26	00:00:51.55	00:46:15.95	42	02:56:33.85	26	22
68	Paul	Roach	M	0:39:22	56	00:01:47.00	01:33:28.95	32	00:00:55.45	00:43:06.35	30	02:58:39.65	27	23
83	Steve	Vaughan	M	0:38:02	44	00:02:07.70	01:30:44.95	24	00:01:28.70	00:46:22.00	44	02:58:45.55	28	24
43	Paul	Hesketh	M	0:39:02	53	00:02:12.80	01:38:47.90	47	00:00:41.35	00:39:41.50	16	03:00:26.00	29	25
5	Sarah	Hutchinson	F	0:34:52	31	00:02:07.25	01:39:00.20	49	00:01:13.35	00:43:28.00	32	03:00:40.30	30	1
52	Chris	Loxton	M	0:35:09	34	00:02:35.65	01:32:45.15	28	00:02:00.90	00:48:32.15	56	03:01:03.05	31	26
104	Jenny	Gowans	F	0:29:58	7	00:01:21.35	01:49:09.35	73	00:01:17.25	00:40:38.15	19	03:02:23.70	32	2
73	Colin	Semple	M	0:30:20	8	00:01:25.25	01:48:13.85	72	00:01:46.10	00:40:38.65	20	03:02:23.95	33	27

	Simon	Haydock	M	0:44:12	75	00:02:09.40	01:29:25.05	18	00:01:16.55	00:46:09.25	39	03:03:12.50	34	28
48	Douglas	Jones	M	0:43:04	72	00:02:20.60	01:33:07.70	30	00:01:12.15	00:44:27.50	35	03:04:12.30	35	29
56	Tim	Moore	M	0:38:24	45	00:02:22.50	01:33:48.20	34	00:00:48.10	00:49:51.95	59	03:05:15.10	36	30
110	David	Penrice	M	0:41:45	66	00:02:48.35	01:33:57.45	36	00:01:08.10	00:45:49.10	38	03:05:28.10	37	31
66	David	Reece	M	0:39:04	54	00:01:26.70	01:37:07.20	42	00:00:44.00	00:47:33.40	53	03:05:55.75	38	32
44	Christopher	Hibbert	M	0:37:05	39	00:05:27.25	01:37:57.90	46	00:01:08.95	00:45:07.95	37	03:06:47.30	39	33
63	Alex	Penn	M	0:34:21	20	00:03:06.15	01:35:17.95	39	00:02:24.15	00:51:38.70	68	03:06:47.55	40	34
106	Edward	Barnes	M	0:38:32	46	00:02:01.10	01:35:20.80	40	00:01:16.35	00:50:56.35	62	03:08:06.85	41	35
60	Andrew	Orr	M	0:38:51	50	00:02:13.95	01:39:09.20	50	00:01:18.75	00:46:51.10	47	03:08:23.90	42	36
13	Claudia	Witzig	F	0:43:14	74	00:02:46.85	01:34:40.10	38	00:01:36.85	00:47:12.20	48	03:09:30.00	43	3
33	Gordon	Everard	M	0:41:52	68	00:04:03.25	01:42:49.80	58	00:01:10.60	00:40:32.20	18	03:10:28.05	44	37
38	Christopher	Harding	M	0:34:55	32	00:03:30.45	01:42:06.85	56	00:01:14.55	00:48:51.80	57	03:10:38.35	45	38
85	Phil	Walker	M	0:42:52	70	00:02:05.20	01:45:36.10	64	00:01:05.55	00:39:31.20	15	03:11:10.45	46	39
23	Stuart	Carter	M	0:34:17	19	00:02:16.70	01:46:13.55	65	00:01:05.15	00:47:20.15	52	03:11:12.25	47	40
58	Stuart	Noble	M	0:41:43	65	00:02:25.35	01:39:18.50	51	00:01:32.55	00:46:14.15	41	03:11:13.50	48	41
81	Mark	Taylor	M	0:43:03	71	00:02:43.75	01:37:26.45	44	00:01:49.70	00:46:19.75	43	03:11:22.95	49	42
22	Matthew	Carr	M	0:32:00	12	00:03:40.00	01:53:42.75	76	00:00:29.75	00:42:00.70	28	03:11:52.90	50	43
77	Mike	Stirrup	M	0:38:55	51	00:02:27.10	01:37:19.05	43	00:01:11.25	00:52:15.15	69	03:12:07.75	51	44
24	Patrick	Chapman	M	0:44:54	79	00:03:55.65	01:34:31.05	37	00:01:34.15	00:47:18.65	51	03:12:13.20	52	45
61	John	Parkin	M	0:44:16	76	00:03:03.35	01:37:48.70	45	00:01:08.30	00:46:39.75	46	03:12:56.15	53	46
12	Claire	Wilson	F	0:32:18	13	00:01:42.70	01:40:42.55	54	00:00:48.90	00:58:55.25	78	03:14:27.75	54	4
93	Steven	Grundy	T	0:38:33	47	00:00:55.70	01:47:30.30	69	00:00:39.30	00:47:14.10	50	03:14:52.50	55	5
69	Danny	Rogerson	M	0:38:37	48	00:01:25.45	01:32:56.00	29	00:01:08.35	01:00:53.80	81	03:15:01.00	56	47
111	Sophie	Lawson	T	0:39:22	55	00:00:48.30	01:47:57.25	71	00:00:36.80	00:47:12.95	49	03:15:57.15	57	6
1	Richard	Walsh	M	0:27:49	4	00:02:18.80	01:42:19.50	57	00:02:15.90	01:01:49.05	82	03:16:32.35	58	48
53	Danny	Martin	M	0:41:33	63	00:02:38.35	01:40:32.25	53	00:00:58.80	00:50:51.40	61	03:16:34.05	59	49
27	Paul	Common	M	0:55:01	91	00:02:54.85	01:30:27.45	22	00:02:12.90	00:46:12.65	40	03:16:49.10	60	50
10	Sheona	Southern	F	0:37:34	43	00:02:31.45	01:45:10.75	63	00:01:49.15	00:51:36.95	67	03:18:42.55	61	5
95	Nadya	Labib	T	0:37:18	40	00:00:54.25	01:53:03.75	75	00:00:49.30	00:47:58.20	54	03:20:03.90	62	7
91	Lynne	Chapman	T	0:52:48	90	00:01:17.60	01:30:28.95	23	00:00:41.70	00:56:32.55	74	03:21:48.40	63	8
29	David	Dobson	M	0:44:49	78	00:03:58.60	01:41:45.05	55	00:01:34.40	00:51:17.65	63	03:23:24.25	64	51
75	Patrick	Shovlin	M	0:40:45	61	00:04:23.30	01:36:17.75	41	00:02:55.05	01:02:49.40	84	03:27:11.00	65	52
59	William	Odell	M	0:39:43	59	00:04:32.55	01:38:53.85	48	00:00:53.50	01:04:23.35	85	03:28:26.40	66	53
57	Andy	Moxon	M	0:45:57	81	00:02:46.70	01:47:11.30	68	00:01:06.30	00:51:35.55	66	03:28:37.00	67	54
6	Annaliese	Mawdsley	F	0:34:29	23	00:01:34.95	02:07:08.40	87	00:01:08.55	00:44:28.55	36	03:28:49.50	68	6
9	Jane	Senior	F	0:38:57	52	00:03:05.35	01:50:36.00	74	00:01:04.00	00:56:01.90	72	03:29:43.75	69	7
25	Tony	Clare	M	0:49:34	83	00:07:04.75	01:40:17.45	52	00:02:13.80	00:52:43.45	70	03:31:53.90	70	55

	Ben	Crawshaw	M	0:39:43	58	00:02:41.25	01:59:25.95	80	00:02:11.55	00:49:00.60	58	03:33:02.05	71	56
101	Roger	Coyle	M	0:59:28	93	00:04:55.60	01:46:45.80	66	00:01:28.20	00:40:56.25	22	03:33:33.70	72	57
11	Stephanie	Waterman	F	0:51:48	85	00:04:13.25	01:44:46.00	62	00:01:36.60	00:51:31.25	65	03:33:55.00	73	8
79	Ian	Swaysland	M	0:52:06	87	00:02:45.25	01:46:56.25	67	00:02:03.95	00:50:16.45	60	03:34:08.05	74	58
35	Martin	Gallimore	M	0:41:48	67	00:03:24.55	01:43:15.45	60	00:01:58.10	01:04:35.10	86	03:35:01.55	75	59
100	Dominic	Booth	M	0:52:19	88	00:06:01.90	01:43:28.10	61	00:02:08.30	00:51:27.35	64	03:35:24.20	76	60
76	Ian	Sinclair	M	0:34:47	29	00:03:27.20	02:07:04.90	86	00:02:54.95	00:47:59.85	55	03:36:13.65	77	61
88	Dave	Winspear	M	0:44:24	77	00:03:09.95	01:47:32.95	70	00:02:13.05	00:59:47.35	80	03:37:07.40	78	62
3	Isabel	Hespe	F	0:37:24	42	00:02:43.70	01:58:10.35	79	00:01:19.85	00:57:38.55	75	03:37:16.30	79	9
51	Malcolm	Lowe	M	0:52:36	89	00:04:07.75	01:43:15.30	59	00:02:27.85	00:58:22.75	77	03:40:49.75	80	63
41	David	Harris	M	0:35:00	33	00:04:43.60	01:57:17.85	78	00:04:53.45	00:58:58.15	79	03:40:53.50	81	64
98	Rosie	Pitches	T	0:41:36	64	00:00:53.45	02:06:05.95	84	00:00:45.40	00:55:29.05	71	03:44:49.80	82	9
36	Ian	Goodhead	M	0:37:23	41	00:02:53.40	02:06:35.85	85	00:01:35.50	00:58:00.95	76	03:46:28.35	83	65
67	Gary	Richmond	M	0:46:32	82	00:06:18.55	01:55:27.95	77	00:03:12.00	00:56:05.55	73	03:47:36.20	84	66
62	Matthew	Pendergast	M	0:59:44	94	00:04:44.35	02:07:55.25	88	00:01:18.65	00:43:13.40	31	03:56:55.80	85	67
20	David	Booth	M	0:49:56	84	00:04:03.00	02:00:56.05	82	00:02:08.00	01:02:47.25	83	03:59:50.35	86	68
4	Christine	Hewitt	F	0:42:43	69	00:03:05.40	02:05:52.50	83	00:01:40.00	01:06:29.10	88	03:59:50.35	87	10
14	Andrew	Aspden	M	0:45:12	80	00:06:37.60	02:00:45.80	81	00:03:18.00	01:06:03.60	87	04:01:56.85	88	69
71	Sam	Russell	M	0:24:14	1	00:00:57.30	00:25:11.70			DNF				
82	Andrew	Unsworth	M	0:37:03	38	00:02:09.35	00:39:12.25			DNF				
87	Sam	Whitaker	M	0:41:20	62	00:02:30.85	00:43:50.45			DNF				
40	Michael	Hargreaves	M	0:34:27	22	00:02:01.50	01:26:15.15		00:00:59.95	DNF				
19	Steve	Block	M	0:51:50	86	00:08:27.80	01:53:48.10			DNF				
8	Nicola	Richmond	F	0:55:14	92	01:41:46.05	01:11:30.35		03:48:30.75	No Bike DNF				
2	JeanetteSusan	Graves	F				No Swim DNF							