



THE LAST MINUTE SOUTHWELL TRIATHLON 2005

PROVISIONAL RESULTS

Pos	No.	Name	Gender	Pos in Gender	Class	Pos in Class	Team	Swim	Pos in Swim	T1	Bike	Pos in Bike	T2	Run	Pos in Run	Total
1	364	STUART BROWN	Male	1	20 - 29	1	LOUGHBOROUGH STU	0:05:30	1	0:00:31	0:27:17	2		0:16:48	1	0:50:05
2	360	PETER TOWNSEND	Male	2	20 - 29	2		0:05:58	4	0:00:44	0:27:24	4	0:00:34	0:19:09	13	0:53:50
3	349	MAYUR RANCHORDAS	Male	3	20 - 29	3	PLANET-X - LEWIS KIT	0:07:23	33	0:00:37	0:27:54	5	0:00:31	0:18:35	10	0:54:59
4	361	TOM ROOM	Male	4	20 - 29	4	UNI IF BATH	0:05:57	2	0:00:34	0:29:23	11	0:00:24	0:19:01	12	0:55:18
5	283	DEAN CROSS	Male	5	30 - 39	1	MANSFIELD TRI	0:07:38	47	0:00:47	0:28:35	6	0:00:45	0:17:44	3	0:55:30
6	341	NICK DUNN	Male	6	20 - 29	5		0:07:05	26	0:00:37	0:29:48	18	0:00:28	0:17:50	4	0:55:48
7	337	JOHN WILSON	Male	7	40 - 49	1		0:07:25	36	0:00:47	0:28:54	9	0:00:32	0:18:29	8	0:56:07
8	327	GAVIN WELSH	Male	8	30 - 39	2		0:08:00	68	0:01:02	0:28:37	8	0:00:43	0:18:14	6	0:56:36
9	328	STEVEN WIGGLESWORTH	Male	9	40 - 49	2	VEGETARIAN C&AC	0:08:11	76	0:00:32	0:27:23	3	0:00:46	0:20:16	28	0:57:08
10	355	DAVID HANDORFF	Male	10	40 - 49	3		0:06:27	9	0:00:54	0:29:40	14	0:00:31	0:19:45	19	0:57:17
11	348	STEPHEN POTTER	Male	11	30 - 39	3		0:06:33	11	0:00:50	0:29:58	22	0:00:35	0:19:37	16	0:57:34
12	311	JOHN ONEILL	Male	12	30 - 39	4	TFN	0:06:50	16	0:00:36	0:29:28	12	0:00:39	0:20:05	23	0:57:38
13	319	NICK GRIMER	Male	13	30 - 39	5	SPALDING TRI	0:08:01	69	0:00:58	0:29:55	21	0:00:39	0:18:10	5	0:57:42

14	353	EMIL BOBOK	Male	14	30 - 39	6	TFN	0:06:53	19	0:00:26	0:29:43	16	0:00:25	0:20:30	32	0:57:57
15	339	RUSSELL ATKINSON	Male	15	30 - 39	7	SHEFFIELD TRI	0:06:49	15	0:00:41	0:31:09	36	0:00:28	0:19:10	14	0:58:17
16	342	PAUL EDGAR	Male	16	40 - 49	4		0:07:12	29	0:00:54	0:29:35	13	0:00:32	0:20:12	25	0:58:26
17	344	DAVID GRIFFITHS	Male	17	30 - 39	8	TFN	0:06:48	14	0:00:52	0:29:52	20	0:00:37	0:20:22	30	0:58:31
18	320	ROB HIPKIN	Male	18	40 - 49	5		0:07:00	23	0:00:32	0:30:57	32	0:00:33	0:19:57	20	0:58:59
19	354	ROBERT CHARLES	Male	19	30 - 39	9		0:06:14	7	0:00:47	0:31:18	39	0:00:31	0:20:26	31	0:59:16
20	330	STEPHEN MELHUISH	Male	20	40 - 49	6	MANSFIELD TRI	0:07:33	41	0:00:47	0:29:41	15	0:00:44	0:20:42	35	0:59:26
21	362	ASHLEY SMITH	Male	21	15 - 19	1	LINCOLN TRI	0:06:04	5	0:00:44	0:32:20	58	0:00:34	0:20:00	21	0:59:42
22	351	DAVID RICHARDS	Male	22	30 - 39	10	TRI FORCE (HERTS)	0:06:53	18	0:00:51	0:29:44	17	0:00:33	0:21:43	63	0:59:44
23	259	NIGEL FARROW	Male	23	40 - 49	7		0:07:46	52	0:00:57	0:30:05	24	0:00:59	0:20:04	22	0:59:50
24	352	NIGEL MEEK	Male	24	30 - 39	11	PEST	0:07:24	35	0:00:38	0:30:45	29	0:00:23	0:20:49	38	0:59:59
25	264	ALEX LANGLANDS	Male	25	20 - 29	6		0:07:34	44	0:00:39	0:31:39	45	0:00:40	0:19:39	17	1:00:11
26	260	JOHN FULCHER	TEAM	1	TEAM	1	3 OF A KIND	0:07:44	49	0:00:32	0:29:04	10	0:00:43	0:22:14	76	1:00:19
27	299	PHIL WOOD	Male	26	30 - 39	12	BELLE	0:07:13	30	0:01:01	0:32:23	60	0:01:26	0:18:20	7	1:00:23
28	265	GARY LUCAS	Male	27	40 - 49	8	SOUTHWELL RC	0:08:42	104	0:00:58	0:31:26	40	0:00:47	0:18:30	9	1:00:23
29	296	TUHIN WAHID	Male	28	30 - 39	13		0:08:15	83	0:00:54	0:31:52	47		0:19:24	15	1:00:25
30	333	DAVE BOSWORTH	Male	29	40 - 49	9	DERBY TRI	0:07:57	67	0:00:45	0:29:49	19		0:21:54	68	1:00:25
31	295	DAVID VERNAU	Male	30	20 - 29	7	TFN	0:07:24	34	0:01:04	0:30:46	30	0:00:38	0:20:33	33	1:00:25
32	350	JOHN RAYNOR	Male	31	30 - 39	14		0:07:22	32	0:00:50	0:30:00	23	0:00:52	0:21:28	53	1:00:31
33	288	STUART OCKELFORD	Male	32	30 - 39	15		0:08:18	87	0:01:09	0:30:26	26	0:00:51	0:20:15	27	1:00:59
34	322	JULIAN LEWIS	Male	33	30 - 39	16	TEAM LEWISKIT	0:07:04	25	0:00:48	0:30:38	28	0:00:47	0:21:52	67	1:01:10
35	161	NICK EVANS	Male	34	40 - 49	10	EXPERIAN TRI	0:10:23	211	0:00:31	0:30:23	25	0:00:53	0:19:01	11	1:01:11
36	303	STEPHEN CHAMBERS	Male	35	30 - 39	17	APPLE ONE GYM	0:06:44	12	0:00:55	0:31:07	35	0:00:52	0:21:33	56	1:01:12

37	316	VERTIY BUTLER	Female	1	30 - 39	1	TFN	0:07:52	59	0:00:50	0:32:37	68	0:00:36	0:19:42	18	1:01:36
38	302	MATT ISARD	TEAM	2	TEAM	2	BURTON LEANDER RC	0:06:26	8	0:00:33	0:32:06	53		0:22:36	87	1:01:41
39	205	DEAN HUGHES	TEAM	3	TEAM	3	4 LIFE TRI	0:08:13	80	0:00:31	0:30:26	27	0:00:36	0:22:16	77	1:02:03
40	255	MAURICE CROSSLEY	Male	36	40 - 49	11	EWRR TRI	0:09:28	156	0:01:03	0:28:36	7	0:00:36	0:22:32	83	1:02:15
41	329	GARETH WILLIAMS	Male	37	20 - 29	8		0:07:05	27	0:00:52	0:31:18	38	0:00:39	0:22:28	79	1:02:22
42	272	BRIAN TEAR	Male	38	30 - 39	18		0:09:32	161	0:00:44	0:31:04	33	0:00:59	0:20:10	24	1:02:30
43	309	MARK JAMES	Male	39	20 - 29	9	WARWICK UNI	0:07:40	48	0:01:09	0:31:53	49	0:00:48	0:21:11	44	1:02:41
44	334	RICHARD BOSWORTH	Male	40	15 - 19	2	DERBY TRI	0:06:47	13	0:00:57	0:31:10	37	0:00:36	0:23:11	118	1:02:41
45	261	JAMES GRAY	Male	41	30 - 39	19	WAKEFIELD TRI	0:07:03	24	0:01:11	0:32:31	67	0:00:59	0:21:01	40	1:02:45
46	208	TOM KAY	Male	42	30 - 39	20		0:08:52	119	0:00:56	0:31:28	41	0:00:57	0:20:38	34	1:02:51
47	325	GARETH PYMM	Male	43	20 - 29	10	SHEPSHED RC	0:07:25	37	0:01:00	0:32:05	52	0:01:00	0:21:44	64	1:03:13
48	287	JONATHAN OBRIEN	Male	44	30 - 39	21		0:08:12	79	0:01:00	0:32:31	65	0:00:50	0:20:50	39	1:03:23
49	97	RORY SCREATON	Male	45	40 - 49	12		0:08:42	103	0:00:58	0:31:35	44	0:00:45	0:21:39	60	1:03:39
50	313	JOHN CASSWELL	Male	46	30 - 39	22		0:08:57	123	0:00:50	0:31:35	43	0:00:44	0:21:38	59	1:03:44
51	227	PHILLIP STIMPSON	TEAM	4	TEAM	4	HEALTH PROMOTION	0:07:55	62	0:00:43	0:37:03	185	0:00:48	0:17:21	2	1:03:51
52	182	DAVID BINNS	Male	47	40 - 49	13	WAKEFIELD TRI	0:09:11	138	0:01:13	0:31:56	50	0:00:54	0:20:49	37	1:04:03
53	129	ALAN WHEELER	Male	48	30 - 39	23		0:10:06	199	0:00:42	0:32:00	51		0:21:24	51	1:04:13
54	198	RICHARD FILER	Male	49	20 - 29	11		0:07:45	51	0:00:46	0:33:47	93	0:00:31	0:21:42	62	1:04:32
55	250	MIKE JONES	Male	50	40 - 49	14		0:08:47	113	0:01:09	0:32:25	62	0:00:26	0:21:46	65	1:04:33
56	321	SIMON LAMBERT	Male	51	30 - 39	24		0:06:28	10	0:00:59	0:33:25	83	0:00:58	0:22:55	100	1:04:46
57	359	REBECCA MILNES	Female	2	15 - 19	1		0:06:05	6	0:00:52	0:33:59	99	0:00:31	0:23:19	131	1:04:47
58	308	JENNY HARRISON	Female	3	30 - 39	2	LEEDS BRADFORD TRI	0:07:57	65	0:01:07	0:33:26	84	0:01:05	0:21:14	46	1:04:49
59	271	PAUL SCOTTING	Male	52	40 - 49	15		0:08:52	118	0:00:45	0:33:05	78	0:00:54	0:21:15	47	1:04:50

60	300	GRAEME PARRY	Male	53	30 - 39	25		0:07:32	40	0:01:13	0:30:46	31	0:01:04	0:24:26	166	1:05:02
61	343	ALUN EVANS	Male	54	30 - 39	26		0:06:59	21	0:00:53	0:32:54	73	0:00:59	0:23:29	134	1:05:14
62	110	DAVID THURSTON	Male	55	40 - 49	16		0:09:58	192	0:00:59	0:32:15	55	0:00:59	0:21:05	42	1:05:15
63	124	MATTHEW WAINWRIGHT	Male	56	20 - 29	12	WAKEFIELD TRI	0:09:57	190	0:01:16	0:32:17	56	0:00:34	0:21:14	45	1:05:18
64	137	STEVE GREEN	Male	57	20 - 29	13		0:08:16	84	0:00:48	0:32:56	74	0:01:03	0:22:27	78	1:05:30
65	305	JAMES ARNOLD	Male	58	20 - 29	14	NOTTS UNI	0:08:02	71	0:00:50	0:34:34	115		0:22:08	73	1:05:35
66	168	IAN SMITH	Male	59	40 - 49	17		0:09:32	162	0:01:03	0:32:22	59	0:00:50	0:21:58	71	1:05:46
67	310	IAN LIVSEY	Male	60	30 - 39	27	REDHILL RR	0:07:44	50	0:00:53	0:33:05	79	0:00:50	0:23:18	130	1:05:50
68	219	MARK PATTERSON - WATTS	Male	61	30 - 39	28		0:09:33	163	0:01:01	0:33:48	95	0:00:41	0:20:48	36	1:05:51
69	276	MATT PENNIFOLD	Male	62	40 - 49	18		0:08:24	94	0:01:34	0:32:14	54	0:01:08	0:22:34	84	1:05:53
70	286	RYAN SMITH	Male	63	15 - 19	3	LINCOLN TRI	0:06:54	20	0:01:11	0:36:20	166	0:00:32	0:21:02	41	1:05:59
71	232	RICHARD TODD	Male	64	30 - 39	29		0:09:24	152	0:00:59	0:31:34	42	0:00:55	0:23:12	121	1:06:04
72	284	JOHN KEELE	Male	65	30 - 39	30		0:07:47	54	0:01:08	0:32:26	64	0:01:05	0:23:41	139	1:06:07
73	297	PETER WALTON	Male	66	30 - 39	31		0:07:53	61	0:00:59	0:33:34	88	0:01:01	0:22:42	90	1:06:08
74	292	MARK STOCKLEY	Male	67	30 - 39	32	LEEDS BRADFORD TRI	0:05:57	3	0:01:25	0:33:04	77	0:00:50	0:25:04	184	1:06:20
75	277	DUNCAN ASTLE	Male	68	20 - 29	15		0:06:59	22	0:01:11	0:33:56	98	0:00:58	0:23:16	126	1:06:20
76	188	MICK CRAIB	Male	69	40 - 49	19		0:09:07	135	0:01:03	0:34:39	118	0:01:25	0:20:13	26	1:06:27
77	335	GARY POSTLE	Male	70	30 - 39	33		0:07:56	63	0:00:38	0:35:50	150	0:00:32	0:21:37	58	1:06:33
78	281	GREG ALBISTON	Male	71	20 - 29	16		0:07:07	28	0:01:45	0:34:00	100	0:00:43	0:23:03	111	1:06:37
79	248	JEFF CHAMBERS	Male	72	30 - 39	34		0:08:53	121	0:00:58	0:32:53	72	0:01:02	0:22:55	98	1:06:42
80	207	SIMON JOHNSON	Male	73	30 - 39	35		0:08:02	70	0:01:28	0:34:41	121		0:22:34	86	1:06:45
81	216	DAVE MILLER	Male	74	50 +	1	NEWARK TRI	0:09:16	142	0:01:07	0:34:10	105	0:00:42	0:21:31	54	1:06:47
82	294	IAN JACKSON	Male	75	40 - 49	20	DERBY TRI	0:08:46	110	0:01:07	0:32:49	71	0:00:59	0:23:05	112	1:06:47

83	285	FRASER KEYS	Male	76	40 - 49	21		0:07:49	56	0:01:20	0:33:01	76		0:24:41	173	1:06:52
84	240	SIMON HOLLAND	Male	77	40 - 49	22		0:08:58	126	0:01:06	0:33:40	91	0:00:59	0:22:10	74	1:06:53
85	254	CHRISTOPHER BROWN	Male	78	50 +	2	BOSTON + DISTRICT	0:08:31	99	0:01:06	0:34:43	122	0:00:47	0:21:48	66	1:06:55
86	143	PAUL NIGHTINGALE	Male	79	40 - 49	23		0:09:29	159	0:00:44	0:32:31	66	0:01:08	0:23:08	113	1:06:59
87	262	IAN GREGSON	Male	80	40 - 49	24	TFN	0:08:47	111	0:01:00	0:31:49	46	0:00:56	0:24:31	170	1:07:03
88	336	JON RIDDELL	Male	81	30 - 39	36	LINCOLN TRI	0:07:19	31	0:01:01	0:32:47	70	0:00:56	0:25:06	186	1:07:09
89	85	GARY HARRIS	Male	82	30 - 39	37		0:10:32	217	0:01:08	0:31:06	34	0:01:14	0:23:10	117	1:07:10
90	358	MARTIN CRAMP	Male	83	30 - 39	38		0:06:51	17	0:00:48	0:36:27	170	0:00:22	0:22:43	91	1:07:11
91	23	JACK HAUGHTON	Male	84	30 - 39	39		0:11:30	248	0:01:31	0:31:52	48	0:01:24	0:21:05	43	1:07:23
92	157	PETER BRETAN	Male	85	40 - 49	25	LINCOLN TRI	0:09:53	183	0:01:13	0:32:24	61	0:01:05	0:22:50	94	1:07:26
93	1	JOHN LARGE	Male	86	40 - 49	26	TFN	0:07:52	58	0:00:51	0:35:41	143	0:00:57	0:22:06	72	1:07:26
94	293	MALCOLM SULLIVAN	Male	87	30 - 39	40		0:09:56	189	0:01:04	0:32:26	63	0:00:58	0:23:08	115	1:07:32
95	222	MARK ROWLEY	Male	88	40 - 49	27		0:08:17	85	0:01:21	0:33:07	80	0:01:07	0:23:45	142	1:07:37
96	159	ALAN EVANS	Male	89	30 - 39	41	LINCOLN TRI	0:09:22	147	0:00:56	0:35:05	128	0:01:05	0:21:16	48	1:07:44
97	251	RICHARD ANDERSON	Male	90	40 - 49	28	TFN	0:07:56	64	0:01:35	0:34:23	111	0:00:59	0:22:55	99	1:07:48
98	218	SAM PATTERSON	Male	91	15 - 19	4		0:09:17	143	0:00:55	0:35:40	142		0:21:56	69	1:07:48
99	217	ROBERT ORGILL	Male	92	30 - 39	42	NEWARK TRI	0:08:40	102	0:01:18	0:35:13	133	0:01:15	0:21:25	52	1:07:51
100	275	ANDREAS WICHT	Male	93	30 - 39	43		0:08:14	81	0:00:40	0:34:59	127	0:01:07	0:22:52	97	1:07:52
101	268	MICHAEL STAINES	Male	94	40 - 49	29	PEST	0:08:51	117	0:01:14	0:34:02	101	0:01:02	0:22:45	92	1:07:54
102	163	NIGEL LEAKER	Male	95	40 - 49	30		0:08:08	75	0:02:04	0:33:53	97	0:01:39	0:22:11	75	1:07:55
103	203	RICHARD HORSLEY	Male	96	30 - 39	44		0:09:05	131	0:00:58	0:33:27	85		0:24:30	169	1:08:01
104	115	DAVID BEAUMONT	Male	97	30 - 39	45		0:10:10	201	0:02:56	0:33:47	94	0:00:53	0:20:19	29	1:08:05
					40 -											

105	220	MARCUS PELL	Male	98	49	31	SPALDING TRI	0:08:46	109	0:01:04	0:35:10	132	0:00:36	0:22:52	95	1:08:28
106	226	NATHAN SMITH	Male	99	20 - 29	17	LEIC. FIRE AND RESCUE	0:09:54	185	0:00:40	0:36:09	163	0:00:34	0:21:17	49	1:08:34
107	312	MARTIN ATTRUP	Male	100	40 - 49	32		0:07:48	55	0:00:56	0:35:29	138	0:00:31	0:23:51	149	1:08:35
108	111	NEIL POPPLEWELL	Male	101	30 - 39	46	4LIFE TRI	0:10:26	213	0:01:02	0:33:50	96		0:23:20	132	1:08:37
109	278	CHRISTOPHER GEESON	Male	102	40 - 49	33		0:09:01	129	0:01:06	0:34:18	108	0:01:06	0:23:12	120	1:08:43
110	315	JOHN ASHMORE	Male	103	40 - 49	34		0:08:26	98	0:00:54	0:35:10	131	0:00:30	0:23:46	144	1:08:46
111	11	COLIN UNWIN	Male	104	40 - 49	35		0:09:56	188	0:01:11	0:35:14	134		0:22:34	85	1:08:55
112	258	BEN DRAPER	Male	105	30 - 39	47		0:08:46	108	0:01:04	0:32:43	69	0:01:19	0:25:06	185	1:08:57
113	185	BILL BUTTERWORTH	Male	106	40 - 49	36		0:08:04	72	0:01:35	0:34:34	116	0:00:43	0:24:02	151	1:08:58
114	347	BARRY OSULLIVAN	Male	107	40 - 49	37	MANSFIELD TRI	0:07:53	60	0:00:52	0:32:19	57	0:00:50	0:27:11	224	1:09:05
115	149	RICHARD WILSON	Male	108	30 - 39	48		0:09:18	144	0:02:17	0:34:52	125	0:01:08	0:21:32	55	1:09:07
116	314	STUART COX	Male	109	40 - 49	38		0:08:25	96	0:01:13	0:33:20	82	0:00:59	0:25:21	190	1:09:17
117	199	ALASTAIR HADFIELD	Male	110	40 - 49	39	WORKSOP HARRIERS	0:07:50	57	0:01:39	0:35:56	155	0:01:06	0:22:52	96	1:09:23
118	304	STEPHEN JONES	Male	111	40 - 49	40	PEST	0:10:05	198	0:01:14	0:32:57	75	0:00:50	0:24:17	160	1:09:23
119	307	RUTH GRAINGER	Female	4	20 - 29	1	NUTS	0:07:35	45	0:00:57	0:35:49	149	0:00:51	0:24:16	159	1:09:28
120	2	ANDY SU	Male	112	20 - 29	18	TFN	0:07:33	42	0:00:58	0:33:40	90	0:01:07	0:26:15	207	1:09:33
121	202	TIM HETHERINGTON	Male	113	20 - 29	19		0:09:12	140	0:01:57	0:34:03	102	0:01:26	0:22:59	103	1:09:37
122	280	CLAIRE HULLEY	Female	5	20 - 29	2	HIGH PEAK TRI	0:08:17	86	0:00:54	0:34:22	110	0:00:48	0:25:26	192	1:09:46
123	324	DAVID OHREN	Male	114	30 - 39	49		0:08:08	74	0:01:28	0:34:44	123	0:01:18	0:24:13	157	1:09:51
124	86	DEREK HAYDEN	Male	115	20 - 29	20		0:08:12	77	0:01:04	0:36:00	156		0:24:39	172	1:09:55
125	256	JIM DALTON	Male	116	40 - 49	41	HORNCastle UNFIT	0:08:25	97	0:00:50	0:37:56	199	0:00:25	0:22:28	80	1:10:04
126	253	LAWRENCE BRACKSTONE	Male	117	30 - 39	50	SPALDING TRI	0:09:06	133	0:01:19	0:35:09	130	0:00:48	0:23:46	145	1:10:06
127	162	MIKE HITCHINS	Male	118	30 - 39	51		0:08:57	124	0:01:06	0:34:40	120	0:01:18	0:24:08	154	1:10:09

128	212	GEORGE LIPSCOMB	Male	119	40 - 49	42	DIDSBURY TRI	0:09:10	137	0:02:14	0:33:29	86	0:01:03	0:24:18	161	1:10:14
129	184	MARK BULLIVANT	Male	120	40 - 49	43		0:09:25	153	0:00:50	0:36:03	159	0:01:23	0:22:46	93	1:10:27
130	209	NICOLAS KAYE	Male	121	40 - 49	44		0:08:23	92	0:01:28	0:36:33	173	0:01:02	0:23:02	109	1:10:29
131	176	RUSS WING	Male	122	30 - 39	52		0:11:28	247	0:00:36	0:35:52	151	0:01:18	0:21:17	50	1:10:31
132	138	MARTIN HALLAM	Male	123	30 - 39	53		0:09:28	158	0:01:50	0:33:41	92	0:01:19	0:24:25	165	1:10:44
133	166	MATTHEW ONEILL	Male	124	40 - 49	45		0:09:48	178	0:00:50	0:34:57	126	0:01:09	0:24:06	153	1:10:50
134	318	ANDREW GRAY	Male	125	30 - 39	54		0:08:20	90	0:01:17	0:37:39	196	0:00:37	0:23:00	107	1:10:53
135	180	STEPHEN JOHN RAVEN	Male	126	40 - 49	46		0:08:33	100	0:01:08	0:34:30	114		0:26:47	219	1:10:58
136	177	HOWARD GOULBOURNE	Male	127	30 - 39	55		0:09:56	187	0:01:21	0:33:37	89	0:01:17	0:24:49	175	1:11:00
137	204	DAVID HOSKINS	Male	128	40 - 49	47		0:09:46	177	0:01:48	0:36:44	175	0:01:05	0:21:41	61	1:11:04
138	247	ALAN BILZON	Male	129	30 - 39	56	MANSFIELD TRI	0:08:53	120	0:01:06	0:34:20	109	0:00:41	0:26:11	203	1:11:11
139	141	DAVID KELLAWAY	Male	130	40 - 49	48		0:11:15	242	0:01:14	0:35:54	153	0:00:54	0:21:57	70	1:11:14
140	140	ROBERT JONES	Male	131	30 - 39	57		0:10:05	197	0:01:23	0:34:30	113	0:01:07	0:24:10	155	1:11:14
141	107	JO CAMPION	Female	6	40 - 49	1	LINCOLN TRI	0:10:36	221	0:00:56	0:36:12	165		0:23:43	141	1:11:26
142	67	DINO BATHELOR	Male	132	30 - 39	58		0:09:26	155	0:02:03	0:35:06	129	0:01:10	0:23:49	147	1:11:35
143	106	MORGAN WILLIAMS	Male	133	30 - 39	59	WAKEFIELD TRI	0:09:15	141	0:01:04	0:34:12	106	0:00:36	0:26:33	211	1:11:40
144	178	GILLIAN SMITH	Female	7	40 - 49	2		0:09:31	160	0:00:46	0:34:23	112	0:01:07	0:25:54	198	1:11:41
145	121	MARK RUHIER	Male	134	30 - 39	60	LINCOLN TRI	0:10:35	220	0:01:55	0:35:34	140	0:00:43	0:22:59	105	1:11:46
146	104	KEITH TURTON	Male	135	30 - 39	61	ROWLAND HILL HARRIERS	0:09:43	174	0:02:06	0:36:23	169	0:00:37	0:22:59	104	1:11:48
147	16	JULIA JORDAN	Female	8	40 - 49	3	LINCOLN TRI	0:11:30	249	0:01:42	0:34:08	104	0:01:13	0:23:24	133	1:11:58
148	213	GARY LORY	Male	136	30 - 39	62		0:08:50	116	0:01:48	0:37:39	195	0:00:50	0:23:00	106	1:12:06
149	215	DAVID MELLOR	Male	137	30 - 39	63		0:10:48	224	0:01:13	0:00:11	1	0:35:49	0:24:12	156	1:12:13
					40 -											

150	221	PHIL ROSS	Male	138	49	49	BRAT CLUB	0:09:23	150	0:02:35	0:36:10	164	0:01:37	0:22:30	81	1:12:14
151	72	IAIN CHALMERS	Male	139	40 - 49	50		0:10:52	229	0:01:46	0:35:23	135	0:01:14	0:23:02	108	1:12:16
152	279	JOHN KILLEN	Male	140	30 - 39	64		0:08:24	95	0:01:20	0:33:31	87	0:01:45	0:27:29	229	1:12:29
153	257	CATY DARBY	TEAM	5	TEAM	5		0:09:08	136	0:00:46	0:37:27	192	0:00:51	0:24:19	162	1:12:30
154	235	JACQUELINE WILSON	Female	9	30 - 39	3		0:08:19	89	0:00:54	0:39:33	222	0:00:33	0:23:13	122	1:12:31
155	175	ANTHONY WILKS	Male	141	20 - 29	21		0:09:06	134	0:01:03	0:35:37	141	0:00:41	0:26:06	200	1:12:32
156	49	TERRY VINE	Male	142	30 - 39	65	LINCOLN TRI	0:11:04	236	0:00:52	0:34:39	119	0:01:09	0:24:54	178	1:12:37
157	193	BEN CUPIT	Male	143	15 - 19	5		0:07:34	43	0:01:17	0:38:13	205	0:01:05	0:24:32	171	1:12:39
158	210	ROBERT LARNER	Male	144	40 - 49	51		0:11:03	235	0:00:50	0:35:41	144	0:00:51	0:24:15	158	1:12:41
159	76	JOHN GIBBON	Male	145	40 - 49	52		0:11:32	252	0:00:42	0:35:44	146	0:00:38	0:24:06	152	1:12:42
160	20	ALAN COOK	Male	146	30 - 39	66		0:09:48	179	0:00:30	0:36:48	178	0:00:43	0:24:57	180	1:12:46
161	171	PAUL BAILDON	Male	147	30 - 39	67		0:10:10	200	0:01:17	0:37:03	184	0:01:13	0:23:08	114	1:12:50
162	291	THOMAS SHEEHAN	Male	148	40 - 49	53	LINCOLN LAKESIDE	0:08:18	88	0:01:28	0:38:41	211	0:01:17	0:23:14	124	1:12:58
163	7	BOBBIE HOLDEN - COUSINS	Female	10	30 - 39	4	SHEFFIELD TRI	0:09:53	184	0:01:49	0:37:48	197		0:23:33	136	1:13:04
164	160	JANET EVANS	Female	11	40 - 49	4	SOUTHWELL RC	0:10:02	196	0:01:03	0:35:30	139	0:01:11	0:25:19	189	1:13:05
165	61	SIMON COCKER	Male	149	40 - 49	54	WITHAM WHEELERS	0:11:26	245	0:02:28	0:33:18	81	0:01:25	0:24:29	167	1:13:06
166	239	LAURA GRIMER	Female	12	20 - 29	3	SPALDING TRI	0:09:01	130	0:00:54	0:38:56	213	0:00:40	0:23:45	143	1:13:16
167	263	ANYA HUTCHINSON	Female	13	20 - 29	4		0:08:42	106	0:00:54	0:39:36	223	0:00:53	0:23:15	125	1:13:20
168	186	KARL CHALLENGER	Male	150	30 - 39	68		0:09:33	165	0:01:01	0:35:47	147	0:01:03	0:25:59	199	1:13:24
169	197	JEREMY EMMOTT	Male	151	50 +	3		0:10:01	195	0:01:58	0:34:06	103	0:01:51	0:25:28	193	1:13:24
170	57	SIMON WHEATLEY	Male	152	30 - 39	69		0:12:00	270	0:00:47	0:35:53	152	0:00:53	0:23:55	150	1:13:28
171	270	STEFANIE SULLIVAN	Female	14	30 - 39	5		0:08:47	112	0:01:32	0:37:26	191	0:00:41	0:25:03	183	1:13:29
172	58	TOBY ROBERTS	Male	153	20 - 29	22		0:10:44	223	0:03:07	0:36:05	160	0:01:02	0:22:32	82	1:13:29
					40 -											

173	62	BRIAN FOX	Male	154	49	55	LINCOLN TRI	0:12:15	276	0:01:58	0:36:37	174	0:01:03	0:21:37	57	1:13:30
174	346	GRAHAM MARCUSSEN	Male	155	50 +	4	SOUTH HUMBERS TRI	0:07:47	53	0:02:04	0:36:08	162	0:01:05	0:26:30	210	1:13:34
175	90	DAVID MARLOW	Male	156	40 - 49	56		0:10:52	228	0:01:10	0:37:35	193	0:01:06	0:22:57	101	1:13:39
176	118	ALISON MCCOY	Female	15	40 - 49	5	LINCOLN TRI	0:11:55	265	0:00:56	0:36:50	179	0:00:38	0:23:30	135	1:13:49
177	169	NIALL SOUTHWELL	Male	157	30 - 39	70		0:09:59	193	0:01:12	0:37:36	194	0:01:25	0:23:38	138	1:13:50
178	105	BRIAN WALDER	Male	158	50 +	5		0:10:32	218	0:00:55	0:38:25	210	0:00:41	0:23:16	127	1:13:50
179	147	ALAN WALKER	Male	159	30 - 39	71		0:09:05	132	0:01:19	0:36:03	158	0:01:24	0:26:12	204	1:14:04
180	54	TIM SCANLON	Male	160	30 - 39	72		0:11:16	243	0:01:32	0:36:32	171		0:24:50	176	1:14:09
181	56	AMANDA WARD	Female	16	40 - 49	6	SOUTHWELL RUNNING CLUB	0:12:06	272	0:01:17	0:35:43	145	0:01:02	0:24:29	168	1:14:37
182	130	PHIL BENNETT	Male	161	40 - 49	57		0:10:21	208	0:00:51	0:37:11	186	0:00:55	0:25:33	194	1:14:51
183	345	SAM HOSKINS	Male	162	15 - 19	6		0:09:20	145	0:01:43	0:39:11	219	0:00:24	0:24:20	163	1:14:58
184	119	MIKE MITCHELL	Male	163	30 - 39	73		0:11:37	258	0:01:02	0:35:24	137	0:00:40	0:26:16	208	1:15:00
185	120	TOM MITCHELL	Male	164	20 - 29	23		0:11:50	262	0:01:40	0:36:44	176	0:01:43	0:23:02	110	1:15:00
186	249	JANE SPENCER	Female	17	30 - 39	6		0:08:37	101	0:01:37	0:37:57	200	0:00:56	0:25:53	197	1:15:00
187	69	WARREN BROWN	Male	165	30 - 39	74		0:10:55	231	0:05:31	0:35:23	136	0:00:36	0:22:39	89	1:15:05
188	306	RAY CARTHY	Male	166	30 - 39	75	SPALDING TRI	0:08:12	78	0:00:56	0:37:01	183	0:00:48	0:28:19	242	1:15:16
189	95	SARAH PAINTER	Female	18	20 - 29	5	BARACUDA	0:10:00	194	0:00:49	0:39:02	215	0:00:35	0:24:59	181	1:15:26
190	211	JOANNA LEE	Female	19	20 - 29	6	TEAM LEWISKIT	0:09:20	146	0:01:01	0:37:55	198	0:00:43	0:26:39	212	1:15:39
191	332	MARK HOPKISSON	Male	167	30 - 39	76		0:07:37	46	0:00:52	0:38:20	208	0:00:40	0:28:24	244	1:15:52
192	266	NICOLA REID	Female	20	20 - 29	7		0:09:00	127	0:02:27	0:36:47	177	0:01:21	0:26:41	214	1:16:16
193	229	HELEN SUGDEN	Female	21	30 - 39	7	TRI FORCE (HERTS)	0:09:33	164	0:01:16	0:37:14	187	0:01:02	0:27:18	225	1:16:22
194	165	CHERYL MILLER	Female	22	30 - 39	8		0:09:55	186	0:01:23	0:41:15	240	0:00:59	0:22:58	102	1:16:30
195	233	JONATHAN WADE	Male	168	30 - 39	77		0:09:36	166	0:01:55	0:39:09	217	0:01:10	0:24:42	174	1:16:33

196	73	RICHARD CORKER	Male	169	40 - 49	58		0:11:33	253	0:02:13	0:38:17	207	0:01:56	0:22:38	88	1:16:36
197	88	IAN HODGE	Male	170	30 - 39	78	FAT BIRDS	0:11:13	241	0:01:43	0:38:07	203	0:01:51	0:23:43	140	1:16:36
198	252	DAVID BRACKENRIDGE	Male	171	40 - 49	59		0:07:32	39	0:01:21	0:39:44	224	0:00:29	0:27:32	231	1:16:38
199	66	LORAIN SHEEHAN	TEAM	6	TEAM	6	WE TRIED SHOPPING	0:12:52	283	0:00:45	0:34:14	107	0:01:03	0:27:49	236	1:16:43
200	71	MARK CLIFFORD	Male	172	20 - 29	24		0:09:38	169	0:01:36	0:37:17	188	0:01:07	0:27:18	226	1:16:55
201	144	CATH OCONNOR	Female	23	30 - 39	9		0:10:40	222	0:01:47	0:35:55	154	0:01:31	0:27:03	223	1:16:56
202	114	DAVID BANCROFT	Male	173	50 +	6	WAKEFIELD TRI	0:10:51	227	0:01:05	0:37:17	189	0:01:50	0:26:08	201	1:17:11
203	40	DUNCAN MCCOY	Male	174	15 - 19	7	LINCOLN TRI	0:16:14	293	0:02:00	0:35:48	148		0:23:17	129	1:17:20
204	245	AUSTIN SMITH	Male	175	20 - 29	25		0:07:57	66	0:00:51	0:42:21	250	0:00:32	0:25:48	196	1:17:29
205	33	LUCY CONN	TEAM	7	TEAM	7	THE ASHES	0:10:12	202	0:00:48	0:39:00	214	0:01:22	0:26:13	205	1:17:34
206	63	JOHN PALETHORPE	Male	176	40 - 49	60		0:10:50	226	0:03:20	0:39:21	220	0:00:57	0:23:17	128	1:17:45
207	75	PAUL FORGMAN	Male	177	40 - 49	61		0:11:38	259	0:01:53	0:40:17	232	0:00:46	0:23:13	123	1:17:47
208	102	RICHARD THOMAS	Male	178	20 - 29	26		0:10:21	206	0:01:03	0:42:04	247	0:01:17	0:23:09	116	1:17:54
209	65	HEATHER RIDDELL	Female	24	30 - 39	10	LINCOLN TRI	0:12:21	279	0:01:24	0:34:47	124	0:01:10	0:28:19	241	1:18:01
210	112	JOANNA BAKER	TEAM	8	TEAM	8	BJ GIRLS	0:08:05	73	0:00:35	0:40:39	234	0:01:28	0:27:29	230	1:18:16
211	145	ADRIAN PARKER	Male	179	40 - 49	62		0:11:33	254	0:01:49	0:36:58	182	0:01:44	0:26:13	206	1:18:17
212	269	AMY STODDARD	Female	25	30 - 39	11		0:09:51	180	0:00:59	0:40:58	239	0:00:51	0:25:41	195	1:18:20
213	317	ADRIAN COY	Male	180	40 - 49	63		0:08:42	105	0:01:56	0:38:00	201	0:01:07	0:28:39	251	1:18:24
214	136	SARA DUNCAN	Female	26	30 - 39	12		0:10:56	232	0:01:49	0:40:46	236	0:01:28	0:23:37	137	1:18:36
215	109	STEVE MARCINIAK	Male	181	40 - 49	64		0:11:52	263	0:00:56	0:41:39	243	0:00:32	0:23:50	148	1:18:48
216	122	BARBARA SANE	Female	27	30 - 39	13		0:11:59	269	0:01:50	0:36:07	161	0:01:06	0:27:54	238	1:18:56
217	148	NICK WATTS	Male	182	40 - 49	65		0:10:50	225	0:01:48	0:36:32	172	0:01:31	0:28:15	240	1:18:56
218	237	CLAIRE EDWARDS	Female	28	30 - 39	14		0:09:51	181	0:01:27	0:40:45	235	0:00:41	0:26:27	209	1:19:11
					20 -											

219	78	ANN - MARIE HADLEY	Female	29	29	8	YELLO VELO	0:11:34	255	0:01:23	0:36:20	167	0:01:10	0:29:09	255	1:19:36
220	74	JOHN DAVIES	Male	183	40 - 49	66		0:11:05	237	0:02:14	0:37:18	190	0:01:37	0:27:28	228	1:19:41
221	223	ANGELINA RYAN	Female	30	40 - 49	7		0:09:25	154	0:01:41	0:38:11	204	0:01:21	0:29:07	254	1:19:45
222	43	ANNEMARIE SHILLITO	Female	31	40 - 49	8		0:11:34	256	0:00:48	0:38:14	206	0:02:15	0:26:56	221	1:19:47
223	103	SAMANTHA THOMS	Female	32	30 - 39	15		0:10:22	210	0:01:38	0:40:13	230	0:00:53	0:26:45	216	1:19:52
224	164	KATY MCRAE	TEAM	9	TEAM	9		0:08:49	115	0:00:47	0:36:21	168	0:00:50	0:33:05	282	1:19:53
225	214	GILLIAN MARKLAND - ZUIDERWIJK	Female	33	30 - 39	16	WHITE ROSE TRI	0:10:21	207	0:02:04	0:40:14	231	0:01:04	0:26:10	202	1:19:54
226	101	GRAHAM SWIFT	Male	184	40 - 49	67		0:11:25	244	0:02:27	0:36:51	180	0:00:59	0:28:31	247	1:20:13
227	17	NICK PAPE	Male	185	30 - 39	79		0:17:08	294	0:00:58	0:38:22	209	0:00:47	0:23:12	119	1:20:28
228	174	JOSIE WARBUTON	Female	34	30 - 39	17		0:10:23	212	0:00:57	0:40:50	237	0:00:56	0:27:36	233	1:20:42
229	230	IAIN TAYLOR	Male	186	20 - 29	27		0:08:54	122	0:01:33	0:36:02	157	0:01:17	0:33:02	281	1:20:47
230	55	RUFUS PILGRIM	Male	187	30 - 39	80		0:11:30	250	0:01:44	0:39:09	216	0:00:51	0:27:37	235	1:20:51
231	150	DEIRDRE WOODS	Female	35	30 - 39	18	WHITE ROSE TRI	0:09:36	167	0:01:13	0:40:11	228	0:01:21	0:28:35	248	1:20:55
232	131	CLOUD BONWICK	Female	36	20 - 29	9		0:09:41	172	0:02:08	0:43:30	255	0:00:54	0:24:52	177	1:21:05
233	155	SADIE AUBREY	Female	37	30 - 39	19		0:09:41	173	0:01:56	0:40:34	233	0:00:57	0:28:20	243	1:21:29
234	179	LIESL POPPLEWELL	Female	38	30 - 39	20	4LIFE TRI	0:09:39	171	0:01:12	0:40:53	238	0:01:04	0:28:49	252	1:21:37
235	59	MARTIN BLYTHE	Male	188	40 - 49	68		0:13:55	290	0:01:09	0:36:51	181	0:01:50	0:28:06	239	1:21:51
236	35	NICOLA BURCH	Female	39	20 - 29	10		0:11:35	257	0:00:48	0:39:48	225	0:00:49	0:29:27	260	1:22:26
237	123	PETER SCOFFINGS	Male	189	40 - 49	69		0:10:20	205	0:01:38	0:44:38	261	0:01:02	0:24:56	179	1:22:34
238	30	JOHN SINCLAIR	Male	190	30 - 39	81		0:13:42	289	0:00:54	0:38:46	212	0:02:17	0:27:00	222	1:22:39
239	156	IAN BIRCHHALL	Male	191	40 - 49	70		0:09:52	182	0:01:29	0:40:13	229	0:01:11	0:30:30	265	1:23:15
240	181	PENNY BARRATT	Female	40	40 - 49	9		0:09:22	148	0:01:18	0:46:17	268	0:01:02	0:25:19	188	1:23:18
241	173	HELEN VOCE	Female	41	30 - 39	21		0:10:27	214	0:01:03	0:38:00	202	0:01:15	0:32:37	278	1:23:22

242	224	JEAN - MARIE SALMACIS	Male	192	30 - 39	82	SHEFFIELD TRI	0:09:43	175	0:00:50	0:43:32	256	0:00:55	0:28:27	245	1:23:28
243	93	GUDRUN MEISL	Female	42	30 - 39	22		0:11:08	238	0:01:03	0:42:53	252	0:00:54	0:27:33	232	1:23:32
244	3	KELLY PRESTON	Female	43	20 - 29	11		0:12:39	281	0:00:47	0:44:36	260	0:00:48	0:25:00	182	1:23:50
245	79	PHILIP RICHMOND	Male	193	40 - 49	71		0:11:58	268	0:02:39	0:42:52	251	0:01:03	0:25:17	187	1:23:50
246	32	TRACY JO BINDER	Female	44	20 - 29	12		0:10:22	209	0:02:18	0:46:32	269	0:00:56	0:24:21	164	1:24:29
247	39	RACHEL HORSLEY	TEAM	10	TEAM	10		0:08:15	82	0:00:42	0:46:04	266	0:00:52	0:28:37	249	1:24:30
248	92	SUE MCPARTLIN	Female	45	30 - 39	23	SPALDING TRI	0:10:27	215	0:00:52	0:41:38	242	0:00:52	0:30:49	269	1:24:38
249	50	WENDY OLIVER	Female	46	40 - 49	10		0:13:14	286	0:01:13	0:39:53	226	0:02:43	0:28:28	246	1:25:30
250	195	PETER JOHNSTON	Male	194	20 - 29	28		0:09:57	191	0:01:01	0:44:11	258	0:00:47	0:29:36	261	1:25:32
251	196	CLAIRE DUNN	Female	47	20 - 29	13		0:09:01	128	0:01:40	0:45:46	265	0:01:29	0:27:37	234	1:25:32
252	194	LISA CUTHBERT	Female	48	30 - 39	24		0:09:11	139	0:01:31	0:41:46	246	0:02:08	0:30:59	272	1:25:35
253	154	LEIGH ARCHER	Male	195	30 - 39	83	TOTAL FITNESS	0:09:22	149	0:01:25	0:39:10	218	0:01:10	0:34:35	290	1:25:43
254	134	JOANNE CRAIG - HUMPHREYS	Female	49	40 - 49	11	SOUTHWELL RUNNING CLUB	0:12:55	285	0:00:55	0:42:05	248	0:01:02	0:29:17	257	1:26:13
255	153	ANDREW MCRAE	Male	196	50 +	7		0:12:08	273	0:03:26	0:39:56	227	0:01:46	0:28:58	253	1:26:13
256	31	MARK STAPLES	Male	197	40 - 49	72		0:12:11	275	0:01:09	0:45:17	264	0:00:59	0:26:41	213	1:26:17
257	21	CLIVE COOK	Male	198	40 - 49	73		0:10:14	203	0:00:52	0:43:25	254	0:01:11	0:30:42	267	1:26:25
258	225	LISA SMAILES	Female	50	20 - 29	14	LEEDS BRADFORD TRI	0:09:39	170	0:01:41	0:46:04	267	0:00:27	0:29:43	262	1:27:33
259	151	TRACY CARNALL	Female	51	20 - 29	15	LINCOLN TRI	0:09:44	176	0:02:07	0:41:26	241	0:01:09	0:34:08	288	1:28:34
260	28	DAVID EDMONDSON	Male	199	50 +	8		0:15:15	292	0:00:57	0:39:30	221	0:01:29	0:31:23	273	1:28:35
261	183	ANNABEL BRACKSTONE	Female	52	30 - 39	25	SPALDING TRI	0:11:10	240	0:01:11	0:41:42	244	0:01:17	0:33:40	286	1:29:00
262	77	SARAH HADFIELD	Female	53	15 - 19	2	WORKSOP HARRIERS	0:09:28	157	0:02:50	0:44:45	263	0:01:09	0:30:50	270	1:29:02
263	22	CAROLINE GIDMAN	Female	54	30 - 39	26		0:11:02	234	0:00:48	0:42:11	249	0:01:15	0:33:56	287	1:29:13
264	6	CHRIS COTTON	Male	200	40 - 49	74	MANSFIELD HARRIERS	0:12:16	278	0:00:50	0:48:45	275	0:01:03	0:26:44	215	1:29:38
					40 -											

265	64	JENNY REES	Female	55	49	12		0:10:31	216	0:03:17	0:44:09	257	0:01:10	0:30:36	266	1:29:43
266	142	AMY MCRAE	TEAM	11	TEAM	11	NETTLEHAM PANTHERS	0:08:22	91	0:01:06	0:49:29	277	0:01:01	0:30:01	264	1:30:00
267	172	KEVIN TOWNSLEY	Male	201	40 - 49	75		0:09:36	168	0:00:38	0:53:11	286	0:01:19	0:25:21	191	1:30:06
268	19	EMILY CLARK	Male	202	30 - 39	84		0:11:50	261	0:00:45	0:44:42	262	0:01:23	0:31:30	274	1:30:11
269	89	CAROLINE MARLOW	Female	56	40 - 49	13		0:10:20	204	0:01:22	0:50:33	281	0:00:47	0:27:25	227	1:30:26
270	41	MANDY PRITCHETT	TEAM	12	TEAM	12		0:12:23	280	0:00:42	0:50:21	280	0:00:57	0:26:47	218	1:31:09
271	51	ANGELA FLANNIGAN	Female	57	20 - 29	16		0:12:16	277	0:02:45	0:41:42	245	0:01:32	0:33:15	283	1:31:30
272	9	SAMANTHA SARGENT	TEAM	13	TEAM	13	FOXY LADIES	0:13:39	288	0:01:02	0:51:56	285	0:01:16	0:23:46	146	1:31:39
273	113	PETER BAKER	TEAM	14	TEAM	14	BJ BOYS	0:08:23	93	0:00:33	0:53:53	289	0:00:42	0:29:17	258	1:32:48
274	14	SIMON WOOD	Male	203	30 - 39	85		0:10:53	230	0:00:55	0:44:17	259	0:01:16	0:35:52	291	1:33:13
275	80	JASON BINDER	Male	204	20 - 29	29		0:08:44	107	0:02:22	0:51:08	283	0:02:24	0:28:39	250	1:33:17
276	24	REBECCA HILL	Female	58	20 - 29	17	WAKEFIELD TRI	0:11:09	239	0:01:19	0:43:01	253	0:01:55	0:36:10	292	1:33:34
277	4	JACK RIVERS	Male	205	40 - 49	76	RIVERSIDE RUNNERS	0:17:16	295	0:00:49	0:47:36	274	0:01:04	0:27:53	237	1:34:38
278	8	HAZEL MONAGHAN	TEAM	15	TEAM	15		0:10:33	219	0:00:59	0:49:49	278	0:01:06	0:32:20	277	1:34:46
279	290	VIKKI RUNDLE - BROWN	Female	59	20 - 29	18		0:08:48	114	0:00:50	0:46:57	271	0:01:05	0:37:46	293	1:35:26
280	234	ROB WHITE	Male	206	40 - 49	77		0:11:56	266	0:02:31	0:47:02	272	0:01:46	0:32:57	280	1:36:12
281	68	GILLIAN BROWN	Female	60	30 - 39	27		0:10:56	233	0:00:47	0:50:14	279	0:02:13	0:32:20	276	1:36:30
282	36	ANNIE DUQUEMIN	Female	61	40 - 49	14		0:12:52	282	0:02:28	0:49:17	276	0:01:35	0:30:44	268	1:36:55
283	38	TAMSIN GREAVES	Female	62	40 - 49	15		0:12:02	271	0:01:20	0:53:20	288	0:01:14	0:29:24	259	1:37:20
284	99	TAMAIZA STEWART	Female	63	30 - 39	28		0:11:32	251	0:00:48	0:53:17	287	0:00:49	0:30:59	271	1:37:24
285	42	SUE SHAW	Female	64	40 - 49	16		0:11:40	260	0:02:31	0:47:28	273	0:01:39	0:34:21	289	1:37:38
286	70	BARBARA CATHCART	Female	65	40 - 49	17		0:12:10	274	0:01:25	0:51:22	284	0:01:09	0:31:52	275	1:37:58
287	18	JAYNE BULLIVANT	Female	66	40 - 49	18		0:15:03	291	0:01:35	0:51:00	282	0:01:41	0:29:58	263	1:39:18
288	15	SARAH COOK	Female	67	30 - 39	29		0:11:57	267	0:01:06	0:46:40	270	0:01:10	0:41:00	294	1:41:52

289	200	JEREMY HEATH	Male	207	30 - 39	86		0:09:24	151	0:01:31	1:06:38	292	0:01:21	0:26:46	217	1:45:41
290	87	ANIA HOBOT	Female	68	20 - 29	19		0:12:53	284	0:02:24	0:58:47	290	0:01:10	0:32:47	279	1:48:01
291	26	SARAH BAILEY	Female	69	20 - 29	20		0:11:54	264	0:02:10	1:07:00	293	0:01:14	0:26:52	220	1:49:10
292	5	MANDIE BROOK	Female	70	40 - 49	19		0:19:29	296	0:03:26	1:06:10	291	0:01:40	0:33:21	284	2:04:05
293	116	JOHN KILBRIDE	Male	208	30 - 39	87	DERBY TRI	0:07:31	38	0:00:53	1:26:59	297	0:00:30	0:29:10	256	2:05:03
294	12	NATALIE WOOD	Female	71	30 - 39	30		0:13:25	287	0:03:09	1:07:28	294	0:02:21	0:43:29	296	2:09:51
295	13	WILLIAM SHILDRICK	Male	209	30 - 39	88		0:19:37	297	0:01:26	1:15:58	295	0:01:55	0:33:31	285	2:12:27
296	10	TANYA SHILDRICK	Female	72	40 - 49	20		0:21:37	298	0:01:23	1:16:01	296	0:01:57	0:41:50	295	2:22:47
297	236	IAN WRIGHT	Male	210	50 +	9	TFN	0:08:58	125	0:00:51	0:34:38	117	0:00:39		297	
298	206	DAVID JENKINS	Male	211	40 - 49	78		0:11:26	246	0:01:13		298			298	
	323	GARY LOWE			15 - 19			0:07:14		0:00:56	0:37:57		0:01:01	0:24:29		1:11:37