

RACE REPORT – Lincoln Triathlon

24th September 2011



Type of Venue	Sports/Leisure Centre	
Weather	Overcast with a slight breeze	
Surfaces	Indoor swimming pool, Tarmac Cycle Course, Tarmac & Grass Run	
Results/Regional Points	TS0	Fleur Beilby (6 th /877)
	TS1	Libby Coleman (1 st /1000), Joely Ball (26 th /n/a) Kieran Smith (6 th / 877), Cameron Stott (20 th /792)
	TS2	Jessica Armsby (9 th /832), Rachel McBride (21 st /689), Jade Walker (26 th /624) Callum Ball (22 nd /744)
	TS3	- Jamie Parkin (11 th /853), Ryan Coupland (27 th /731), Cormac Allison (28 th /703), Joe Kibble (31 st /620)
	Youth	- Jordan Boam (6 th /791), Harry McBride (7 th /768)
Full results	www.lincolntri.co.uk/pages/tristars.html	
What was good?	<ul style="list-style-type: none">• Chip timing (after some initial problems)• Swimming Pool Spectator Area• Tarmac and subsequently fast cycle track• Pink rehydration drink	
What was not so good?	<ul style="list-style-type: none">• 1st wave of chip timing straps• Pink rehydration drink	

The final triathlon, and penultimate regional event of the year, was very well attended with members representing the club in every category.

Although looking around, one thing which was missing (apart from Cormac's cycling helmet!!) was James Walker from the competitors list. He had to withdraw as he was recovering from a recent chest infection. However he did manage to attend the event to provide support for those racing.

There were some initial problems with chip timers which were very quickly resolved. The pool was well organised, although 4 swimmers in the one lane at one time looked rather crowded. After exiting the pool, it was a fairly lengthy sprint to transition for competitors to collect their bike. The cycle track, which is reasonably flat with a Tarmac surface, had changed direction from last year. This year's track was set out in a clockwise format, providing a great opportunity to record a fantastic time.

The run was also flat and provided a great opportunity to finish the event by recording a fantastic time. An ideal event to play your "Joker". This well attended event provided the perfect finale to the triathlon part of the season, particularly as so many were there to record PB's, and of course it was accident free, unlike previously! Entry for next year expected to open in August!

Gary Stott