

Mansfield Tri Club – Race Report
Grendon Lakes Sprint (open water) – 28th May 06

Name	Steve Melhuish
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Race Name	Grendon Lakes Sprint (open water)
Date	28 May 2006
Type	Open water Tri
Distance	750m, 20km, 5km
Venue	Rural
Course	Open water/undulating out and back bike, off road
Weather	Sunny
Race Contacts	www.justracinguk.com
Competitors	
Overall Result	36th
Other Result	
Club Results	Dean 15th, Matt Hemsley 58th, Gary Goacher 61 st .
Winner Info	Andrew Fisher 1.03.44
Race Report	First open water race of the season. Ground was sodden with weeks rain meaning transition was a boggy affair. The off road run was a 3 lap off road which meant a lot of cleaning afterwards. A tough lung breaker as we start and think about longer events. The run course was not particularly spectacular which took the shine off the event.