



Heartbreaker Duathlon Final Results

Pos	Name	Club Name	Cat	Gender	Time	Cat Pos	1st Run	Run pos	Run cat	Run Gen	T1	Cycle	Cycle Pos	Cycle Cat Pos	Cycle Gen Pos	T2	2nd Run	Run Pos	Run Cat Pos	Run Gen Pos
1	Rafael Baugh	North Coast Tri Club	E	Male	01:56:29	1	00:32:39	1	1	1	00:00:24	01:01:58	3	1	3	00:00:24	00:21:01	1	1	1
2	Oliver Mott	Bristol University	D	Male	01:57:45	1	00:32:39	2	1	2	00:00:24	01:02:51	4	1	4	00:00:15	00:21:33	3	1	3
3	Matt Moorhouse	Tri Preston	F	Male	01:58:17	1	00:33:53	4	1	4	00:00:36	01:01:55	2	2	2	00:00:32	00:21:18	2	1	2
4	Phil Wylie	Aquasphere/Bicycleworks.com	E	Male	01:59:23	2	00:32:39	2	2	2	00:00:22	01:04:06	5	2	5	00:00:23	00:21:49	4	2	4
5	Chris Ball (KOM)	Total Fitness	F	Male	02:01:03	2	00:37:35	20	5	20	00:00:37	00:59:17	1	1	1	00:00:28	00:23:03	11	3	11
6	Brian Thursby-Pelham	Total Cycling.com	G	Male	02:02:41	1	00:34:18	5	1	5	00:00:42	01:04:52	10	1	10	00:00:44	00:22:01	5	1	5
7	Mike Sharkey	Riptide Multisport	E	Male	02:03:49	3	00:33:44	3	3	3	00:00:26	01:06:30	19	5	19	00:00:23	00:22:43	9	4	9
8	Paul Rogers	blackcountry triathlon club	H	Male	02:04:06	1	00:35:41	6	1	6	00:00:35	01:04:09	6	1	6	00:00:35	00:23:03	11	1	11
9	David Vaughan		E	Male	02:04:44	4	00:35:45	7	4	7	00:00:35	01:05:26	13	3	13	00:00:32	00:22:24	6	3	6
10	David Roper	Tri Team Glos	D	Male	02:05:32	2	00:35:48	8	2	8	00:00:25	01:05:19	12	2	12	00:00:26	00:23:33	13	3	13
11	Andrew Mercer	Serpentine	G	Male	02:06:44	2	00:36:46	14	2	14	00:00:44	01:06:02	15	3	15	00:00:36	00:22:33	8	2	8
12	Jamie Hall	University of Bath/Army Triathlon	D	Male	02:06:50	3	00:36:25	10	3	10	00:00:50	01:06:26	17	3	17	00:00:39	00:22:27	7	2	7
13	Matthew Rowley	Oxford Tri	H	Male	02:07:01	2	00:36:45	13	2	13	00:00:41	01:04:46	9	4	9	00:00:39	00:24:08	22	3	21
14	David Chapman	TEAM MILTON KEYNES	E	Male	02:07:36	5	00:37:23	17	6	17	00:00:26	01:05:45	14	4	14	00:00:18	00:23:41	14	5	14
15	Mark Griffiths	wrekin sport	H	Male	02:07:50	3	00:37:53	23	5	23	00:00:35	01:04:16	7	2	7	00:00:30	00:24:34	29	5	28
16	Ralph Hydes	Trisport News	F	Male	02:08:08	3	00:36:06	9	2	9	00:00:32	01:06:27	18	4	18	00:00:30	00:24:30	27	7	26
17	Chris Taylor	Berkshire Tri Squad	H	Male	02:08:23	4	00:37:20	16	3	16	00:00:47	01:04:44	8	3	8	00:00:38	00:24:51	34	7	33
18	Jeremy Rogers	Tri London	F	Male	02:08:52	4	00:36:31	11	3	11	00:00:35	01:08:26	28	7	28	00:00:30	00:22:47	10	2	10
19	Laurence Pidcock	TRI FORCE	E	Male	02:09:43	6	00:37:36	21	8	21	00:00:29	01:06:44	20	6	20	00:00:26	00:24:25	26	7	25
20	John Field	Mansfield Triathlon	J	Male	02:09:43	1	00:36:32	12	1	12	00:00:42	01:08:01	26	2	26	00:00:41	00:23:44	15	1	15
21	James Brown	metropolitan police	E	Male	02:10:10	7	00:36:47	14	5	14	00:00:31	01:08:35	31	7	30	00:00:25	00:23:49	16	6	16
22	Karl Free	Met Police Tri Club	F	Male	02:10:28	5	00:38:36	26	7	26	00:00:30	01:06:10	16	3	16	00:00:28	00:24:40	31	8	30
23	Frank Boyne		H	Male	02:11:18	5	00:37:30	18	4	18	00:00:39	01:09:19	36	7	35	00:00:29	00:23:17	12	2	12
24	Michelle Lee	Team MK	G	Female	02:11:38	1	00:37:31	19	1	1	00:00:33	01:08:28	29	1	1	00:00:30	00:24:34	29	1	2
25	Alex Fisher	Swindon Tri Club	D	Male	02:11:53	4	00:37:07	15	4	15	00:00:41	01:09:14	35	4	34	00:00:32	00:24:16	24	5	23
26	Crispin Hetherington	Oxford Tri	I	Male	02:12:12	1	00:38:55	31	1	31	00:00:36	01:07:48	24	1	24	00:00:33	00:24:17	25	1	24
27	Matt Ansfield	Wye Valley Runners	G	Male	02:12:17	3	00:38:47	29	3	29	00:00:23	01:07:47	23	5	23	00:00:25	00:24:53	35	4	34
28	Mark Hanby	Chippenham Wheelers	G	Male	02:12:29	4	00:38:53	30	4	30	00:00:24	01:07:10	22	4	22	00:00:25	00:25:35	43	6	41
29	Peter Cusick	Chippenham Wheelers	H	Male	02:12:30	6	00:38:35	25	6	25	00:00:26	01:08:31	30	5	29	00:00:23	00:24:32	28	4	27
30	Simon Osborne	Pencoed Tri	I	Male	02:12:35	2	00:38:56	32	2	32	00:00:34	01:07:57	25	2	25	00:00:33	00:24:32	28	2	27
31	Paul Perry	Serpentine	F	Male	02:12:44	6	00:37:07	15	4	15	00:00:27	01:10:27	44	11	43	00:00:33	00:24:07	21	5	20
32	Ian Roberts	Ashurst Bike Club	E	Male	02:13:09	8	00:37:31	19	7	19	00:00:32	01:09:40	39	9	38	00:00:37	00:24:46	32	8	31
33	Glenn Dunn-Parrant	Tri-Force	G	Male	02:13:54	5	00:39:08	33	5	33	00:00:33	01:09:07	34	6	33	00:00:28	00:24:35	30	3	29



Heartbreaker Duathlon Final Results

Pos	Name	Club Name	Cat	Gender	Time	Cat Pos	1st Run	Run pos	Run cat	Run Gen	T1	Cycle	Cycle Pos	Cycle Cat Pos	Cycle Gen Pos	T2	2nd Run	Run Pos	Run Cat Pos	Run Gen Pos
34	Ian O'Neill	TRI SPORT EPPING	H	Male	02:14:00	7	00:39:13	36	7	36	00:00:48	01:08:39	32	6	31	00:00:30	00:24:47	32	6	31
35	Brian White	FVS TRI	J	Male	02:14:09	2	00:37:43	22	2	22	00:00:59	01:10:41	48	4	47	00:00:43	00:24:01	19	2	18
36	Russell Cox		F	Male	02:14:27	7	00:38:43	28	8	28	00:00:52	01:10:21	43	10	42	00:00:37	00:23:51	17	4	17
37	John Russell	BAD-TRI	G	Male	02:15:10	6	00:41:13	65	8	59	00:00:35	01:05:10	11	2	11	00:00:35	00:27:34	73	9	64
38	Gawie Nienaber	gears and tears	J	Male	02:15:53	3	00:41:01	60	5	55	00:00:41	01:06:55	21	1	21	00:00:39	00:26:34	59	6	54
39	David Masterman	East Coast Tri - Durham Life	G	Male	02:16:16	7	00:39:10	35	6	35	00:00:37	01:10:17	42	7	41	00:00:43	00:25:26	42	5	40
40	Justin Webb	Next Generation Tri Team	E	Male	02:16:20	9	00:40:09	49	11	46	00:00:58	01:09:22	37	8	36	00:00:34	00:25:13	37	10	36
41	Nick Bateson	ARMY TRI	I	Male	02:16:24	3	00:40:11	50	6	47	00:00:51	01:09:44	40	3	39	00:00:37	00:24:59	36	3	35
42	Geoffrey Brewster		I	Male	02:16:31	4	00:39:24	40	4	40	00:00:37	01:09:46	41	4	40	00:00:39	00:26:03	51	6	48
43	Peter Lavery		E	Male	02:17:05	10	00:39:09	34	9	34	00:00:41	01:11:16	53	11	50	00:00:36	00:25:20	40	11	38
44	Chris Newton	Chippenham Wheelers	F	Male	02:17:08	8	00:40:33	55	11	51	00:00:36	01:08:00	26	5	26	00:00:34	00:27:23	70	12	61
45	Stuart Clark	TRI FORCE	F	Male	02:17:17	9	00:40:02	48	10	45	00:00:30	01:08:46	33	8	32	00:00:28	00:27:28	72	13	63
46	Ian Mackay	BLACK COUNTRY TRI	I	Male	02:17:25	5	00:39:37	42	5	42	00:00:51	01:10:21	43	5	42	00:00:45	00:25:48	47	5	44
47	Stuart Reilly	Deal Tri	J	Male	02:17:41	4	00:41:02	61	6	56	00:00:46	01:09:35	38	3	37	00:01:00	00:25:15	38	3	37
48	Donna James	Durham Tri	H	Female	02:17:47	1	00:39:55	46	2	5	00:00:43	01:11:15	52	2	3	00:00:31	00:25:19	39	1	3
49	Nick Downing	FVS TRI	E	Male	02:17:51	11	00:41:17	66	12	60	00:00:32	01:10:44	49	10	48	00:00:25	00:24:50	33	9	32
50	Nigel Herron	Brighton Phoenix Tri	H	Male	02:18:04	8	00:40:25	52	10	49	00:00:39	01:10:57	50	8	49	00:00:34	00:25:26	42	8	40
51	Nicki Barron (OOM)	ASHFORD TRI CLUB	H	Female	02:18:19	2	00:39:48	44	1	3	00:00:37	01:11:13	51	1	2	00:00:35	00:26:03	51	2	7
52	Patrick Ward-Thomas	UCL TEAM TRI	D	Male	02:18:50	5	00:39:18	37	5	37	00:00:34	01:14:18	66	6	62	00:00:32	00:24:05	20	4	19
53	Jon Cowell	TEAM MILTON KEYNES	H	Male	02:19:12	9	00:39:44	43	8	43	00:00:30	01:12:21	56	9	53	00:00:25	00:26:10	52	10	49
54	Patrick Martin	Pembs Tri Club	D	Male	02:19:23	6	00:40:13	51	6	48	00:00:31	01:12:03	54	5	51	00:00:35	00:25:59	50	6	47
55	Michael Anthony Lovell	SEME regt	F	Male	02:19:40	10	00:38:03	24	6	24	00:00:52	01:15:38	77	16	70	00:00:50	00:24:14	23	6	22
56	Michael Barnsdale	SpaldingTriathlon Club	J	Male	02:19:56	5	00:38:42	27	3	27	00:00:35	01:14:19	67	7	63	00:00:37	00:25:40	45	4	43
57	Robyn Golding	BADtri	F	Female	02:20:07	1	00:40:42	56	4	7	00:00:46	01:12:21	56	1	4	00:00:29	00:25:46	46	3	5
58	Markus Stanger		F	Male	02:20:21	11	00:39:20	38	9	38	00:00:59	01:12:32	57	12	54	00:01:11	00:26:16	53	10	50
59	Peter Taylor	Tunbridge Wells Harriers	I	Male	02:21:01	6	00:41:24	68	8	62	00:01:22	01:10:29	46	6	45	00:00:56	00:26:48	61	7	56
60	Robin Groom	Berkshire Tri Squad	F	Male	02:21:13	12	00:40:51	59	13	54	00:00:43	01:09:46	41	9	40	00:00:36	00:29:14	91	16	77
61	Stuart McGowan	Bike and Run	K	Male	02:21:28	1	00:42:49	83	3	70	00:00:41	01:10:28	45	1	44	00:00:43	00:26:45	60	2	55
62	Zane Denton	Serpentine Runners Club	H	Male	02:22:08	10	00:40:27	54	11	50	00:00:34	01:14:13	65	10	61	00:00:21	00:26:29	57	11	53
63	Phil Stannard	MANCHESTER TRI CLUB	E	Male	02:22:48	12	00:39:30	41	10	41	00:00:48	01:12:16	55	12	52	00:00:52	00:29:19	93	12	79
64	Ros Viwer		F	Female	02:22:48	2	00:40:26	53	3	6	00:00:42	01:15:23	75	2	7	00:00:41	00:25:35	43	2	4
65	Jenny Lloyd-Jones	London Dynamo	G	Female	02:23:05	2	00:42:07	77	5	14	00:00:38	01:13:15	60	2	5	00:00:31	00:26:30	58	2	9
66	Neil Lewis	Chippenham Wheelers	G	Male	02:23:12	8	00:42:28	80	11	68	00:00:46	01:13:31	61	9	57	00:00:35	00:25:50	48	7	45



Heartbreaker Duathlon Final Results

Pos	Name	Club Name	Cat	Gender	Time	Cat Pos	1st Run	Run pos	Run cat	Run Gen	T1	Cycle	Cycle Pos	Cycle Cat Pos	Cycle Gen Pos	T2	2nd Run	Run Pos	Run Cat Pos	Run Gen Pos
67	Esther Evans	Thames Turbo	F	Female	02:23:14	3	00:38:43	28	1	2	22:34:33	01:26:11	132	9	28	01:19:48	00:23:57	18	1	1
68	Anthony Culshaw	Deal Tri	K	Male	02:23:19	2	00:41:17	66	2	60	00:00:36	01:14:32	68	3	64	00:00:25	00:26:28	56	1	52
69	Keith George Murphy	TRENT PARK TRI	J	Male	02:23:32	6	00:40:50	58	4	53	00:00:59	01:14:09	64	6	60	00:00:42	00:26:49	62	7	57
70	Andy Bromley	Kingswood	I	Male	02:24:13	7	00:43:19	88	10	74	00:00:43	01:12:33	57	7	54	00:00:42	00:26:54	64	8	58
71	Daniel Sweet	Westbury Harriers	F	Male	02:24:17	13	00:40:49	57	12	52	00:01:04	01:12:36	58	13	55	00:00:48	00:28:57	87	15	73
72	Simon Kearns	sa tri uk	F	Male	02:24:21	14	00:41:03	62	14	57	00:01:03	01:15:59	81	18	74	00:00:35	00:25:38	44	9	42
73	Libby Cameron	metropolitan police	F	Female	02:25:04	4	00:39:53	45	2	4	00:00:38	01:18:02	96	4	13	00:00:31	00:25:57	49	4	6
74	Dave Coard	FVS TRI	I	Male	02:25:06	8	00:39:20	38	3	38	00:01:04	01:18:25	102	13	88	00:00:50	00:25:24	41	4	39
75	Tim Kingston	Deal Tri	F	Male	02:25:13	15	00:41:59	70	15	63	00:00:28	01:08:15	27	6	27	00:00:30	00:33:59	130	19	105
76	Andrew Sargent	Redditch Triathletes	J	Male	02:25:15	7	00:42:41	82	8	69	00:00:59	01:12:52	59	5	56	00:00:38	00:28:02	77	9	66
77	Philip Hobson		H	Male	02:25:37	11	00:39:59	47	9	44	00:00:32	01:17:17	91	13	82	00:00:27	00:27:18	68	12	60
78	Rachel Rowan	Thames Turbo Triathlon Club	G	Female	02:25:43	3	00:42:05	75	4	13	00:00:34	01:15:18	73	3	6	00:00:32	00:27:11	66	5	12
79	David Robinson	Serpentine	F	Male	02:25:47	16	00:43:48	92	16	76	00:00:25	01:13:48	62	14	58	00:00:34	00:27:11	66	11	59
80	Ian Wylie	Tunbridge Wells Harriers	H	Male	02:26:10	12	00:41:09	64	12	58	00:00:46	01:17:36	93	14	83	00:00:38	00:26:00	50	9	47
81	Louise Kelly	LEICESTER TRI	E	Female	02:26:26	1	00:41:04	63	1	8	00:00:30	01:17:56	95	2	12	00:00:35	00:26:18	54	1	8
82	Nigel Skinner		H	Male	02:26:47	13	02:00:05	147	23	116	22:42:49	01:16:36	85	12	77			143	23	117
83	Caroline Toshack	WWW.THEBICYCLEWORKS.COM	G	Female	02:27:01	4	00:42:02	72	2	10	00:00:30	01:16:43	86	5	10	00:00:34	00:27:09	65	4	11
84	Nicky Bushell	BAD-TRI	G	Female	02:27:12	5	00:42:36	81	6	15	00:00:33	01:16:24	84	4	9	00:00:46	00:26:52	63	3	10
85	Michael Donovan	St. Albans Striders	J	Male	02:27:58	8	00:42:00	71	7	64	00:00:41	01:17:53	94	9	84	00:00:32	00:26:49	62	7	57
86	Christopher Dean		G	Male	02:27:59	9	00:42:16	79	10	67	00:01:10	01:14:49	70	10	66	00:00:58	00:28:44	83	11	70
87	George Holdsworth	Tri Team Glos	D	Male	02:28:01	7	00:42:16	79	8	67	00:00:23	01:15:47	78	8	71	00:00:29	00:29:02	89	7	75
88	Stephen Elliott	Tri 7	G	Male	02:28:34	10	00:41:02	61	7	56	00:00:33	01:16:36	85	12	77	00:00:32	00:29:48	98	15	82
89	Charlotte Arnold	Tri Team Glos	F	Female	02:28:57	5	00:44:55	100	6	21	00:00:37	01:15:32	76	3	8	00:00:35	00:27:15	67	5	13
90	Jonathan Arnold	Tri Team Glos	G	Male	02:29:05	11	00:48:42	118	15	96	00:00:49	01:10:39	47	8	46	00:00:40	00:28:12	79	10	67
91	Stephen Elliott	DERBY TRI	J	Male	02:29:19	9	00:43:15	87	10	73	00:00:31	01:19:07	105	10	89	00:00:27	00:25:57	49	5	46
92	Ronald Yee	Crystal palace tri	I	Male	02:29:32	9	00:41:03	62	7	57	00:00:58	01:16:16	83	9	76	00:01:11	00:30:02	99	10	83
93	Simon Edye	Tri-Anglia	K	Male	02:29:35	3	00:46:03	107	6	88	00:01:02	01:14:07	63	2	59	00:00:57	00:27:24	71	3	62
94	Paul Buck	Serpentine	F	Male	02:29:36	17	00:44:26	96	17	79	00:00:54	01:14:40	69	15	65	00:00:44	00:28:49	84	14	71
95	Duncan Vavangas	Team MK	J	Male	02:29:54	10	00:43:02	84	9	71	00:00:57	01:16:57	87	8	78	00:01:06	00:27:49	75	8	65
96	Amanda Kerr	Cardiff Triathletes	E	Female	02:29:57	2	00:41:41	69	2	9	00:00:42	01:17:21	92	1	11	00:00:44	00:29:26	95	2	20
97	Ian Imeson		I	Male	02:30:39	10	00:42:09	78	9	66	00:00:55	01:18:10	98	11	86	00:00:39	00:28:43	82	9	69
98	Sue Walker		G	Female	02:30:48	6	00:42:03	73	3	11	00:00:49	01:20:18	116	8	21	00:00:43	00:26:52	63	3	10



Heartbreaker Duathlon Final Results

Pos	Name	Club Name	Cat	Gender	Time	Cat Pos	1st Run	Run pos	Run cat	Run Gen	T1	Cycle	Cycle Pos	Cycle Cat Pos	Cycle Gen Pos	T2	2nd Run	Run Pos	Run Cat Pos	Run Gen Pos
99	Nick Weaver	BRITISH FIRESERVICE TRIATHLON	K	Male	02:30:58	4	00:44:36	97	5	80	00:00:57	01:16:01	82	5	75	00:00:43	00:28:38	80	4	68
100	Harvey Bennett	Hemel Hempstead Cycling Club	G	Male	02:31:03	12	00:45:20	102	14	83	00:00:55	01:15:06	71	11	67	00:00:37	00:29:01	88	13	74
101	Rachel Hobbs		F	Female	02:31:08	6	00:43:32	90	5	17	00:00:48	01:18:12	100	5	14	00:00:32	00:28:01	76	6	16
102	Malcolm Turner	team deviant	H	Male	02:31:33	14	00:44:42	98	13	81	00:00:51	01:15:59	81	11	74	00:00:42	00:29:17	92	14	78
103	carla molinaro	RMAS	D	Female	02:31:59	1	00:42:04	74	1	12	00:00:30	01:20:43	119	1	22	00:00:32	00:28:06	78	1	17
104	John Shirley	gears and tears	L	Male	02:32:02	1	00:44:10	93	1	77	00:00:42	01:17:09	90	1	81	00:00:29	00:29:30	96	1	81
105	Christine Costiff	SLH tri Club	I	Female	02:32:19	1	00:43:12	86	1	16	00:00:39	01:20:14	115	2	20	00:00:34	00:27:38	74	1	15
106	Paul Wright	team milkton keynes	D	Male	02:33:18	8	00:42:06	76	7	65	00:01:04	01:15:20	74	7	69	00:01:03	00:33:42	125	8	102
107	Joan Lennon	STEYNING ATHLETIC CLUB	J	Female	02:33:20	1	00:43:47	91	1	18	00:01:02	01:20:14	115	2	20	00:00:54	00:27:20	69	1	14
108	Wendy Staines	53-12 multi sports	H	Female	02:33:42	3	00:45:20	102	3	22	00:00:52	01:18:16	101	3	15	00:00:32	00:28:39	81	3	18
109	Justin Roberts	Next Generation Tri Team	G	Male	02:33:53	13	00:43:08	85	12	72	00:01:32	01:19:35	109	14	93	00:00:45	00:28:50	85	12	72
110	John Wright	Team MK	K	Male	02:34:12	5	00:44:20	94	4	78	00:00:49	01:15:10	72	4	68	00:00:58	00:32:52	120	7	97
111	Roland Brown	Tri-Force St Albans	I	Male	02:34:30	11	00:45:40	105	11	86	00:00:46	01:15:54	79	8	72	00:00:37	00:31:30	111	12	91
112	Brook Jon	STEYNING ATHLETIC CLUB	K	Male	02:34:49	6	00:46:15	109	7	89	00:00:31	01:17:08	89	7	80	00:00:38	00:30:14	102	5	86
113	Dawn Scriven	Gloucester Tri	G	Female	02:35:15	7	00:44:54	99	7	20	00:00:39	01:20:09	113	7	18	00:00:33	00:28:56	86	6	19
114	Charlotte East	Wimbledon Windmilers	F	Female	02:35:34	7	00:46:05	108	7	23	00:00:32	01:18:46	103	6	16	00:00:29	00:29:39	97	7	21
115	Mark Rushton		G	Male	02:35:37	14	00:41:18	67	9	61	00:01:12	01:22:22	124	18	102	00:01:26	00:29:16	92	14	78
116	Mark Jackson	TRENT PARK TRI	H	Male	02:36:12	15	00:45:36	104	15	85	00:00:56	01:19:57	112	16	96	00:00:36	00:29:04	90	13	76
117	Simon Bellinger	Boxfit	G	Male	02:36:37	15	00:43:32	89	13	75	00:00:41	01:21:34	121	16	99	00:00:29	00:30:19	103	16	87
118	Brian Martin	ATA	I	Male	02:37:11	12	00:45:48	106	12	87	00:00:50	01:18:06	97	10	85	00:00:40	00:31:45	114	13	94
119	Marion Lambert	TRENT PARK	I	Female	02:37:26	2	00:44:22	95	2	19	00:00:55	01:23:08	126	3	24	00:00:58	00:28:00	76	2	16
120	Mark Drury	Boxfit	E	Male	02:38:20	13	00:43:31	89	13	75	00:00:44	01:23:22	128	13	105	00:00:35	00:30:06	100	13	84
121	Martin Woodhouse		F	Male	02:38:21	18	00:47:48	115	18	94	00:01:23	01:15:58	80	17	73	00:03:46	00:29:24	94	17	80
122	Stephen Southwood		F	Male	02:38:22	19	00:47:48	115	18	94	00:01:02	01:19:09	106	19	90	00:00:57	00:29:23	94	17	80
123	JR Sherriff		G	Male	02:38:23	16	00:49:24	123	17	101	00:01:33	01:19:46	111	15	95	00:01:11	00:26:26	55	8	51
124	Sarah Anne McLeod	Thames Turbo	G	Female	02:39:01	8	00:47:50	116	8	25	00:00:38	01:19:05	104	6	17	00:00:41	00:30:45	104	7	23
125	Douglas Punkett	Next Generation Triathlon Team	I	Male	02:39:05	13	00:48:09	117	13	95	00:01:08	01:18:11	99	12	87	00:01:26	00:30:09	101	11	85
126	Alfred Pollard	Deal-Tri	M	Male	02:39:40	1	00:46:53	112	1	92	00:00:34	01:20:28	118	1	98	00:00:39	00:31:02	107	1	89
127	Andrew Cunnell	Redditch Triathletes	K	Male	02:40:33	7	00:49:59	127	8	105	00:00:55	01:17:05	88	6	79	00:00:57	00:31:34	113	6	93
128	Shunsuke Kobayashi	Cambridge Cycling Club	H	Male	02:41:20	16	00:46:34	111	16	91	00:01:01	01:19:37	110	15	94	00:00:51	00:33:13	122	18	99
129	Richard Hardy	Luton United	J	Male	02:41:42	11	00:46:22	110	11	90	00:00:55	01:21:46	122	11	100	00:01:05	00:31:32	112	10	92
130	Imogen Hutter	ATA	F	Female	02:42:18	8	00:47:08	113	8	24	00:00:32	01:21:17	120	8	23	00:00:29	00:32:49	119	10	29



Heartbreaker Duathlon Final Results

Pos	Name	Club Name	Cat	Gender	Time	Cat Pos	1st Run	Run pos	Run cat	Run Gen	T1	Cycle	Cycle Pos	Cycle Cat Pos	Cycle Gen Pos	T2	2nd Run	Run Pos	Run Cat Pos	Run Gen Pos
131	Sandy Lewis	Iron Head Racing	E	Female	02:43:27	3	00:52:26	134	3	32	00:00:46	01:18:12	100	3	14	00:00:40	00:31:21	109	3	25
132	Chris Goodman		D	Male	02:43:47	9	00:45:34	103	9	84	00:00:29	01:20:27	117	9	97	00:00:32	00:36:42	135	9	110
133	Josephine Perry	Serpentine	F	Female	02:44:51	9	00:52:30	135	10	33	00:00:39	01:20:43	119	7	22	00:00:37	00:30:19	103	8	22
134	Ian Moore		H	Male	02:44:56	17	00:47:15	114	17	93	00:02:05	01:23:12	127	18	104	00:01:24	00:30:58	106	15	88
135	Lee Avery	Shaftesbury Barnet Harriers	I	Female	02:45:46	3	00:51:05	131	3	29	00:01:05	01:20:13	114	1	19	00:00:50	00:32:31	118	3	28
136	Martin Paul		G	Male	02:46:46	17	00:48:46	119	16	97	00:00:59	01:22:11	123	17	101	00:01:13	00:33:35	123	18	100
137	William Hammerton		L	Male	02:47:23	2	00:52:41	138	2	108	00:00:44	01:19:33	108	2	92	00:00:45	00:33:38	124	2	101
138	Christine Buckley	WHITE ROSE	J	Female	02:47:32	2	00:52:41	138	4	34	00:00:57	01:20:13	114	1	19	00:00:49	00:32:49	119	3	29
139	John Uter		H	Male	02:48:00	18	00:44:56	101	14	82	00:00:41	01:29:57	137	21	110	00:01:11	00:31:13	108	16	90
140	Michael Cleary	Boxfit	H	Male	02:48:53	19	00:49:53	126	19	104	00:01:30	01:22:28	125	17	103	00:01:17	00:33:42	126	19	103
141	Debbie Manners	Serpentine Running Club	H	Female	02:49:04	4	00:51:36	132	4	30	00:00:47	01:24:25	130	4	26	00:00:44	00:31:29	110	4	26
142	Maggie Bromley	Kingswood	J	Female	02:49:31	3	00:52:10	133	3	31	00:00:37	01:23:56	129	3	25	00:00:31	00:32:16	116	2	27
143	Eddy Page		G	Male	02:49:53	18	00:53:31	140	18	109	00:01:09	01:19:23	107	13	91	00:00:49	00:34:58	133	19	108
144	John Bernard Clarke	SHEFFIELD TRIATHLON	M	Male	02:50:04	2	00:48:55	120	2	98	00:01:04	01:26:48	135	2	108	00:01:03	00:32:11	115	2	95
145	Douglas Mace	North Bucks Road Club	H	Male	02:51:17	20	00:49:41	125	18	103	00:01:26	01:26:33	134	20	107	00:01:12	00:32:23	117	17	96
146	Corinne Price	Team MK	J	Female	02:52:47	4	00:50:52	129	2	27	00:01:12	01:26:02	131	4	27	00:00:45	00:33:53	128	4	31
147	Rupert Newman		F	Male	02:55:39	20	00:49:25	124	20	102	00:01:12	01:29:51	136	20	109	00:00:55	00:34:13	131	20	106
148	Martin Erasmus	NBRC / Team MK	H	Male	02:56:22	21	00:52:40	137	20	107	00:01:12	01:26:31	133	19	106	00:01:28	00:34:28	132	20	107
149	Leah Williams	MMKAC	F	Female	02:56:40	10	00:50:18	128	9	26	00:01:50	01:32:15	140	10	29	00:01:20	00:30:54	105	9	24
150	Andy Rose		G	Male	02:59:45	19	00:53:44	141	19	110	00:01:11	01:30:33	138	19	111	00:01:18	00:32:56	121	17	98
151	Blaise Jenner		F	Male	03:01:46	21	00:49:11	121	19	99	00:01:23	01:35:43	142	22	114	00:01:30	00:33:57	129	18	104
152	Greg Hayes		F	Male	03:02:57	22	00:52:35	136	21	106	00:01:21	01:31:02	139	21	112	00:01:09	00:36:46	136	21	111
153	Brian Mead	TEAM MILTON KEYNES	H	Male	03:11:28	22	00:56:17	143	21	112	00:01:07	01:32:33	141	22	113	00:01:08	00:40:20	139	21	114
154	Howard Pickett		G	Male	03:15:15	20	00:53:46	142	20	111	00:00:40	01:42:04	145	20	116	00:00:51	00:37:52	137	20	112
155	Jane Fisher		G	Female	03:15:31	9	00:50:54	130	9	28	00:00:34	01:49:31	147	9	31	00:00:38	00:33:52	127	8	30
156	David Fisher		I	Male	03:20:15	14	00:49:20	122	14	100	00:00:38	01:54:39	148	14	118	00:00:29	00:35:07	134	14	109
157	Jeff Leigh		J	Male	03:20:16	12	00:58:49	144	12	113	00:00:57	01:40:40	144	12	115	00:01:01	00:38:46	138	11	113
158	Helen Jenner		E	Female	03:22:55	4	00:53:28	139	4	35	00:01:25	01:39:40	143	4	30	00:04:26	00:43:54	141	4	32
159	Roger Smith		G	Male	03:32:44	21	01:00:24	145	21	114	00:02:20	01:44:07	146	21	117	00:02:01	00:43:50	140	21	115
160	David Hampton		H	Male	04:02:03	23	01:10:19	146	22	115	00:00:40	01:56:44	149	23	119	00:00:32	00:53:46	142	22	116
	Sean Beard	PACTRAC	H	Male			00:38:09				00:00:53									
	Howard Doe	Hardley Tri Club	K	Male			00:39:23	39	1	39	00:00:48									
	Jonny Rowan	Met Police Tri Club	F	Male			00:42:13				00:00:29	01:09:03								



Heartbreaker Duathlon Final Results

Pos	Name	Club Name	Cat	Gender	Time	Cat Pos	1st Run	Run pos	Run cat	Run Gen	T1	Cycle	Cycle Pos	Cycle Cat Pos	Cycle Gen Pos	T2	2nd Run	Run Pos	Run Cat Pos	Run Gen Pos
	John Murray (Mechanical)	Manchester Tri	G	Male	02:21:54		00:42:43				00:00:46	01:12:08				00:00:53	00:25:22			