

GRANTHAM ALPHA TRIATHLON

POS.	TIME	RACE NO.	Forename	Surname	Class	Club/ Town	Sex	Age	Swim	Bike	Run	Finish
									Time	Time	Time	TIME
1	54.56	5	Mark	Redwood	TRI	UX2 TFN	M	30-39	00:05:25	00:33:50	00:15:41	00:54:56
2	58.48	45	Nick	Dunn	TRI	UX2 TFN	M	20-30	00:06:04	00:37:03	00:15:41	00:58:48
3	59.39	30	Steven	Wigglesworth	TRI	Vegetarian Cyc&AthCl	M	40-49	00:06:10	00:36:05	00:17:24	00:59:39
4	59.46	62	Dean	Cross	TRI	Mansfield Tri	M	30-39	00:07:57	00:36:05	00:15:44	00:59:46
5	60.54	17	Stefan	Lawrence	TRI	Grantham	M	20-30	00:06:45	00:37:20	00:16:49	01:00:54
6	62.00	14	John	Ketley	TRI	Hessle	M	40-49	00:06:40	00:38:31	00:16:49	01:02:00
7	62.01	2	Bradley	Woodward	TRI	Welbeck College	M	16-20	00:05:14	00:39:25	00:17:22	01:02:01
8	62.29	33	Steve	Clark	TRI	GMC Fire & Rescue	M	20-30	00:06:20	00:38:36	00:17:33	01:02:29
9	62.49	34	Peter	Pain	TRI	Army Tri	M	40-49	00:07:00	00:38:55	00:16:54	01:02:49
10	63.28	6	Chris .	Dale	TRI	Mansfield Tri	M	16	00:05:36	00:40:32	00:17:20	01:03:28
11	63.34	32	Anton	Newell	TRI	Mansfield Tri	M	40-49	00:06:45	00:37:45	00:19:04	01:03:34
12	63.35	29	Stephen	Melhuish	TRI	Mansfield Tri	M	30-39	00:06:28	00:42:39	00:14:28	01:03:35
13	64.00	46	Ben	Ives	TRI	Chesterfield	M	18	00:07:17	00:39:09	00:17:34	01:04:00
14	64.56	7	Matthew	Kimpton	TRI	Welbeck College	M	16-20	00:06:00	00:40:36	00:18:20	01:04:56
15	65.46	52	Johannes	Rens	TRI	PGL Caythorpe	M	30-39	00:07:01	00:39:09	00:19:36	01:05:46
16	65.51	74	Jason	Frary	TRI	F & R Humberside	M	30-39	00:07:06	00:42:25	00:16:20	01:05:51
17	65.51	13	Austin	Smith	TRI	Pactrac	M	30-39	00:05:30	00:41:37	00:18:44	01:05:51
18	65.58	41	Kyle	Campbell	TRI	F & R Training	M	30-39	00:06:56	00:39:42	00:19:20	01:05:58
19	66.28	101	Alan	Wheeler	TRI	Sibsey	M	30-39	00:07:09	00:41:34	00:17:45	01:06:28
20	66.51	36	Collin	Franklin	TRI	TFN Nottingham	M	30-39	00:07:14	00:41:17	00:18:20	01:06:51
21	67.03	35	Shaun	North	TRI	Boston & Dist. AC	M	40-49	00:07:00	00:43:32	00:16:31	01:07:03
22	67.07	60	John	Golding	TRI	Leicester Tri Club	M	30-39	00:07:48	00:42:12	00:17:07	01:07:07
23	68.02	50	Alan	Cook	TRI	Grimsby Tri Club	M	30-39	00:06:52	00:40:55	00:20:15	01:08:02
24	68.15	53	Mike	Staines	TRI	Peterborough Tri Club	M	50-59	00:07:38	00:41:03	00:19:34	01:08:15
25	68.20	23	Victoria	Edwards	TRI	Brat	F	30-39	00:06:38	00:43:42	00:18:00	01:08:20
26	68.24	9	Lincoln	Bounders	TM	Lincoln Bounders	TM	0	00:06:25	00:42:48	00:19:11	01:08:24
27	68.43	31	Sam	Grant	TRI	Manchester	M	20-30	00:06:41	00:42:49	00:19:13	01:08:43

28	68.48	28	Paul	Hughes	TRI	Mansfield Tri	M	40-49	00:06:57	00:38:44	00:23:07	01:08:48
29	68.53	61	Stephen	Hesketh	TRI	Hough on the Hill	M	40-49	00:07:56	00:42:19	00:18:38	01:08:53
30	69.01	20	Ruth	Welsh	TRI	Leicester Tri Club	F	30-39	00:07:05	00:42:34	00:19:22	01:09:01
31	69.04	26	Steve	Hope	TRI	Pactrac	M	40-49	00:06:21	00:42:59	00:19:44	01:09:04
32	69.23	94	Simon	Cocker	TRI	Witham Wheelers	M	40-49	00:09:08	00:40:06	00:20:09	01:09:23
33	69.44	89	John	Bennett	TRI	RNRM Tri	M	20-30	00:07:34	00:43:21	00:18:49	01:09:44
34	69.44	90	David	Mc Neish	TRI	Welbeck College	M	16-20	00:08:20	00:43:47	00:17:37	01:09:44
35	69.47	27	Gareth	Pymm	TRI	Bowline Climbing Club	M	20-30	00:06:35	00:43:11	00:20:01	01:09:47
36	69.53	37	Jeff	Oliver	TRI	Welbeck College	M	16-20	00:06:58	00:43:12	00:19:43	01:09:53
37	70.18	16	Nick	Morris	TRI	F & R Boston	M	30-39	00:06:22	00:42:03	00:21:53	01:10:18
38	70.50	91	F&R	Management	TM	F & R Management	TM	0	00:08:25	00:41:55	00:20:30	01:10:50
39	70.53	43	F&R	Training	TM	F & R Training	TM	0	00:07:30	00:43:27	00:19:56	01:10:53
40	70.54	129	Tony	McCarthy	TRI	Wakefield Tri	M	40-49	00:09:02	00:43:41	00:18:11	01:10:54
41	70.54	78	Sally	Hughes	TRI	Mansfield Tri	F	30-39	00:09:05	00:43:34	00:18:15	01:10:54
42	70.59	86	John	Ogden	TRI	Grantham	M	30-39	00:08:22	00:43:14	00:19:23	01:10:59
43	71.03	1	Ian	Shaw	TM	Welton	TM	0	00:04:55	00:49:45	00:16:23	01:11:03
44	71.11	22	Chris	Pearce	TRI	Welbeck College	M	16-20	00:06:24	00:45:06	00:19:41	01:11:11
45	71.18	109	Chorlton&the	Wheelies	TM	Hope Valley	TM	0	00:08:30	00:36:30	00:26:18	01:11:18
46	71.26	44	Ellie	Robinson	TRI	Welbeck College	F	16-20	00:07:20	00:49:04	00:15:02	01:11:26
47	71.37	8	Tom	Patrick	TRI	F & R Skegness	M	20-30	00:06:08	00:43:23	00:22:06	01:11:37
48	71.55	40	George	Holdcraft	TRI	Welbeck College	M	16-20	00:06:50	00:45:56	00:19:09	01:11:55
49	72.28	113	Robert	Hall	TRI	Branston	M	30-39	00:09:41	00:43:06	00:19:41	01:12:28
50	73.19	63	Alex	Hetherington	TRI	Sleaford Tn.Runners	F	30-39	00:08:09	00:45:25	00:19:45	01:13:19
51	73.42	84	Mike	Hankin	TRI	Mansfield Tri	M	30-39	00:08:39	00:40:56	00:24:07	01:13:42
52	73.45	12	Lichfield	Catatonics	TM	Litchfield Catatonics	TM	0	00:06:44	00:49:53	00:17:08	01:13:45
53	74.24	92	Paul	Prendergast	TRI	F & R Boston	M	40-49	00:06:36	00:44:01	00:23:47	01:14:24
54	75.24	75	John	Young	TRI	F & R Long Sutton	M	30-39	00:08:45	00:45:02	00:21:37	01:15:24
55	75.44	77	Norman	Starks	TRI	Grantham	M	40-49	00:09:10	00:47:25	00:19:09	01:15:44
56	75.54	127	Martin	Hickman	TRI	Ridlington	M	40-49	00:09:47	00:45:26	00:20:41	01:15:54
57	76.30	106	Tim	Dawson	TRI	Grantham	M	40-49	00:09:19	00:45:26	00:21:45	01:16:30
58	76.30	116	Daniel	Rapley	TRI	Streatham	M	20-30	00:08:05	00:47:25	00:21:00	01:16:30
59	76.40	131	Andy	Stevenson	TRI	Lincoln Tri	M	30-39	00:11:39	00:41:04	00:23:57	01:16:40
60	76.47	11	Spencer	Wright	TRI	Grantham	M	30-39	00:06:00	00:47:36	00:23:11	01:16:47

61	76.54	107	Grantham	Academicals	TM	Stathern	TM	0	00:08:58	00:47:20	00:20:36	01:16:54
62	77.15	59	Martin	Jessop	TRI	Wyberton	M	30-39	00:08:13	00:47:24	00:21:38	01:17:15
63	77.20	83	Shona	Campbell	TRI	F & R Gainsborough	F	30-39	00:07:36	00:48:02	00:21:42	01:17:20
64	77.31	76	Thom	Smith	TRI	F & R Control	M	20-30	00:07:05	00:40:06	00:30:20	01:17:31
65	77.33	110	Gerard	Eivors	TRI	Ashby	M	30-39	00:08:06	00:49:39	00:19:48	01:17:33
66	77.35	121	Tony	Pickance	TRI	West Bridgford	M	40-49	00:09:00	00:47:20	00:21:15	01:17:35
67	77.44	58	Nick	Farkas	TRI	Ropsley	M	40-49	00:07:58	00:47:54	00:21:52	01:17:44
68	77.51	47	Mary	Hardwick	TRI	Rutland Running Club	F	40-49	00:07:23	00:35:44	00:34:44	01:17:51
69	77.56	51	Emma	Hill	TRI	Quorn	F	20-30	00:07:15	00:47:03	00:23:38	01:17:56
70	77.58	4	Ben	Lester	TRI	Darlington	M	30-39	00:05:30	00:49:56	00:22:32	01:17:58
71	78.00	42	Mark	Orchard	TRI	F & R Skegness	M	30-39	00:07:25	00:43:18	00:27:17	01:18:00
72	78.30	79	Steven	Newell	TRI	Lincoln	M	20-30	00:09:00	00:47:35	00:21:55	01:18:30
73	78.33	57	Jack	Draper	TRI	F & R Woodhall Spa	M	19	00:08:43	00:48:02	00:21:48	01:18:33
74	78.56	93	David	Phillpotts	TRI	Grantham	M	40-49	00:08:38	00:48:32	00:21:46	01:18:56
75	78.57	81	Chris	Kelham	TRI	Grantham	M	30-39	00:11:37	00:47:10	00:20:10	01:18:57
76	79.44	18	Lucy	Oxby	TRI	Welbeck College	F	16-20	00:06:20	00:50:45	00:22:39	01:19:44
77	80.02	112	Graham	Hind	TRI	Grantham Tri	M	50-59	00:09:32	00:47:50	00:22:40	01:20:02
78	80.15	100	Mike	Ramsey	TRI	F & R Leverton	M	40-49	00:09:44	00:50:20	00:20:11	01:20:15
79	80.26	114	Isabella	Brennan	TRI	Frisby	F	30-39	00:08:50	00:56:39	00:14:57	01:20:26
80	80.40	102	Henry	Wright	TRI	Grantham	M	20-30	00:08:53	00:44:15	00:27:32	01:20:40
81	80.48	124	John	Finnigan	TRI	PGL Caythorpe	M	20-30	00:08:37	00:49:48	00:22:23	01:20:48
82	81.06	49	Shane	Cook	TRI	A.1 Lincoln	M	30-39	00:06:47	00:49:53	00:24:26	01:21:06
83	81.11	48	F&R	Control	TM	F & R Control	TM	0	00:07:46	00:41:40	00:31:45	01:21:11
84	81.22	24	Paul	Letchworth	TRI	Boothby Pagnell	M	40-49	00:06:34	00:49:40	00:25:08	01:21:22
85	81.31	123	Terry	Vine	TRI	Lincoln Tri	M	30-39	00:11:36	00:46:19	00:23:36	01:21:31
86	82.17	132	Steven	Pullinger	TRI	Marston	M	40-49	00:11:45	00:47:17	00:23:15	01:22:17
87	82.34	88	Kate	Needham	TRI	Newark	F	20-30	00:07:55	00:51:04	00:23:35	01:22:34
88	82.53	99	Chris .	Farr	TRI	F & R Gainsborough	M	40-49	00:12:05	00:49:37	00:21:11	01:22:53
89	83.32	108	John	Lucas	TRI	Grantham	M	40-49	00:07:40	00:53:40	00:22:12	01:23:32
90	84.37	122	Stephanie	Schneider	TRI	Uppingham School	F	20-30	00:09:50	00:51:53	00:22:54	01:24:37
91	84.52	73	Mark	Housham	TRI	F & R Training	M	30-39	00:09:22	00:50:53	00:24:37	01:24:52
92	85.21	103	Dave	Gilbert	TRI	F & R A1	M	30-39	00:08:29	00:40:14	00:36:38	01:25:21
93	85.28	82	Dr B.A.C	Allen	TRI	Grantham	M	30-39	00:08:12	00:51:45	00:25:31	01:25:28
94	85.29	126	Jim	Finlay	TRI	Peterborough Tri Club	M	40-49	00:09:13	00:53:45	00:22:31	01:25:29

95	85.48	95	Joanna	Pendleton	TRI	Eagle	F	30-39	00:08:10	00:54:45	00:22:53	01:25:48
96	86.42	111	Paul	Deighton	TRI	F & R Skegness	M	40-49	00:09:56	00:54:45	00:22:01	01:26:42
97	87.06	85	Sarah	Hocking	TRI	Lincoln	F	20-30	00:09:03	00:53:07	00:24:56	01:27:06
98	87.53	105	Kay	Knight	TRI	Aslockton	F	40-49	00:09:46	00:54:16	00:23:51	01:27:53
99	88.10	119	Whitney	Spivey	TRI	Uppingham School	F	20-30	00:08:52	00:58:55	00:20:23	01:28:10
100	89.00	133	Becky	Foreshaw	TRI	Washingborough	F	40-49	00:11:21	00:55:33	00:22:06	01:29:00
101	89.38	125	Anthony	Riley	TRI	Sutton in Ashfield AC	M	50-59	00:10:33	00:57:04	00:22:01	01:29:38
102	90.49	96	Michael	Smith	TRI	Grantham	M	40-49	00:09:46	00:55:28	00:25:35	01:30:49
103	90.51	104	John	Bardwell	TRI	Workhouse Gym	M	50-59	00:07:24	00:57:49	00:25:38	01:30:51
104	91.21	117	Matthew	Rolfe	TRI	Wainfleet	M	30-39	00:09:29	00:51:28	00:30:24	01:31:21
105	91.58	97	Damian	Mc Entegart	TRI	Grantham	M	50-59	00:10:04	00:59:08	00:22:46	01:31:58
106	93.43	134	Ben	Vivian	TRI	Quorn	M	40-49	00:12:14	00:51:26	00:30:03	01:33:43
107	94.44	135	Freda	Lowe	TRI	Saxilby Rd. Runners	F	50-59	00:12:22	00:56:23	00:25:59	01:34:44
108	96.10	118	Julia	Warner	TRI	HQ	F	40-49	00:11:35	01:00:51	00:23:44	01:36:10
109	97.10	98	Ian	Burrige	TRI	Foston	M	30-39	00:09:41	01:04:04	00:23:25	01:37:10
110	105.03	87	Caroline	Haughton	TRI	F & R Grantham	F	20-30	00:10:00	01:01:06	00:33:57	01:45:03
111	109.46	130	Chris,Karen	Crawford	TM	Ancaster	TM	0	00:14:56	00:38:18	00:56:32	01:49:46

DQ1 Run	60.15	72	Gary	Moore	TRI	Wickenby	M	30-39	00:07:57	00:36:05	00:06:13	00:50:15
DQ1 Run	61.58	120	Paul	Carvill	TRI	LINCSQUAD	M	30-39	00:07:28	00:40:15	00:14:15	01:01:58
DQ1 Run	64.00	38	Alex	Smith	TRI	Welbeck College	M	16-20	00:06:27	00:46:02	00:11:31	01:04:00
DQ1 Run	64.47	128	Dave	Miller	TRI	Lincoln Tri	M	40-49	00:08:20	00:44:54	00:11:33	01:04:47
DQ Transit	85.11	80	Robert	Barrett-Duckett	TRI	Marston	M	50-59	00:09:50	00:50:36	00:24:45	01:25:11

TRY IT TRI TIMES

	TIME	NUMBER	NAME	TOWN	Sex	AGE	GPSwim	Bike	Run	Finish		
1	38.13	70	Robert	Hurst	TRY	Fulbeck	M	40-49	00:04:30	00:19:57	00:13:47	00:38:13
2	43.49	68	Joanne	Ellison	TRY	Northampton	F	40-49	00:05:52	00:22:39	00:15:18	00:43:49
3	45.15	71	Jessica	Cocker	TRY	Grantham	F	16	00:03:45	00:25:59	00:15:31	00:45:15

4	47.40	65	Melanie	Hill	TRY	Boston	F	30-39	00:05:56	00:26:11	00:15:33	00:47:40
5	54.07	69	Jenny	Hurst	TRY	Fulbeck	F	0	00:04:58	00:35:44	00:13:25	00:54:07
6	56.12	66	Darren	Price	TRY	Asfordby	M	20-30	00:04:21	00:38:06	00:13:45	00:56:12
7	60.28	67	Samantha	Edwards	TRY	Grantham	F	30-39	00:05:01	00:33:02	00:22:25	01:00:28