

Cleveland Steelman Triathlon 2010 2000m swim 56 mile cycle 11 mile run (23C dry breezy)

timing and results by TriHard Timing

Pos	Name	Race No	Time	Penalty Time	Category	Categ Pos	Gender	Club	IDNumber	Swim	Swim_PACE	Swim OverallPos	Swim CategPos	T1	Cycle	Cycle PACE	Cycle OverallPos	Cycle Cat Pos	T2	Run	Run_PACE	Run OverallPos	Run CategPos
1	Richard Hunt	163	04:02:12		Snr30	1	Male	Kudu & Army Tri		00:30:14	15.1 min/km	8	5	00:00:36	02:22:44	24.4 m/hr	1	1	00:00:37	01:08:01	6.2 min/m	1	1
2	Richard Howarth	117	04:13:35		Snr30	2	Male	Leeds And Bradford Triathlon Club	e122299	00:26:57	13.5 min/km	2	1	00:00:59	02:29:17	23.3 m/hr	3	2	00:00:47	01:15:35	6.9 min/m	5	3
3	Ian Simon	216	04:21:22		Vet40	1	Male	Alnwick District Triathlon Club	E124655	00:32:09	16.1 min/km	18	5	00:01:20	02:29:51	23.2 m/hr	4	1	00:00:43	01:17:19	7.0 min/m	8	2
4	Michael Pluckrose	187	04:23:53		Vet40	2	Male	CarlisleTri Club	E137534	00:35:31	17.8 min/km	50	16	00:01:22	02:33:55	22.6 m/hr	7	3	00:00:40	01:12:35	6.6 min/m	2	1
5	John Barker	10	04:24:43		Snr30	3	Male	Total Racing International		00:32:05	16.0 min/km	17	10	00:00:49	02:35:06	22.4 m/hr	10	4	00:00:24	01:16:19	6.9 min/m	7	5
6	Tom Van rossum	247	04:27:03		Snr20	1	Male	Birmingham Running And Triathlon (BRAT) Club		00:34:36	17.3 min/km	33	4	00:00:53	02:27:34	23.6 m/hr	2	1	00:00:47	01:23:13	7.6 min/m	19	2
7	David Turnbull	243	04:28:33		Snr20	2	Male	NE31 Tri Club	E130826	00:35:05	17.5 min/km	40	5	00:00:57	02:34:38	22.5 m/hr	8	2	00:00:32	01:17:21	7.0 min/m	9	1
8	Michael Golightly	90	04:29:32		Vet40	3	Male	Total Racing International		00:32:30	16.3 min/km	26	9	00:00:50	02:31:51	22.9 m/hr	5	2	00:00:32	01:23:49	7.6 min/m	21	8
9	Steve Coates	48	04:29:43		Snr30	4	Male	Barracuda Triathlon Club	E129028	00:36:47	18.4 min/km	66	26	00:00:53	02:35:10	22.4 m/hr	11	5	00:00:53	01:16:00	6.9 min/m	6	4
10	Michael Little	148	04:30:17		Vet40	4	Male	Tyne Triathlon		00:32:01	16.0 min/km	15	4	00:01:01	02:35:25	22.4 m/hr	12	5	00:01:03	01:20:47	7.3 min/m	13	4
11	Phil Coulson	54	04:31:32		Snr30	5	Male	Total Racing International		00:32:13	16.1 min/km	20	12	00:00:48	02:45:07	21.1 m/hr	36	14	00:00:41	01:12:43	6.6 min/m	3	2
12	David Francis	85	04:32:49		Snr30	6	Male	Unattached	e135476	00:34:46	17.4 min/km	35	15	00:01:12	02:33:04	22.7 m/hr	6	3	00:00:40	01:23:07	7.6 min/m	18	9
13	Paul Alcock	1	04:33:17		Vet40	5	Male	CarlisleTri Club	E127438	00:31:44	15.9 min/km	11	2	00:01:21	02:41:39	21.5 m/hr	22	11	00:00:31	01:18:02	7.1 min/m	10	3
14	Malcolm Rose	265	04:36:28		Vet40	6	Male	TRI UK		00:32:15	16.1 min/km	21	6	00:00:51	02:38:10	22.0 m/hr	16	7	00:00:51	01:24:21	7.7 min/m	23	10
15	Paul Freeman	86	04:36:46		Vet40	7	Male	Leeds And Bradford Triathlon Club		00:32:20	16.2 min/km	23	7	00:00:39	02:41:49	21.5 m/hr	24	12	00:00:39	01:21:19	7.4 min/m	14	5
16	Jonathan Brown	29	04:38:16		Vet40	8	Male	CarlisleTri Club	E136003	00:32:29	16.2 min/km	25	8	00:01:20	02:37:41	22.1 m/hr	15	6	00:01:06	01:25:40	7.8 min/m	29	12
17	Nick Simmons	214	04:39:25		Snr30	7	Male	BikeTraks Tri		00:31:48	15.9 min/km	12	8	00:01:20	02:38:51	21.9 m/hr	18	9	00:00:48	01:26:38	7.9 min/m	38	16
18	Tom Scanlan	211	04:39:35		Snr30	8	Male	Unattached		00:39:49	19.9 min/km	101	36	00:02:11	02:37:04	22.2 m/hr	14	7	00:01:47	01:18:44	7.2 min/m	11	6
19	Mark Ryan	207	04:41:23		Snr30	9	Male	CarlisleTri Club		00:35:00	17.5 min/km	39	17	00:00:37	02:38:51	21.9 m/hr	17	8	00:00:33	01:26:22	7.9 min/m	35	15
20	Richard Anderson	4	04:43:21		Snr20	3	Male	Unattached	E137845	00:32:16	16.1 min/km	22	1	00:01:24	02:43:01	21.3 m/hr	27	3	00:00:47	01:25:53	7.8 min/m	30	3
21	Jeff Belt	17	04:43:24		Vet40	9	Male	Cleveland Triathlon Club		00:39:44	19.9 min/km	99	37	00:01:45	02:34:50	22.5 m/hr	9	4	00:00:34	01:26:31	7.9 min/m	37	17
22	Arran Leighton	145	04:43:29		Vet40	10	Male	Tri@TeesdaleCRC		00:33:36	16.8 min/km	29	10	00:01:43	02:42:28	21.4 m/hr	26	13	00:01:53	01:23:49	7.6 min/m	22	9
23	Trevor Kelly	128	04:44:00		Vet40	11	Male	Durham Triathlon Club		00:28:33	14.3 min/km	4	1	00:01:45	02:39:46	21.8 m/hr	19	8	00:00:46	01:33:10	8.5 min/m	61	27
24	Ian Goulson	92	04:44:27		Snr30	10	Male	Tyne Triathlon	E131829	00:39:32	19.8 min/km	96	33	00:02:23	02:36:14	22.3 m/hr	13	6	00:01:07	01:25:11	7.7 min/m	27	13
25	Paul Rodger	203	04:44:34		Snr30	11	Male	Unattached		00:35:27	17.7 min/km	49	21	00:01:14	02:46:52	20.9 m/hr	41	18	00:00:50	01:20:11	7.3 min/m	12	7
26	Simon Derham	63	04:45:27		Vet40	12	Male	Total Racing International		00:31:50	15.9 min/km	13	3	00:01:24	02:43:49	21.2 m/hr	30	15	00:01:11	01:27:13	7.9 min/m	40	18
27	Chris Booker	24	04:46:37		Snr30	12	Male	Leeds & Bradford Tri Club		00:29:29	14.7 min/km	7	4	00:01:24	02:43:58	21.2 m/hr	31	13	00:00:43	01:31:03	8.3 min/m	55	19
28	Bartlomiej Holda	114	04:47:32		Snr30	13	Male	www.leisurelakesbikes.com		00:34:51	17.4 min/km	36	16	00:01:12	02:45:50	21.0 m/hr	38	16	00:00:37	01:25:02	7.7 min/m	25	11
29	Nick Thomas	236	04:48:02		Vet40	13	Male	Unattached		00:34:39	17.3 min/km	34	11	00:01:51	02:44:00	21.2 m/hr	32	16	00:01:05	01:26:27	7.9 min/m	36	16
30	Simon Pickering	184	04:49:49		Snr30	14	Male	Barracuda Triathlon Club		00:31:38	15.8 min/km	9	6	00:01:20	02:42:20	21.4 m/hr	25	11	00:01:18	01:33:13	8.5 min/m	63	24
31	Andy Smith	220	04:49:49		Snr30	15	Male	Cleveland Triathlon Club		00:35:14	17.6 min/km	43	19	00:01:50	02:45:37	21.0 m/hr	37	15	00:01:08	01:26:00	7.8 min/m	33	14
32	Brian Roberts	198	04:50:52		Vet50	1	Male	Cleveland Triathlon Club		00:43:17	21.6 min/km	135	11	00:01:49	02:49:16	20.6 m/hr	51	1	00:01:12	01:15:17	6.8 min/m	4	1
33	Andrew Wiggins	259	04:52:28		Vet40	14	Male	Calderdale Tri club	E10756	00:38:08	19.1 min/km	85	33	00:01:56	02:48:39	20.6 m/hr	49	21	00:00:54	01:22:51	7.5 min/m	17	7
34	Sam Grant	94	04:54:35		Snr20	4	Male	Ryton Tri Club		00:34:29	17.2 min/km	32	3	00:01:14	02:47:51	20.7 m/hr	45	5	00:00:57	01:30:04	8.2 min/m	48	4
35	Alan Henry	107	04:54:39		Vet40	15	Male	Tyne Triathlon		00:41:13	20.3 min/km	122	46	00:01:46	02:44:51	21.1 m/hr	33	17	00:00:49	01:25:59	7.8 min/m	32	14
36	Michael Beadle	13	04:55:13		Vet40	16	Male	Barracuda Triathlon Club	E131180	00:42:44	21.4 min/km	129	49	00:02:20	02:43:14	21.3 m/hr	29	14	00:01:01	01:25:53	7.8 min/m	31	13
37	Matthew Hodgson	112	04:55:31		Snr30	16	Male	Scarab Triathlon Club	TBC	00:35:06	17.5 min/km	41	18	00:01:46	02:52:19	20.2 m/hr	68	28	00:01:13	01:25:07	7.7 min/m	26	12
38	Brian Allen	2	04:56:22		Vet50	2	Male	CarlisleTri Club	E130376	00:35:25	17.7 min/km	47	4	00:01:26	02:51:22	20.3 m/hr	62	4	00:00:45	01:27:24	7.9 min/m	41	2
39	Richard Marsay	151	04:56:33		Vet40	17	Male	Darlington Triathlon Club		00:40:40	20.3 min/km	118	44	00:01:32	02:50:45	20.4 m/hr	59	22	00:01:02	01:22:34	7.5 min/m	16	6
40	Neil Sleeman	219	04:56:49		Snr30	17	Male	Durham Triathlon Club	E1030079	00:35:53	17.9 min/km	55	24	00:02:36	02:55:00	19.9 m/hr	83	30	00:00:57	01:22:23	7.5 min/m	15	8
41	Scott Gall	87	04:57:06		Snr30	18	Male	Total Racing International	E135916	00:31:40	15.8 min/km	10	7	00:01:00	02:46:41	20.9 m/hr	40	17	00:00:52	01:36:53	8.8 min/m	81	32
42	Stewart Gormley	91	04:57:18		Snr30	19	Male	Unattached		00:35:33	17.8 min/km	51	22	00:02:08	02:43:03	21.3 m/hr	28	12	00:01:15	01:35:19	8.7 min/m	70	28
43	Chris Kempton	129	04:57:22		Vet40	18	Male	Leeds And Bradford Triathlon Club	e134744	00:37:35	18.8 min/km	75	27	00:01:20	02:45:05	21.1 m/hr	35	19	00:00:36	01:32:46	8.4 min/m	58	26
44	Jaci Swinbank	233	04:57:31		Vet40	1	Female	Ryton Tri Club		00:36:36	18.3 min/km	62	2	00:01:08	02:48:17	20.7 m/hr	48	1	00:01:30	01:30:00	8.2 min/m	47	1
45	Owen Mullen	168	05:01:19		Vet40	19	Male	Durham Triathlon Club		00:35:23	17.7 min/km	44	14	00:01:31	02:52:31	20.2 m/hr	70	26	00:01:36	01:30:18	8.2 min/m	49	22
46	Paul Ritson	197	05:01:38		Snr30	20	Male	CarlisleTri Club	E137877	00:29:24	14.7 min/km	6	3	00:01:25	02:41:43	21.5 m/hr	23	10	00:01:18	01:47:48	9.8 min/m	136	45
47	Tim Pigott	185	05:02:10		Snr20	5	Male	Ryton Tri Club	E126568	00:38:20	19.2 min/km	88	10	00:01:28	02:50:35	20.4 m/hr	56	7	00:01:12	01:30:34	8.2 min/m	51	5
48	Ian Foster	83	05:03:59		Snr30	21	Male	Tri-Lakeland		00:37:45	18.9 min/km	79	29	00:01:53	02:48:49	20.6 m/hr	50	22	00:01:56	01:33:36	8.5 min/m	65	25
49	Jamie Farr	79	05:04:11		Snr30	22	Male	Barracuda Triathlon Club		00:40:32	20.3 min/km	115	38	00:01:04	02:47:10	20.8 m/hr	43	20	00:01:31	01:33:54	8.5 min/m	68	27
50	Donna Edmondson booker	70	05:04:22		Snr30	1	Female	Leeds And Bradford Triathlon Club	e15147	00:44:31	22.3 min/km	146	10	00:01:12	02:53:13	20.1 m/hr	74	1	00:00:40	01:24:45	7.7 min/m	24	1
51	Paul Dicker	66	05:04:28		Snr30	23	Male	Unattached		00:39:36	19.8 min/km	98	34	00:04:43	02:49:30	20.5 m/hr	52	23	00:01:30	01:29:09	8.1 min/m	43	17
52	Kieran Otoole	176	05:04:38		Vet40	20	Male	Unattached		00:35:53	17.9 min/km	54	17	00:02:47	02:54:02	20.0 m/hr	80	33	00:02:42	01:29:14	8.1 min/m	44	19
53	Keith Christie	46	05:05:53		Snr30	24	Male	NE31 Tri Club	e131317	00:41:47	20.9 min/km	127	44	00:02:08	02:47:56	20.7 m/hr	46	21	00:01:01	01:33:00	8.5 min/m	60	21
54	Thomas Davies	60	05:05:57		Snr20	6	Male	Unattached		00:36:16	18.1 min/km	59	7	00:01:21	02:50:43	20.4 m/hr	58	8	00:00:53	01:36:44	8.8 min/m	79	8
55	Scott Watson	252	05:06:01		Snr30	25	Male	Unattached		00:28:38	14.3 min/km	5	2	00:01:06	03:00:15	19.3 m/hr	101	38	00:00:36	01			

66	Eric Delmont	62	05:09:01		Vet40	24	Male	Unattached			00:36:49	18.4 min/km	67	22	00:01:38	02:45:05	21.1 m/hr	34	18	00:01:57	01:43:32	9.4 min/m	118	46
67	Edward Hinton	110	05:09:13		Snr20	9	Male	White Rose Triathletes	E122084		00:39:12	19.6 min/km	92	11	00:02:20	02:52:26	20.2 m/hr	69	9	00:01:30	01:33:45	8.5 min/m	67	7
68	Andy Faint	77	05:10:23		Vet40	25	Male	Unattached			00:37:12	18.6 min/km	70	25	00:03:37	03:02:18	19.1 m/hr	110	47	00:01:54	01:25:22	7.8 min/m	28	11
69	Andrew Bennett	18	05:10:51		Vet40	26	Male	Unattached			00:36:12	18.1 min/km	58	19	00:02:06	02:40:36	21.7 m/hr	20	9	00:01:03	01:50:54	10.1 min/m	151	62
70	Sheldon Cockburn	49	05:10:51		Snr30	28	Male	Unattached			00:43:20	21.7 min/km	136	46	00:01:16	02:51:59	20.2 m/hr	66	27	00:01:24	01:32:51	8.4 min/m	59	20
71	Paul Dale	58	05:11:02		Vet40	27	Male	Leicester TC			00:40:14	20.1 min/km	109	42	00:02:16	02:51:22	20.3 m/hr	63	24	00:01:16	01:35:54	8.7 min/m	73	29
72	Brian McCartney	153	05:11:41		Snr30	29	Male	Darlington Triathlon Club			00:45:32	22.8 min/km	162	52	00:01:34	02:47:04	20.8 m/hr	42	19	00:01:04	01:36:26	8.8 min/m	75	30
73	Mark Trayford	239	05:11:51		Vet40	28	Male	Leeds And Bradford Triathlon Club	E132066		00:35:11	17.6 min/km	42	13	00:01:16	02:51:47	20.3 m/hr	65	25	00:01:09	01:42:28	9.3 min/m	111	43
74	Natalie Batey	12	05:12:44		Snr20	1	Female	Ryton Tri Club			00:32:00	16.0 min/km	14	1	00:01:13	02:57:27	19.6 m/hr	93	1	00:00:54	01:41:10	9.2 min/m	101	2
75	Louise Roberts	199	05:13:48		Snr30	2	Female	Unattached			00:28:25	14.2 min/km	3	1	00:01:42	03:07:23	18.6 m/hr	128	2	00:00:55	01:35:23	8.7 min/m	71	3
76	Nigel Wilkinson	261	05:14:07		Snr30	30	Male	Darlington Triathlon Club	E133368		00:49:42	24.8 min/km	186	55	00:01:50	02:50:40	20.4 m/hr	57	26	00:01:10	01:30:45	8.3 min/m	53	18
77	Chris Elletson	72	05:14:14		Snr30	31	Male	Barracuda Triathlon Club			00:37:20	18.7 min/km	73	27	00:02:20	02:59:22	19.4 m/hr	97	35	00:01:32	01:33:40	8.5 min/m	66	26
78	Steve Girling	88	05:14:30		Vet40	29	Male	Barracuda Triathlon Club										194	76	00:01:05	01:41:25	9.2 min/m	105	38
79	Lee White	258	05:14:36		Snr30	32	Male	Leicester TC			00:34:14	17.1 min/km	31	14	00:01:57	02:49:30	20.5 m/hr	53	24	00:01:07	01:47:48	9.8 min/m	137	46
80	Jonathan Skidmore	218	05:14:38		Snr30	33	Male	Cleveland Triathlon Club			00:33:39	16.8 min/km	30	13	00:02:25	03:00:59	19.2 m/hr	105	40	00:01:01	01:36:34	8.8 min/m	77	31
81	Denise Parkin	178	05:14:40		Vet40	2	Female	Ryton Tri Club			00:40:04	20.0 min/km	106	3	00:01:17	02:51:36	20.3 m/hr	64	2	00:01:26	01:40:17	9.1 min/m	97	2
82	Christopher Mckee	155	05:14:43		Snr30	34	Male	Unattached			00:37:29	18.7 min/km	74	28	00:01:56	02:52:37	20.2 m/hr	71	29	00:01:13	01:41:28	9.2 min/m	106	39
83	Tom Pratt	190	05:14:54		Snr20	10	Male	Leeds And Bradford Triathlon Club			00:35:23	17.7 min/km	45	6	00:01:08	02:47:58	20.7 m/hr	47	6	00:01:03	01:49:22	9.9 min/m	147	11
84	Lucy Walker	249	05:16:23		Snr20	2	Female	Unattached			00:36:18	18.1 min/km	60	2	00:01:55	03:10:02	18.3 m/hr	136	2	00:01:01	01:27:07	7.9 min/m	39	1
85	Paul Young	270	05:17:37		Snr30	35	Male	Cleveland Triathlon Club			00:35:24	17.7 min/km	46	20	00:01:32	03:01:59	19.1 m/hr	109	41	00:01:38	01:37:04	8.6 min/m	83	34
86	Leahn Parry	179	05:17:45		Snr30	36	Male	TriTalk.co.uk	R753		00:41:13	20.6 min/km	123	42	00:02:08	02:59:28	19.4 m/hr	98	36	00:01:44	01:33:11	8.5 min/m	62	22
87	Bri Anderson	3	05:18:05		Vet40	30	Male	NE31 Tri Club															191	76
88	David Wood	264	05:18:08		Vet40	31	Male	Unattached	E134516		00:38:17	19.1 min/km	86	34	00:02:17	02:56:28	19.7 m/hr	90	38	00:01:41	01:39:25	9.0 min/m	92	33
89	Dave Murray	170	05:18:20		Vet40	32	Male	Cleveland Triathlon Club			00:36:40	18.3 min/km	64	20	00:00:51	02:53:54	20.0 m/hr	78	31	00:01:01	01:45:54	9.6 min/m	130	54
90	Mark Elliott	73	05:18:36		Vet50	6	Male	Tri@TeesdaleCRC	E11164		00:32:33	16.3 min/km	27	2	00:03:06	03:02:36	19.1 m/hr	112	8	00:02:20	01:38:01	8.9 min/m	87	6
91	Stephen Catterick	40	05:19:39		Vet40	33	Male	Unattached			00:46:44	23.4 min/km	171	68	00:02:26	02:53:26	20.1 m/hr	75	28	00:02:30	01:34:33	8.6 min/m	69	28
92	Stuart Jeffries	124	05:19:41		Vet40	34	Male	Leeds And Bradford Triathlon Club			00:37:50	18.9 min/km	81	30	00:01:47	02:54:32	19.9 m/hr	82	34	00:01:45	01:43:47	9.4 min/m	121	49
93	John Nuttall	171	05:19:49		Vet40	35	Male	Barracuda Triathlon Club			00:37:17	18.6 min/km	71	26	00:02:41	02:53:50	20.0 m/hr	77	30	00:03:05	01:42:56	9.4 min/m	115	45
94	Richard Buckle	31	05:19:56		Vet40	36	Male	Unattached			00:40:03	20.0 min/km	105	39	00:03:29	03:02:19	19.1 m/hr	111	48	00:01:42	01:32:23	8.4 min/m	57	25
95	Martin Graham	93	05:20:12	+00:02:00	Vet40	37	Male	CarlisleTri Club	E130535		00:39:56	20.0 min/km	103	38	00:01:37	02:53:39	20.0 m/hr	76	29	00:01:19	01:41:41	9.2 min/m	108	40
96	Mandy Faint	78	05:20:20		Vet40	38	Female	Unattached	E137826		00:37:04	18.5 min/km	69	24	00:02:35	02:55:38	19.8 m/hr	85	35	00:01:27	01:43:36	9.4 min/m	120	48
97	Andrew Kerry	132	05:20:43		Vet40	39	Male	Holmfirth Harriers			00:45:01	22.5 min/km	156	59	00:02:01	02:50:50	20.4 m/hr	60	23	00:00:54	01:41:56	9.3 min/m	109	41
98	Martin Ormston	174	05:21:37		Snr30	37	Male	Total Racing International			00:44:42	22.4 min/km	152	50	00:02:32	02:55:06	19.9 m/hr	84	31	00:01:39	01:37:37	8.9 min/m	84	35
99	Michael Patterson	180	05:22:39		Vet40	40	Male	Unattached			00:45:02	22.5 min/km	157	60	00:02:03	03:04:27	18.9 m/hr	117	50	00:01:30	01:29:36	8.1 min/m	45	20
100	Dave King	133	05:24:12		Vet40	41	Male	Durham Triathlon Club	E134847		00:42:47	21.4 min/km	130	50	00:02:55	03:06:36	18.6 m/hr	117	55	00:01:33	01:30:20	8.2 min/m	50	23
101	Chris Burt	35	05:24:44		Vet40	42	Male	NYP Tri			00:40:12	20.1 min/km	108	41	00:02:02	02:53:10	20.1 m/hr	72	27	00:01:01	01:48:19	9.8 min/m	139	56
102	David Morley	164	05:25:17		Vet40	43	Male	Leeds And Bradford Triathlon Club			00:44:40	22.3 min/km	149	56	00:01:55	02:57:49	19.6 m/hr	94	39	00:01:07	01:39:45	9.1 min/m	94	34
103	Danny Braun	26	05:25:19		Snr20	11	Male	Cleveland Triathlon Club			00:39:13	19.6 min/km	93	12	00:01:55	03:04:14	18.9 m/hr	116	11	00:01:23	01:38:34	9.0 min/m	90	9
104	Simon Knopp	136	05:25:33		Snr30	38	Male	Barracuda Triathlon Club	E132746		00:45:15	22.6 min/km	161	51	00:02:26	03:03:18	19.0 m/hr	115	43	00:01:19	01:33:14	8.5 min/m	64	24
105	Graham Harmse	101	05:25:49		Vet40	44	Male	CarlisleTri Club			00:35:25	17.7 min/km	48	15	00:01:34	03:03:06	19.0 m/hr	113	49	00:00:57	01:44:47	9.5 min/m	125	51
106	Drew Swinburne	234	05:25:56		Vet40	45	Male	Total Racing International	E137856		00:40:04	20.0 min/km	107	40	00:01:33	03:01:34	19.2 m/hr	107	45	00:01:15	01:41:30	9.2 min/m	107	39
107	Zoe Thornburgh	238	05:25:57		Snr30	3	Female	Wootton Tri			00:40:16	20.1 min/km	110	4	00:02:15	03:10:50	18.2 m/hr	140	4	00:02:01	01:30:35	8.2 min/m	52	2
108	Chris Pearson	182	05:26:04		Vet50	7	Male	Unattached			00:32:45	16.4 min/km	28	3	00:01:57	03:04:53	18.8 m/hr	122	9	00:02:18	01:44:11	9.5 min/m	123	11
109	Jon Cooper	52	05:26:38		Vet40	46	Male	NYP Tri			00:37:50	18.9 min/km	80	29	00:03:22	03:01:12	19.2 m/hr	106	44	00:01:42	01:42:32	9.3 min/m	112	44
110	Rob Charles	44	05:27:26		Snr30	39	Male	Derby Triathlon Club			00:32:03	16.0 min/km	16	9	00:02:11	03:05:26	18.8 m/hr	124	44	00:01:41	01:46:05	9.6 min/m	131	41
111	Ian Burdis	32	05:27:39		Snr30	40	Male	Mansfield Triathlon Club			00:40:47	20.4 min/km	120	41	00:01:49	02:57:13	19.6 m/hr	91	33	00:01:09	01:46:39	9.7 min/m	132	42
112	Robert Colledge	50	05:27:43		Vet50	8	Male	Unattached			00:46:49	23.4 min/km	173	16	00:02:28	02:55:54	19.8 m/hr	86	7	00:01:21	01:41:11	9.2 min/m	102	8
113	Ian Hornby	115	05:29:14		Snr30	41	Male	CarlisleTri Club			00:41:42	20.9 min/km	125	43	00:01:25	02:56:07	19.8 m/hr	87	32	00:01:25	01:48:34	9.9 min/m	142	47
114	Alan Dale	57	05:29:58		Vet50	9	Male	Barracuda Triathlon Club	e132434		00:38:07	19.1 min/km	84	7	00:09:33	02:50:25	20.4 m/hr	55	2	00:01:18	01:50:34	10.1 min/m	150	12
115	Bob Hogg	113	05:30:08		Vet50	10	Male	Ryton Tri Club	E6658		00:39:29	19.7 min/km	94	8	00:01:18	03:05:29	18.8 m/hr	125	10	00:01:13	01:42:39	9.3 min/m	113	9
116	David Lawson	138	05:31:14		Vet40	47	Male	Durham Triathlon Club			00:45:49	22.9 min/km	163	63	00:03:07	02:59:06	19.4 m/hr	96	40	00:01:05	01:42:06	9.3 min/m	110	42
117	Andrew Kirk	134	05:31:20		Snr30	42	Male	Leeds And Bradford Triathlon Club	E129492		00:40:32	20.3 min/km	116	39	00:02:25	02:59:29	19.4 m/hr	99	37	00:01:46	01:47:08	9.7 min/m	134	44
118	Mark Salmon	209	05:31:26	+00:02:00	Snr30	43	Male	Lincsquad			00:43:16	21.6 min/km	134	45	00:02:37	02:57:15	19.6 m/hr	92	34	00:01:27	01:44:50	9.5 min/m	126	40
119	Grant Mctaggart	159	05:31:32		Vet40	48	Male	Darlington Triathlon Club			00:41:16	20.6 min/km	124	47	00:02:27	02:53:56	20.0 m/hr	79	32	00:01:56	01:51:56	10.2 min/m	155	65
120	Gerhard Mueller	167	05:31:55		Vet40	49	Male	Unattached	E135288		00:46:36	23.3 min/km	170	67	00:02:53	03:00:16	19.3 m/hr	102	42	00:02:10	01:40:00	9.1 min/m	95	35
121	Steve Milner	162	05:32:26		Vet40																			

133	Shaun Willox	262	05:39:05		Vet50	11	Male	Barracuda Triathlon Club	E124161	00:43:33	21.8 min/km	138	12	00:01:46	03:09:29	18.4 m/hr	133	11	00:01:00	01:43:16	9.4 min/m	117	10
134	Nick Creek	55	05:39:08		Snr20	12	Male	Unattached		00:37:20	18.7 min/km	72	8	00:01:58	03:04:29	18.9 m/hr	118	12	00:03:11	01:52:10	10.2 min/m	156	12
135	Richard Hughes	119	05:40:02		Vet40	57	Male	Darlington Triathlon Club	E124852	00:45:07	22.6 min/km	158	61	00:02:47	03:04:51	18.8 m/hr	121	53	00:01:41	01:45:35	9.6 min/m	129	53
136	Roz Layton	142	05:40:23		Vet50	2	Female	Durham Triathlon Club	E118666	00:38:59	19.5 min/km	89	1	00:01:13	03:17:13	17.6 m/hr	157	2	00:01:43	01:41:15	9.2 min/m	103	2
137	Colin Storrar	230	05:40:37		Snr30	47	Male	Unattached		00:40:28	20.2 min/km	113	37	00:02:38	03:14:26	17.9 m/hr	149	51	00:02:06	01:40:59	9.2 min/m	99	37
138	Darren Moutrey	165	05:41:16		Vet40	58	Male	Unattached		00:43:22	21.7 min/km	137	52	00:02:02	03:04:39	18.8 m/hr	120	52	00:01:49	01:49:23	9.9 min/m	148	61
139	Paul Cammock	38	05:42:02		Snr30	48	Male	East Coast Tri		00:35:54	18.0 min/km	56	25	00:01:48	03:09:33	18.4 m/hr	134	47	00:01:36	01:53:11	10.3 min/m	158	49
140	William Crowther	56	05:42:33		Vet40	59	Male	Barracuda Triathlon Club	E133234	00:44:25	22.2 min/km	143	53	00:03:22	03:16:50	17.7 m/hr	156	64	00:01:28	01:36:27	8.8 min/m	76	30
141	Stuart Wallace	250	05:45:57	+00:02:00	Vet40	60	Male	Pactrac - Peterborough Area Combined Triathlon Clu		00:40:42	20.4 min/km	119	45	00:01:35	02:56:27	19.7 m/hr	89	37	00:03:05	02:02:08	11.1 min/m	169	68
142	Jon Zigmund	271	05:46:55		Vet50	12	Male	NYP Tri	E13063	00:43:48	21.9 min/km	139	13	00:02:16	03:19:14	17.5 m/hr	163	14	00:01:29	01:40:07	9.1 min/m	96	7
143	Graeme Harvey	102	05:47:10		Vet40	61	Male	Unattached		00:38:04	19.0 min/km	82	31	00:02:58	03:15:57	17.8 m/hr	153	62	00:01:33	01:48:38	9.9 min/m	143	58
144	Andy Bewell	21	05:47:38		Vet40	62	Male	Leeds And Bradford Triathlon Club	E131245	00:36:57	18.5 min/km	68	23	00:00:57	03:01:36	19.2 m/hr	108	46	00:01:40	02:06:28	11.5 min/m	177	69
145	Michelle Mctaggart	160	05:48:29		Vet40	3	Female	Darlington Triathlon Club	E133420	00:45:13	22.6 min/km	159	5	00:01:54	03:08:51	18.4 m/hr	131	3	00:01:09	01:51:21	10.1 min/m	154	4
146	Gary Hatch	104	05:48:41		Vet40	63	Male	Leeds And Bradford Triathlon Club		00:44:41	22.3 min/km	150	57	00:02:25	03:21:45	17.2 m/hr	169	70	00:01:20	01:38:29	9.0 min/m	89	32
147	David Sainsbury	208	05:49:37		Snr30	49	Male	Unattached	E133270	00:32:11	16.1 min/km	19	11	00:01:34	03:21:30	17.3 m/hr	168	53	00:01:09	01:53:13	10.3 min/m	159	50
148	James Kerridge	131	05:50:37		Snr20	13	Male	NYP Tri		00:32:24	16.2 min/km	24	2	00:01:51	03:11:24	18.2 m/hr	141	13	00:02:24	02:02:34	11.1 min/m	171	14
149	Simon Kirkby	135	05:52:16		Snr30	50	Male	Unattached		00:38:20	19.2 min/km	87	30	00:02:31	03:08:03	18.5 m/hr	129	46	00:03:53	01:59:28	10.9 min/m	165	52
150	Dominic Doran	68	05:53:06		Snr30	51	Male	Unattached		00:44:32	22.3 min/km	147	49	00:02:04	03:13:02	18.0 m/hr	146	50	00:03:42	01:49:45	10.0 min/m	149	48
151	Fraser Gregory	98	05:56:07		Vet40	64	Male	Barracuda Triathlon Club	E130328	00:39:32	19.8 min/km	97	36	00:03:19	03:19:38	17.4 m/hr	166	68	00:02:29	01:51:09	10.1 min/m	153	64
152	John Tyson	246	05:56:25		Vet40	65	Male	Barracuda Triathlon Club	E132732	00:44:38	22.3 min/km	148	55	00:02:51	03:21:23	17.3 m/hr	167	69	00:02:06	01:45:26	9.6 min/m	128	52
153	Kirsty Jones	126	05:56:28		Snr30	5	Female	Ryton Tri Club		00:44:10	22.1 min/km	141	9	00:01:28	03:24:12	17.0 m/hr	174	9	00:01:32	01:45:05	9.6 min/m	127	7
154	Anna Hatton	105	05:56:34		Snr20	3	Female	Cleveland Triathlon Club		00:46:13	23.1 min/km	165	3	00:02:59	03:21:58	17.2 m/hr	171	3	00:02:10	01:43:13	9.4 min/m	116	3
155	Alan Mccartney	152	05:56:52		Vet60	1	Male	Barracuda Triathlon Club	E123685	00:37:36	18.8 min/km	76	1	00:02:41	03:17:40	17.6 m/hr	158	1	00:01:23	01:57:32	10.7 min/m	162	1
156	Helen Stockport	227	05:56:52		Snr30	6	Female	Durham Triathlon Club		00:57:01	28.5 min/km	190	15	00:03:38	03:14:54	17.9 m/hr	150	5	00:01:42	01:39:36	9.1 min/m	93	5
157	Rebecca Dicker	67	05:57:35		Snr30	7	Female	Unattached		00:40:02	20.0 min/km	104	3	00:04:16	03:33:22	16.3 m/hr	181	11	00:02:16	01:37:39	8.9 min/m	85	4
158	John Clarke	47	05:58:48		Vet50	13	Male	Tri@TeesdaleCRC		00:47:50	23.9 min/km	177	17	00:02:01	03:13:54	17.9 m/hr	148	13	00:02:05	01:52:58	10.3 min/m	157	13
159	Tony Richardson	195	06:02:12		Vet40	66	Male	Tri@TeesdaleCRC		00:48:17	24.1 min/km	181	70	00:03:09	03:15:31	17.8 m/hr	152	61	00:04:15	01:51:00	10.1 min/m	152	63
160	Jacqui Ker	130	06:02:33		Snr30	8	Female	Barracuda Triathlon Club	r3121	00:44:49	22.4 min/km	154	11	00:03:11	03:23:08	17.1 m/hr	172	8	00:02:18	01:49:06	9.9 min/m	145	10
161	Nick Revington	194	06:03:06		Snr30	52	Male	Unattached		00:40:38	20.3 min/km	117	40	00:02:04	03:24:17	17.0 m/hr	176	54	00:01:09	01:54:58	10.5 min/m	161	51
162	Clive Blakie	22	06:03:46		Vet50	14	Male	Ryton Tri Club	E	00:47:56	24.0 min/km	178	18	00:01:24								192	17
163	John Wilson	263	06:05:21		Vet50	15	Male	Barracuda Triathlon Club	E7681	00:42:59	21.5 min/km	132	10	00:04:22	03:12:47	18.1 m/hr	145	12	00:03:04	02:02:08	11.1 min/m	170	15
164	Anthony Turner	244	06:06:18		Vet50	16	Male	CarlisleTri Club		00:40:23	20.2 min/km	111	9	00:02:41	03:19:24	17.5 m/hr	164	15	00:01:47	02:02:03	11.1 min/m	168	14
165	Samantha Edwardson	71	06:06:25		Vet40	4	Female	Darlington Triathlon Club	E127566	00:34:52	17.4 min/km	37	1	00:02:00	03:26:18	16.9 m/hr	177	5	00:01:52	02:01:23	11.0 min/m	167	5
166	Darren Chapman	43	06:06:57		Vet40	67	Male	Darlington Triathlon Club		00:46:17	23.1 min/km	166	64	00:02:46	03:21:49	17.2 m/hr	170	71	00:01:58	01:54:07	10.4 min/m	160	66
167	Matt Cawood	41	06:07:04		Vet40	68	Male	Unattached	E127102	00:44:31	22.3 min/km	145	54	00:03:24	03:29:57	16.6 m/hr	179	72	00:01:35	01:47:36	9.8 min/m	135	55
168	Nichola Bellard	16	06:07:16		Snr30	9	Female	3xTri		00:40:26	20.2 min/km	112	5	00:02:34	03:19:31	17.4 m/hr	165	7	00:01:21	02:03:24	11.2 min/m	174	13
169	Debra Goddard	89	06:07:17		Vet40	5	Female	Durham Triathlon Club	E136949	00:44:45	22.4 min/km	153	4	00:01:59	03:36:21	16.1 m/hr	183	6	00:01:25	01:42:46	9.3 min/m	114	3
170	Paul Bennett	19	06:07:42		Vet40	69	Male	Sun City Tri	E127167	00:46:36	23.3 min/km	169	66	00:01:55	03:10:22	18.3 m/hr	138	58	00:01:25	02:07:24	11.6 min/m	179	71
171	Jennifer Ball	9	06:10:05		Snr30	10	Female	Unattached	E136118	00:43:53	21.9 min/km	140	8	00:02:38	03:37:43	16.0 m/hr	184	12	00:01:04	01:44:46	9.5 min/m	124	6
172	Clare Westwood	257	06:11:53		Snr30	11	Female	Darlington Triathlon Club	E134770	00:46:21	23.2 min/km	167	12	00:02:25	03:15:13	17.8 m/hr	151	6	00:03:41	02:04:13	11.3 min/m	175	14
173	Carl Pearson	181	06:15:29		Vet40	70	Male	Unattached		00:42:52	21.4 min/km	131	51	00:02:35	03:16:18	17.7 m/hr	154	63	00:01:34	02:12:09	12.0 min/m	182	73
174	Jerome Macsween	150	06:16:15		Snr30	53	Male	Cleveland Triathlon Club		00:39:31	19.8 min/km	95	32	00:01:34	03:16:29	17.7 m/hr	155	52	00:02:52	02:15:49	12.3 min/m	184	53
175	Simon Leake	143	06:16:40		Vet40	71	Male	Unattached		00:45:14	22.6 min/km	160	62	00:03:18	03:18:01	17.6 m/hr	160	65	00:03:34	02:06:32	11.5 min/m	178	70
176	Adam Worsley	267	06:16:43		Snr20	14	Male	Unattached		00:42:29	21.2 min/km	128	14	00:02:03	03:24:16	17.0 m/hr	175	15	00:03:32	02:04:22	11.3 min/m	176	15
177	Tim Welbourn	254	06:17:27		Vet50	17	Male	Barracuda Triathlon Club		00:46:47	23.4 min/km	172	15	00:02:22	03:23:38	17.1 m/hr	173	16	00:01:49	02:02:51	11.2 min/m	173	16
178	Mike Leitch	146	06:18:53		Vet40	72	Male	Barracuda Triathlon Club		00:48:33	24.3 min/km	183	71	00:02:49	03:35:12	16.2 m/hr	182	73	00:02:59	01:49:20	9.9 min/m	146	60
179	Angela Went	255	06:19:39		Snr30	12	Female	NYP Tri		00:48:31	24.3 min/km	182	13	00:02:58	03:37:45	16.0 m/hr	185	13	00:02:00	01:48:25	9.9 min/m	141	9
180	Richard Wylde	268	06:20:49		Snr30	54	Male	Craven Energy Triathlon Club		00:46:08	23.1 min/km	164	53	00:02:30	03:12:27	18.1 m/hr	144	49	00:01:42	02:18:01	12.5 min/m	185	54
181	Fiona Smith	221	06:22:19		Snr30	13	Female	Cleveland Triathlon Club		00:43:04	21.5 min/km	133	7	00:01:29	03:33:04	16.3 m/hr	180	10	00:01:56	02:02:45	11.2 min/m	172	12
182	Andrew Robson	201	06:24:20		Snr20	15	Male	Durham Triathlon Club		01:00:09	30.1 min/km	194	15	00:02:45	03:17:57	17.6 m/hr	159	14	00:02:31	02:00:57	11.0 min/m	166	13
183	Ian Tutty	245	06:24:20		Vet40	73	Male	Durham Triathlon Club		01:04:31	32.3 min/km	195	75	00:03:30	03:04:37	18.8 m/hr	119	51	00:02:13	02:09:28	11.8 min/m	180	72

184	Deborah Hassell	103	06:28:12		Vet40	6	Female	NYP Tri	E130396	00:47:31	23.8 min/km	176	6	00:02:27	03:13:10	18.0 m/hr	147	4	00:01:37	02:23:27	13.0 min/m	187	6
185	Kate Eyles	76	06:30:09		Snr30	14	Female	Unattached		00:41:04	20.5 min/km	121	6	00:03:21	03:44:01	15.5 m/hr	187	15	00:02:41	01:59:02	10.8 min/m	164	11
186	Arthur Puckrin	192	06:41:20		Vet70	1	Male	Cleveland Triathlon Club		00:59:03	29.5 min/km	192	1	00:03:03	02:58:31	19.5 m/hr	95	1	00:04:12	02:36:31	14.2 min/m	190	1
187	Diane Stone	229	06:44:35		Snr30	15	Female	Sun City Tri		00:49:06	24.6 min/km	185	14	00:02:16	03:39:39	15.8 m/hr	186	14	00:01:39	02:11:55	12.0 min/m	181	15
188	Paul Orouke	175	06:46:33		Vet40	74	Male	NYP Tri		00:48:54	24.4 min/km	184	72	00:02:53	03:18:38	17.5 m/hr	161	66	00:03:18	02:32:50	13.9 min/m	188	75
189	Melvyn Olley	173	06:52:02		Vet40	75	Male	Sun City Tri		01:00:04	30.0 min/km	193	74	00:03:43	03:47:25	15.3 m/hr	189	74	00:02:42	01:58:08	10.7 min/m	163	67
190	Jenny Stewart	225	06:53:58		Vet50	3	Female	Ryton Tri Club		00:47:18	23.6 min/km	175	2	00:02:48	03:44:03	15.5 m/hr	188	3	00:01:24	02:18:25	12.6 min/m	186	3
191	Christopher Jones	125	07:03:57		Vet40	76	Male	Unattached		00:51:48	25.9 min/km	188	73	00:05:01	03:50:43	15.1 m/hr	190	75	00:01:51	02:14:33	12.2 min/m	183	74
192	Peter Ball	122	07:33:59		Snr30	55	Male	Unattached		00:47:07	23.6 min/km	174	54	00:04:42	04:06:27	14.1 m/hr	192	56	00:02:00	02:33:43	14.0 min/m	189	55
193	Paul Cain	36	07:44:57		Snr30	56	Male	Durham Triathlon Club		01:07:44	33.9 min/km	196	57	00:04:10	03:54:38	14.8 m/hr	191	55	00:01:27	02:36:56	14.3 min/m		
	Mark Browne	30			Snr30		Male	NYP Tri	E124074	00:44:54	22.5 min/km			00:02:24	03:26:02	16.9 m/hr							
	Roy Burne	34			Vet40		Male	Hartlepool Triathletes.com		00:35:39	17.8 min/km			00:01:18									
	Graham Bradshaw	25			Vet50		Male	Durham Triathlon Club	e133675	00:38:49	19.4 min/km			00:02:37	02:43:17	21.3 m/hr			00:01:15				
	David Bell	15			Vet50		Male	Tyne Triathlon		00:34:54	17.4 min/km			00:02:26									
	Paul Bennington	20			Snr30		Male	Unattached		00:31:40	15.8 min/km			00:01:03	02:37:40	22.1 m/hr			00:01:29				
	Kelvin Ara	5			Snr30		Male	Unattached		00:49:02	24.5 min/km			00:02:13									
	Ian Baggett	8			Snr30		Male	Total Racing International		00:38:13	19.1 min/km			00:01:18									
	Kevin Dean	61			Vet50		Male	Barracuda Triathlon Club		00:44:40	22.3 min/km			00:04:11									
	Paul Devlin	65			Snr30		Male	Unattached		00:40:22	20.2 min/km			00:02:31	03:19:50	17.4 m/hr			00:02:40				
	Huw Lippiatt	147			Snr30		Male	Unattached		00:39:56	20.0 min/km			00:01:57									
	Ian Laidler	137			Snr20		Male	Sun City Tri	e133915	00:32:07	16.1 min/km			00:01:02	03:04:01	18.9 m/hr			00:01:05				
	Kenneth Gray	95			Vet60		Male	Total Racing International		00:49:29	24.7 min/km			00:01:58	03:03:24	19.0 m/hr			00:01:11				
	Phil Gray	96			Snr30		Male	Total Racing International		00:32:04	16.0 min/km			00:00:48	02:32:56	22.8 m/hr							
	Jon Longworth	149			Vet40		Male	Unattached	None	00:46:34	23.3 min/km			00:04:22									
	Nicky Mcgee	154			Snr20		Male	Blackhawkbikes.com		00:30:46	15.4 min/km			00:00:53	02:34:53	22.5 m/hr			00:01:14				
	Keith Pinder	186			Vet50		Male	National Fire Service Triathlon Section		00:37:11	18.6 min/km			00:01:54									
	Johnathan Robson	202			Snr20		Male	Total Racing International	e130349	00:38:22	19.2 min/km			00:00:51	02:48:17	20.7 m/hr			00:01:27				
	Nigel Roe	204			Vet40		Male	Durham Triathlon Club		00:36:05	18.0 min/km			00:01:28	03:09:02	18.4 m/hr			00:00:47				
	Michael Rohlmann	205			Snr20		Male	Unattached		00:39:46	19.9 min/km			00:01:49	03:18:08	17.6 m/hr							
	James Sampson	210			Vet40		Male	Barracuda Triathlon Club		00:38:02	19.0 min/km			00:01:27									
	Gavin Sword	235			Vet50		Male	Sun City Tri	R5584	00:32:20	16.2 min/km			00:01:34									
	Graham Yare	269			Snr30		Male	Army Triathlon Association	E133466	00:41:19	20.7 min/km			00:01:48	03:20:59	17.3 m/hr			00:12:32				