



EVENTS

RESULTS

TRAINING

SWIM

BIKE

RUN

PRODUCTS

NUTRITION

XTT Triathlon - British Cross Triathlon Champs (Scott X Tri Series)

Held on: Sat 24th September 2011

Supported By



Pos	Bib	Name	Cat	Gender	Swim Open	Transition	Bike Offroad	Transition	Run Offroad	Total
1	204	Richard Stannard	MG	male	00:17:44	00:00:52	00:54:26	00:00:24	00:28:52	01:42:18
2	132	Cedric Lassonde	MG	male	00:20:35	00:01:03	00:55:19	00:00:39	00:28:20	01:45:56
3	31	Doug Hall	MD	male	00:19:29	00:00:50	00:56:13	00:00:29	00:30:31	01:47:33
4	43	Graham Wadsworth	ME	male	00:23:30	00:00:34	00:54:42	00:00:38	00:28:45	01:48:09
5	23	Harry Coates	MD	male	00:20:49	00:00:49	00:57:09	00:00:31	00:29:00	01:48:18
6	165	Chris Panayiotou	ME	male	00:19:02	00:00:47	01:02:16	00:00:27	00:30:05	01:52:38
7	126	Garry Hughes	ME	male	00:20:50	00:01:12	01:01:50	00:00:34	00:28:36	01:53:01
8	28	Sean Frost	ME	male	00:24:55	00:01:12	00:55:33	00:00:34	00:31:21	01:53:34
9	65	Matt Chapman	MF	male	00:22:35	00:00:32	00:59:08	00:00:26	00:31:33	01:54:14
10	93	Steve Ferguson	MF	male	00:19:29	00:01:08	00:58:57	00:00:43	00:34:13	01:54:29
11	69	Mat Clarkson	MG	male	00:23:37	00:01:01	00:59:50	00:00:37	00:30:43	01:55:49
12	229	Phil Westoby	MG	male	00:22:49	00:01:24	00:59:34	00:00:38	00:31:44	01:56:09
13	217	James Turton	MG	male	00:23:23	00:01:35	00:59:03	00:00:37	00:32:55	01:57:34
14	108	Matthew Hammerton	MF	male	00:24:49	00:01:45	01:01:19	00:00:40	00:29:52	01:58:24
15	192	Clark Schofield	MG	male	00:22:24	00:01:07	01:02:41	00:00:30	00:32:18	01:59:01
16	25	Paul Davies	MG	male	00:25:57	00:01:16	00:58:22	00:01:05	00:32:29	01:59:09
17	166	Samuel Parker	MB	male	00:20:25	00:00:58	01:04:27	00:00:30	00:33:26	01:59:46
18	142	Kerry Macphee	FE	female	00:24:22	00:01:09	01:03:08	00:00:30	00:31:22	02:00:31
19	112	Jon Heasman	MG	male	00:23:27	00:01:14	01:01:36	00:00:35	00:33:44	02:00:36
20	39	Jacqui Slack	FE	female	00:20:31	00:00:58	01:04:34	00:00:47	00:33:48	02:00:38
21	157	Oliver Mytton	MF	male	00:25:42	00:01:25	01:03:11	00:00:30	00:30:45	02:01:34
22	197	Fraser Smith	MH	male	00:23:29	00:01:32	01:02:08	00:00:46	00:33:48	02:01:43
23	60	John Bousfield	MF	male	00:25:00	00:00:56	01:00:53	00:00:59	00:34:24	02:02:13
24	63	John Brame	MF	male	00:22:45	00:00:55	01:03:06	00:00:58	00:35:47	02:03:31
25	101	Nigel Gregory	MI	male	00:23:13	00:01:37	01:03:49	00:00:51	00:34:33	02:04:03
26	218	Richard Usher	MG	male	00:25:46	00:01:42	01:02:38	00:00:42	00:33:20	02:04:09
27	150	Rob Moore	MI	male	00:24:49	00:01:40	01:03:50	00:00:35	00:34:23	02:05:18
28	189	Michael Salter	MG	male	00:22:55	00:02:49	01:02:41	00:00:54	00:36:13	02:05:32
29	45	Marcus Williams	MH	male	00:22:25	00:01:13	01:01:16	00:00:48	00:40:14	02:05:56
30	144	John Mc Andrew	MI	male	00:25:27	00:01:22	00:59:47	00:00:41	00:38:49	02:06:07
31	38	Marcus Shields	MF	male	00:27:24	00:02:04	01:00:02	00:01:03	00:35:43	02:06:17
32	1	Scott/Stacey/ Faux	Relay		00:26:32	00:00:24	01:03:27	00:00:26	00:35:28	02:06:17
33	14	Paul Atkins	MF	male	00:26:26	00:01:22	01:03:16	00:01:06	00:34:09	02:06:20
34	94	Richard Findlow	MI	male	00:23:28	00:01:24	01:09:54	00:00:47	00:31:43	02:07:15
35	154	Stephen Mott	MG	male	00:20:45	00:01:25	01:07:10	00:00:34	00:37:20	02:07:16
36	128	Sharkie Jaggard	MH	male	00:22:07	00:01:35	01:06:49	00:00:56	00:36:23	02:07:49
37	171	Mike Pillans	MH	male	00:26:41	00:01:00	01:05:51	00:00:33	00:33:57	02:08:02
38	133	Duncan Laurie-Pile	MG	male	00:26:27	00:02:09	01:04:58	00:00:36	00:34:49	02:08:59
39	205	Alex Starling	MF	male	00:22:17	00:02:03	01:08:16	00:00:32	00:36:45	02:09:53
40	234	Michael Young	ME	male	00:00:00	00:00:00	00:00:00	00:00:00	02:10:07	02:10:07
41	137	David Lett	ME	male	00:23:22	00:01:49	01:09:38	00:01:00	00:34:20	02:10:09
42	122	Jamie Hirst	MF	male	00:22:31	00:01:41	01:06:27	00:00:44	00:39:00	02:10:23
43	198	Hugo Smuts	MG	male	00:26:42	00:02:18	01:03:48	00:00:56	00:36:58	02:10:42
44	232	Alan Wylie	ME	male	00:24:48	00:02:06	01:05:40	00:01:17	00:36:56	02:10:47
45	89	Tim Doyle	MH	male	00:26:21	00:01:47	01:07:27	00:00:52	00:35:25	02:11:52
46	11	Phillips/Warner/Wright	Relay		00:26:47	00:00:37	01:06:21	00:00:45	00:37:46	02:12:16
47	176	Andy Porter	MH	male	00:25:05	00:01:50	01:09:02	00:00:48	00:35:36	02:12:21
48	210	Will Thomas	MG	male	00:26:54	00:02:48	01:02:44	00:01:35	00:38:37	02:12:37
49	66	Andy Chatterton	MI	male	00:28:40	00:01:26	01:05:34	00:01:00	00:36:06	02:12:45
50	123	James Hodge	MH	male	00:25:11	00:01:32	01:07:13	00:00:51	00:38:19	02:13:06
51	191	Shaun Satterthwaite	MH	male	00:25:43	00:02:11	01:08:41	00:00:53	00:36:03	02:13:32
52	29	Stephen Gildea	MH	male	00:24:58	00:01:42	01:11:32	00:00:52	00:34:34	02:13:37
53	145	William Mcdonald	MG	male	00:28:28	00:01:37	01:02:31	00:00:41	00:40:24	02:13:41
54	13	Aileen Anderson	FG	female	00:26:03	00:01:33	01:08:33	00:01:00	00:37:22	02:14:30
55	186	Matthew Roebuck	MG	male	00:24:27	00:01:49	01:10:46	00:00:49	00:36:52	02:14:42

56	71	Toby Clay	MG	male	00:28:33	00:03:02	01:06:29	00:01:12	00:35:32	02:14:48
57	58	Peter Bonner	MI	male	00:27:59	00:01:50	01:06:32	00:00:51	00:37:38	02:14:51
58	138	Richard Lewey	MI	male	00:28:50	00:01:42	01:06:40	00:01:02	00:38:12	02:16:26
59	106	Daniel Hall	ME	male	00:26:30	00:02:16	01:09:16	00:00:59	00:37:30	02:16:31
60	173	Marcus Polley	MI	male	00:27:01	00:02:06	01:10:22	00:00:52	00:36:25	02:16:46
61	135	Ian Lee-Emery	MH	male	00:26:37	00:01:53	01:10:21	00:01:09	00:36:55	02:16:55
62	196	Paul Slater	MH	male	00:28:38	00:02:16	01:05:28	00:00:58	00:39:42	02:17:00
63	74	Debbie Cooper	FH	female	00:25:38	00:01:33	01:09:16	00:01:04	00:39:32	02:17:03
64	230	Charlie Wigmore	MI	male	00:25:55	00:02:56	01:10:02	00:01:05	00:37:10	02:17:07
65	103	Adrian Grimmond	MJ	male	00:21:14	00:01:15	01:13:02	00:01:20	00:40:16	02:17:08
66	44	Thomas Wild	ME	male	00:28:05	00:01:14	01:07:11	00:00:39	00:40:08	02:17:18
67	54	Steve Bilton	MF	male	00:31:17	00:02:30	01:04:52	00:00:46	00:38:21	02:17:45
68	105	Craig Gulliford	MH	male	00:24:20	00:01:28	01:08:06	00:01:13	00:42:51	02:17:58
69	70	Rachel Clay	FF	female	00:25:49	00:01:29	01:12:01	00:00:46	00:38:13	02:18:18
70	35	Toby Michelmore	ME	male	00:28:18	00:01:44	01:07:31	00:00:55	00:40:09	02:18:37
71	98	Anthony Goddard	MG	male	00:29:44	00:02:06	01:09:19	00:01:11	00:36:22	02:18:42
72	224	Bill Watson	MI	male	00:28:53	00:02:31	01:09:47	00:00:58	00:36:50	02:18:59
73	104	Green Groenewald	MF	male	00:30:10	00:01:57	01:05:28	00:00:50	00:40:37	02:19:02
74	219	Myburgh Van Aswegen	MF	male	00:28:36	00:03:11	01:05:54	00:01:16	00:40:05	02:19:02
75	80	David De Jong	MF	male	00:31:09	00:02:48	01:07:42	00:01:08	00:36:17	02:19:04
76	190	Till Sanderson	MH	male	00:23:09	00:03:04	01:15:22	00:00:41	00:36:48	02:19:04
77	99	Hugh Goodfellow	MH	male	00:27:10	00:02:15	01:08:14	00:00:55	00:41:24	02:19:58
78	96	Erwin Frank-Schultz	MH	male	00:28:57	00:02:34	01:10:29	00:01:16	00:37:07	02:20:23
79	131	Fabien Lassonde	MF	male	00:28:50	00:03:06	01:15:08	00:01:14	00:32:20	02:20:38
80	124	Ian Howard	MK	male	00:25:56	00:02:07	01:13:51	00:00:44	00:38:09	02:20:48
81	201	Kelvin Spencer	MJ	male	00:28:33	00:02:42	01:10:25	00:00:51	00:38:59	02:21:30
82	82	Adrian Devereux	MI	male	00:27:01	00:02:20	01:11:15	00:01:16	00:39:39	02:21:30
83	68	Matthew Clarke	MG	male	00:29:57	00:03:57	01:15:03	00:01:28	00:31:13	02:21:38
84	119	Sharon Hill	FI	female	00:24:32	00:01:18	01:14:11	00:00:51	00:40:54	02:21:45
85	117	Jaime Hernando	MG	male	00:26:45	00:12:03	01:08:20	00:01:16	00:33:25	02:21:49
86	228	Liz Westman	FE	female	00:27:28	00:02:27	01:08:58	00:00:38	00:42:22	02:21:53
87	7	Harris/Beasley/	Relay		00:26:42	00:00:29	01:20:28	00:00:32	00:34:04	02:22:16
88	52	Luke Barrett	ME	male	00:22:48	00:03:32	01:14:41	00:00:44	00:40:37	02:22:23
89	159	Richard Nash	ML	male	00:30:48	00:02:17	01:08:52	00:00:55	00:39:38	02:22:30
90	152	Charlie Mortleman	MI	male	00:26:00	00:01:40	01:08:58	00:01:01	00:45:06	02:22:44
91	156	Simon Murray	MI	male	00:26:31	00:03:05	01:11:27	00:01:04	00:41:08	02:23:15
92	64	Rob Brown	MG	male	00:28:47	00:02:26	01:09:53	00:00:57	00:41:37	02:23:39
93	208	Rory Taylor	ME	male	00:26:04	00:02:47	01:13:12	00:01:21	00:40:39	02:24:02
94	79	Mark Davidson	MH	male	00:25:56	00:02:49	01:11:45	00:00:59	00:42:50	02:24:20
95	220	James Walker	MD	male	00:33:39	00:02:35	01:04:29	00:00:52	00:44:05	02:25:40
96	148	Ed Milward	ME	male	00:26:38	00:02:31	01:12:10	00:00:53	00:43:43	02:25:55
97	225	Toby Watts	MG	male	00:29:20	00:02:55	01:13:17	00:00:47	00:40:13	02:26:32
98	95	Michael Frankland	MG	male	00:27:23	00:02:54	01:13:47	00:01:14	00:41:40	02:26:58
99	111	Pete Hayward	MJ	male	00:25:00	00:01:36	01:16:55	00:00:27	00:43:10	02:27:08
100	10	Minnis/Hodges/Morrow	Relay		00:22:08	00:00:32	01:21:51	00:00:29	00:42:10	02:27:11
101	113	Adam Hecquet	MG	male	00:28:11	00:01:43	01:17:53	00:00:59	00:38:46	02:27:33
102	46	Eunice Alexander	FI	female	00:24:41	00:01:41	01:15:49	00:01:05	00:44:22	02:27:37
103	110	Neil Harrison	MG	male	00:30:36	00:02:48	01:14:14	00:01:31	00:38:35	02:27:44
104	184	Elsie Roberts	FG	female	00:31:33	00:03:16	01:14:36	00:00:56	00:37:24	02:27:45
105	97	Grant Gibson	MG	male	00:00:00	00:30:55	01:14:39	00:01:35	00:41:01	02:28:10
106	75	Cristiano Corazzini	MF	male	00:25:31	00:01:52	01:16:43	00:01:03	00:43:22	02:28:30
107	211	David Thompson	MJ	male	00:30:03	00:02:15	01:14:31	00:01:07	00:40:36	02:28:31
108	153	Sally Mortleman	FI	female	00:31:20	00:01:56	01:14:10	00:00:53	00:40:14	02:28:33
109	216	Adrian Turner	MH	male	00:30:51	00:03:32	01:11:09	00:00:57	00:42:39	02:29:08
110	212	Pavel Tomek	ME	male	00:33:36	00:02:02	01:13:16	00:00:42	00:39:52	02:29:29
111	9	Swain/Ryan/Karn	Relay		00:23:30	00:00:46	01:18:32	00:00:24	00:46:55	02:30:07
112	221	Damon Walmsley	ME	male	00:29:36	00:04:42	01:15:56	00:01:14	00:39:40	02:31:08
113	149	Jon Mitchell	MH	male	00:28:35	00:02:08	01:21:45	00:00:58	00:37:43	02:31:09
114	4	Burns/Macdoanld/Burgess	Relay		00:26:45	00:00:43	01:23:52	00:00:25	00:39:35	02:31:19
115	222	David Watmore	MJ	male	00:25:53	00:03:10	01:17:32	00:01:00	00:43:59	02:31:34
116	179	Ben Proudlove	MG	male	00:29:12	00:03:13	01:19:29	00:01:06	00:38:53	02:31:53
117	199	Zoe Spain	FE	female	00:29:03	00:02:00	01:15:32	00:01:08	00:44:23	02:32:06
118	77	Simon Croft	MF	male	00:24:46	00:02:12	01:22:02	00:01:20	00:42:01	02:32:20
119	147	Stuart Mcgowan	ML	male	00:30:49	00:02:10	01:11:25	00:00:50	00:47:29	02:32:43
120	26	Sarah Davies	FE	female	00:28:59	00:01:50	01:16:25	00:01:33	00:44:00	02:32:46
121	227	Neil Webster	MF	male	00:30:38	00:02:06	01:12:44	00:01:15	00:46:15	02:32:59
122	72	Michael Cohen	MH	male	00:29:40	00:01:41	01:17:33	00:00:54	00:43:16	02:33:03
123	233	Simon Yates	ME	male	00:31:13	00:02:15	01:16:28	00:01:07	00:42:11	02:33:13
124	19	Anita Buxton	FH	female	00:28:31	00:00:57	01:20:27	00:00:57	00:42:30	02:33:22
125	139	Adam Lewis	MG	male	00:28:20	00:02:28	01:16:22	00:01:00	00:45:28	02:33:37

126	207	Brian Taylor	MH	male	00:33:28	00:03:39	01:12:38	00:01:09	00:43:00	02:33:54
127	76	Graham Crabtree	MG	male	00:29:54	00:02:41	01:14:03	00:01:07	00:46:20	02:34:04
128	87	Kathryn Doris	FF	female	00:27:51	00:02:49	01:17:49	00:00:58	00:44:47	02:34:14
129	158	Steve Nash	MH	male	00:30:07	00:02:21	01:15:43	00:00:57	00:45:35	02:34:43
130	91	Marshal El-Hage	FI	female	00:29:33	00:02:12	01:17:24	00:01:24	00:44:10	02:34:44
131	84	Caroline Ditung	FF	female	00:28:12	00:02:30	01:18:07	00:01:20	00:44:37	02:34:46
132	180	Amanda Purser	FH	female	00:27:47	00:02:22	01:20:48	00:01:13	00:42:47	02:34:56
133	120	Mike Hilton	MI	male	00:30:26	00:02:49	01:17:31	00:00:59	00:43:28	02:35:14
134	134	Yannick Le Moine	MH	male	00:28:26	00:03:31	01:23:54	00:01:07	00:40:19	02:37:16
135	114	Stuart Heighway	ME	male	00:28:44	00:02:34	01:24:52	00:00:31	00:41:19	02:38:00
136	140	Matthew Lewis	MG	male	00:34:14	00:02:24	01:16:14	00:01:04	00:44:10	02:38:06
137	188	Steve Rust	MH	male	00:25:22	00:01:39	01:17:17	00:01:29	00:52:34	02:38:21
138	187	Danielle Rogers	FG	female	00:29:56	00:02:58	01:22:18	00:00:51	00:42:22	02:38:25
139	226	Scot Weaver	MI	male	00:30:09	00:03:17	01:20:23	00:02:15	00:42:22	02:38:26
140	164	Christopher Ogilvie Thompson	MJ	male	00:28:03	00:02:18	01:21:42	00:01:54	00:45:01	02:38:58
141	85	Dick Donovan	MK	male	00:29:44	00:02:23	01:18:34	00:02:21	00:46:11	02:39:14
142	231	Stuart Williams	MG	male	00:26:39	00:02:39	01:29:25	00:01:10	00:39:23	02:39:17
143	8	Isenman/Rowland/Church	Relay		00:35:54	00:00:36	01:19:48	00:00:32	00:42:54	02:39:43
144	47	Dominic Amey	MH	male	00:33:12	00:02:10	01:17:16	00:01:21	00:46:02	02:40:01
145	51	Stephen Baron	MG	male	00:30:13	00:04:00	01:21:25	00:01:27	00:43:06	02:40:10
146	61	Luke Bozeat	MF	male	00:31:45	00:01:36	01:21:13	00:00:51	00:44:58	02:40:23
147	115	Lars Henning	MF	male	00:35:16	00:03:44	01:15:39	00:01:55	00:44:17	02:40:51
148	215	Carl Treleaven	MG	male	00:31:01	00:03:45	01:17:27	00:01:09	00:49:02	02:42:24
149	214	Luca Trebino	MI	male	00:29:00	00:02:48	01:27:05	00:01:14	00:42:19	02:42:26
150	223	Ian Watson	MH	male	00:40:56	00:03:27	01:16:12	00:01:21	00:40:38	02:42:34
151	178	Jonathan Prestidge	MG	male	00:31:52	00:06:05	01:24:17	00:03:00	00:38:41	02:43:54
152	36	Mark Noble	MH	male	00:33:52	00:02:13	01:20:09	00:01:04	00:47:35	02:44:54
153	181	Steven Purser	MJ	male	00:30:42	00:03:32	01:22:22	00:01:32	00:46:49	02:44:57
154	100	Nathan Green	MG	male	00:27:42	00:02:30	01:23:51	00:01:11	00:49:55	02:45:09
155	213	Steven Tott	MH	male	00:28:46	00:02:34	01:24:06	00:01:50	00:48:04	02:45:20
156	151	Anthony Morris	MK	male	00:29:28	00:02:41	01:19:42	00:01:12	00:53:48	02:46:52
157	127	Steve Hunter	MJ	male	00:28:04	00:03:36	01:24:25	00:01:43	00:49:05	02:46:54
158	155	Graham Murphy	MF	male	00:24:53	00:01:19	01:32:46	00:00:58	00:47:13	02:47:08
159	203	Alison Stagg	FI	female	00:28:31	00:02:41	01:22:49	00:01:34	00:53:24	02:48:58
160	200	Rob Spencer	MD	male	00:42:12	00:03:25	01:15:40	00:02:12	00:47:02	02:50:31
161	48	Francesca Azzaro	FG	female	00:33:48	00:03:51	01:33:23	00:00:55	00:39:35	02:51:33
162	116	Erika Henson	FG	female	00:31:35	00:02:48	01:26:49	00:01:08	00:49:42	02:52:02
163	185	Glen Robertson	MI	male	00:33:59	00:03:17	01:27:22	00:01:21	00:47:19	02:53:17
164	3	Champion/Jones/Weighton	Relay		00:20:37	00:00:41	01:39:06	00:00:29	00:53:28	02:54:20
165	6	Flemington/Whitehead/Fisher	Relay		00:43:26	00:01:03	01:28:33	00:00:36	00:42:29	02:56:07
166	86	Clare Donovan	FK	female	00:31:06	00:02:39	01:28:27	00:01:51	00:52:44	02:56:48
167	183	Phil Roach	MF	male	00:32:09	00:01:40	01:30:14	00:01:45	00:54:39	03:00:27
168	53	Barry Bennett	ML	male	00:34:36	00:02:57	01:34:32	00:01:56	00:47:34	03:01:35
169	206	Fay Stevenson	FH	female	00:28:23	00:04:19	01:36:54	00:01:54	00:51:46	03:03:16
170	81	Nick De Meyer	MG	male	00:26:29	00:01:36	01:58:05	00:01:19	00:36:58	03:04:27
171	162	Peter Norman	MN	male	00:43:14	00:02:51	01:28:17	00:00:47	00:50:57	03:06:07
172	49	Andy Baccas	MI	male	00:34:32	00:03:37	01:34:34	00:01:37	00:52:40	03:07:00
173	136	Anna Lee-Emery	FH	female	00:33:00	00:03:27	01:39:10	00:00:54	00:50:41	03:07:12
174	2	Champion/Hannah/Macdonald	Relay		00:26:46	00:00:56	01:47:35	00:00:27	00:52:33	03:08:16
175	146	Tom Mcginley	MF	male	00:37:01	00:03:44	01:41:46	00:00:51	00:45:23	03:08:44
176	57	Paul Bole	MJ	male	00:31:04	00:03:11	01:42:26	00:01:00	00:52:48	03:10:29
177	167	Chris Pearce	ME	male	00:28:31	00:03:23	01:59:14	00:01:27	00:54:23	03:26:57
178	141	Stuart Lumb	MM	male	00:37:47	00:03:07	01:40:31	00:02:08	01:04:49	03:28:22
179	62	Paula Bradley	FH	female	00:33:16	00:03:16	01:49:06	00:01:31	01:03:08	03:30:16
0	121	Chris Hine	MB	male	00:20:43	00:01:31	00:00:00	00:52:15	00:30:46	01:45:15
0	143	Kev May	MH	male	00:24:39	00:01:49	00:00:00	01:10:24	00:40:18	02:17:10
0	160	Dawid Nel	MF	male	00:51:36	00:04:37	00:00:00	00:51:29	00:45:22	02:33:04
0	92	James Endicott	MF	male	00:26:24	00:01:13	01:04:52	00:00:40	00:00:00	00:00:00
0	182	Mark Racher	MF	male	00:21:36	00:01:51	00:00:00	00:00:00	00:00:00	00:00:00
0	78	Jon Darwent	MH	male	00:24:35	00:01:05	00:00:00	00:00:00	00:00:00	00:00:00
0	107	Rachel Hall	FE	female	00:34:44	00:02:18	00:00:00	00:00:00	00:00:00	00:00:00
0	50	Peter Barnes	MJ	male	00:37:30	00:09:26	00:00:00	00:00:00	00:00:00	00:00:00



