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Results for the BALA STANDARD DISTANCE TRIATHLON

Details for this event

Organiser	Wrecsam Triathlon Club	Website	http://www.wrecsamtri.org.uk/
Swim	1500	Open Water	N
Bike	40KM	Date	13/09/2009
Run	10KM	Entry Method	

{Reset Listing} {Show Splits!} {Review Race} {Download CSV File} {Problems?}

Pos	#	Name	Cat	Club	Event time
1	34	DANN BROOK	M-SEN	ACTIVINSTINCT	01:51:37
2	20	JAMES RATCLIFFE	M-SEN	CEEPOTFN RT	01:52:37
3	210	STEPHEN HARRISON	M-SEN	FVS TRI	01:55:35
4	7	ROBERT BOWLES	M-JUN	VOTWO.CO.UK	01:56:07
5	141	PAUL SAVAGE	M-SEN	ATHLETE MATTERS	01:56:22
6	307	DAMION LITTLEWOOD	M-SEN	TRI-1ST	01:56:29
7	26	DOUG HALL	M-SEN	WWW.VOTWO.CO.UK	01:56:41
8	45	DAVID GARNER	M-SEN	BRAT CLUB	01:56:49
9	50	STEPHEN THOMPSON	M-SEN	TRI LONDON	01:57:38
10	117	LUKE MOSELEY	M-SEN	CLIMB ON BIKES	01:57:56
11	306	PETER GOODFELLOW	M-SEN	-	01:58:14
12	314	PAUL HAWKINS	M-SEN	-	01:58:30
13	69	MICK WILLIAMSON	M-SEN	BRAT CLUB	01:58:34
14	87	CARL SHAW	M-SEN	CHARWOOD TRI	01:58:56
15	182	RODGER WILKINS	M-SEN	TRI CLAN	01:59:37
16	124	MARK ROBERTS	M-SEN	MANCHESTER TRI	01:59:38
17	152	JONATHAN TUNE	M-SEN	BRAT CLUB	01:59:41
18	154	KENNETH SVENDSEN	M-SEN	CHESTER TRI	01:59:41
19	30	ANDREW MACRAE	M-SEN	TOTAL RECING INTERNATIONAL	02:00:25
20	106	OLIVER SIMON	M-SEN	PEMBROKESHIRE TRI	02:00:33
21	504	ROB WEST	M-V40	ONE LIFE	02:00:33
22	2	CHRISTOPHER DALE	M-JUN	MANSFIELD TRI	02:00:35
23	74	PAUL SKIPPER	M-SEN	TRI CENTRAL / ZOOT	02:00:43
24	40	KIERAN ROWLANDS	M-SEN	KUDU BIKES	02:00:45
25	48	MICHAEL BRIDGE	M-SEN	FVS TRI	02:01:21
26	592	ANDY BELL	M-V40	MANX TRI	02:01:21
27	222	CHRIS BIDDULPH	M-SEN	ARMY TRI	02:01:23
28	57	ROB BRUNDISH	M-SEN	-	02:01:34
29	22	JAMES DEAN	M-SEN	-	02:01:37*
30	12	ROBERT DUNN	M-SEN	LEEDS & BRADFORD	02:01:42
31	189	ANDREW CAMPBELL	M-SEN	TRI CENTRAL/ZOOT	02:01:52
32	123	JAMES EMERY	M-SEN	TORQ	02:01:55
33	234	TOBY HADDOCK	M-SEN	-	02:02:11
34	318	LOIS ROSINDALE	F-JUN	TEAM ACTIVE-INSTINCT	02:02:13
35	645	ANDY WHITE	M-V40	ROYLES	02:02:20
36	823	RELAY ALAN CRONIN RELAY	U-SEN	RELAY - ALAN CRONIN	02:02:34
37	25	WILLIAM COLLINS	M-SEN	SOMERSET RC TRI	02:02:58
38	18	ROBBIE WHITAKER	M-SEN	-	02:03:03
39	209	EUAN LEES	M-SEN	FUL-ON-TRI	02:03:11
40	128	DAVID BARKER	M-SEN	TOTAL RACING INTERNATIONAL	02:03:14
41	112	NICK HAYNES	M-SEN	FUL-ON-TRI	02:03:26
42	15	ALEX BOOTH	M-SEN	DBMAX	02:03:37
43	286	GAVIN ROGERS	M-SEN	TRICENTRAL	02:03:59
44	379	RHIAN ROXBURGH	F-SEN	TRI CENTRAL	02:04:01
45	119	ROBERT HARVEY	M-SEN	MANCHESTER TRI	02:04:03
46	147	NICK RIDING	M-SEN	WARRINGTON TRI	02:04:11
47	77	JAMES BROWN	M-SEN	THAMES TURBO	02:04:13
48	589	MARIUS KWINT	M-V40	SOUTHAMPTON TRI	02:04:23
49	90	ADRIAN LEONARD	M-SEN	CARNEDDAU TRI	02:04:29
50	271	MARCUS DODD	M-SEN	DRIVEN TO TRI	02:04:31
51	203	MATT SHILLABEER	M-SEN	ASHURST BIKE CLUB	02:04:44
52	83	MARK SYKES	M-SEN	COVENTRY TRI	02:05:12
53	179	CRAIG HUGHES	M-SEN	-	02:05:25
54	41	ALEX HOPSON	M-SEN	DRIVEN2TRI	02:05:34
55	76	IAIN VEITCH	M-SEN	TRI CENTRAL	02:05:48
56	190	SIMON ROXBURGH	M-SEN	CARNEDDAU TRI	02:05:53
57	448	LORETTA SOLLARS	F-V40	BRAT CLUB	02:06:10
58	611	JUAN KINLEY	M-V40	MANX TRI	02:06:10
59	644	CLIVE MIDDLETON	M-V40	-	02:06:13
60	277	ROBERT ADDYMAN	M-SEN	-	02:06:14
61	233	GARETH JONES	M-SEN	-	02:06:18
62	153	PHIL SMITH	M-SEN	TOTAL_RACING_INT.COM	02:06:23
63	810	RELAY THE DRAG FACTOR - RELAY TEAM	U-SEN	THE DRAG FACTOR - RELAY TEAM	02:06:26
64	212	THOMAS KORFF	M-SEN	HILLINGDON TRI	02:06:30


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65	274	JAAP FLIKWEERT	M-SEN	PACTRAC	02:06:59*
66	144	JAMES PEET	M-SEN	WHITE OAK TRI	02:07:08
67	54	ROBERT BIDDLECOMBE	M-SEN	-	02:07:13
68	713	MICHAEL DERRANE	M-V50	MERSEY TRI	02:07:21
69	97	RICHARD EASTON	M-SEN	EXETER TRI	02:07:24
70	226	SIMON PINDER	M-SEN	SHEFFIELD TRI	02:07:35
71	66	PHILLIP DUMA	M-SEN	VO2 MAXIMUM RACING TEAM	02:07:37
72	33	EDWARD FARNELL	M-SEN	MANCHESTER TRI	02:07:40
73	512	MAL ROSE	M-V40	RAF TRI	02:07:41
74	216	PAUL WILLIAMS	M-SEN	WRECSAM TRI	02:07:49
75	496	MICHAEL PROUD	M-V40	-	02:07:57
76	568	DAVID HOLLYOAK	M-V40	THETRIATHLONCOACH.COM	02:07:59
77	246	GLEN MULLINS	M-SEN	MANCHESTER TRI	02:08:00
78	260	VINCENT EDWARDS	M-SEN	CARNEDDAU TRI	02:08:04
79	692	SIMON OSBORNE	M-V40	PENCOED TRI	02:08:11
80	89	MARK LOVEDAY	M-SEN	BRAT CLUB	02:08:25
81	570	MICHAEL GRIFFITHS	M-V40	THETRIATHLONCOACH.COM	02:08:29
82	296	ANDREW BIRCH	M-SEN	TRI SMART	02:08:30
83	1	OWEN MITCHELL	M-JUN	MANCHESTER TRI	02:08:37
84	639	ANDREW TABERNACLE	M-V40	TRI PRESTON	02:08:44
85	594	ANDREW SOUTHALL	M-V40	BLACK COUNTRY TRI	02:08:47
86	21	JACK ALLISON	M-SEN	ROYAL HOLLOWAY	02:09:06
87	571	ADRIAN ROBERTS	M-V40	-	02:09:13
88	556	DAVID WILSON	M-V40	HARTLEPOOL TRI	02:09:28
89	211	DEAN KIRKHAM	M-SEN	ADWICK TRI	02:09:41
90	750	ROB CAUNE	M-V50	-	02:09:50
91	605	ADAM REES	M-V40	PENCOED TRI	02:10:04
92	718	RON EVANS	M-V50	LARKFIELD AC	02:10:05
93	773	MICHAEL DUNNE	M-V50	CLEVELAND TRI	02:10:10
94	75	BEN UNSWORTH	M-SEN	THAMES TURBO	02:10:15
95	593	RUSSELL COLLISTER	M-V40	MANX TRI	02:10:19
96	635	KENNY BEGLEY	M-V40	CHESTER TRI	02:10:20
97	369	PARYS EDWARDS	F-SEN	FUL-ON-TRI	02:10:29
98	92	PATRICK WOOLLEY	M-SEN	FUL-ON-TRI	02:10:43
99	115	STEPHEN LORMOR	M-SEN	SCUNTHORPE TRI	02:10:51
100	55	OLIVER JONES	M-SEN	HILLINGDON TRI	02:10:58
101	697	SHAUN COLGAN	M-V40	-	02:11:06
102	52	PETER STEWART	M-SEN	THAMES TURBO	02:11:10
103	37	STEVE FAULKNER	M-SEN	BRAT CLUB	02:11:12
104	319	HOLLY LAWRENCE	F-JUN	SWANSEA UNI	02:11:12
105	615	ANDY BOWYER	M-V40	WRECSAM TRI	02:11:19
106	668	ROB GRIFFITHS	M-V40	ZOOM TRI	02:11:21
107	818	RELAY TEAM MARINE RELAY	U-SEN	RELAY - TEAM MARINE	02:11:21
108	714	CHRIS MELLOR	M-V50	HIGH PEAK TRI	02:11:24
109	700	MARTIN KERRY	M-V40	TRI PRESTON	02:11:31
110	121	DYLAN JONES	M-SEN	-	02:11:40*
111	175	CONOR MCENTEE	M-SEN	ASHURST BIKE CLUB	02:11:41
112	170	PAUL BRUTON	M-SEN	NEWT	02:11:54
113	49	MICHAEL BOOL	M-SEN	CARDIFF TRI	02:12:01
114	662	ROBERT PETTINGELL	M-V40	OXFORD TRI	02:12:09
115	243	STEVE PENNEY	M-SEN	SHEFFIELD TRI	02:12:10
116	820	RELAY GARETH OWEN RELAY	U-SEN	RELAY - HOLYWELL LEISURE CENTRE	02:12:10
117	584	RUSSELL GODWIN	M-V40	CARNEDDAU TRI	02:12:12
118	134	GERWYN JONES	M-SEN	CARNEDDAU TRI	02:12:13
119	29	BEN ROCKETT	M-SEN	-	02:12:14
120	710	DAVE MAWHINNEY	M-V50	MID SHROPSHIRE WHEELERS	02:12:16
121	502	GRAEME BLAIR	M-V40	SERPENTINE	02:12:18
122	208	MAT IVINGS	M-SEN	HIGH PEAK TRI	02:12:19
123	340	LOUISE KELLY	F-SEN	COLT	02:12:30
124	822	RELAY JEANETTE FOSTER RELAY	U-SEN	RELAY - LEICESTER TRI	02:12:31
125	632	PAUL CUBBON	M-V40	MANX TRI	02:12:45
126	522	RODDY GOSDEN	M-V40	TEWKESBURY TRI	02:12:52
127	223	SCOTT PATRICK	M-SEN	PEMBROKESHIRE TRI	02:12:57*
128	192	STEPHEN PICTON	M-SEN	ADWICK TRI	02:13:04
129	505	TIM BURNETT	M-V40	WRECSAM TRI	02:13:16
130	686	PAUL MASTERTON	M-V40	EDINBURGH TRI	02:13:28
131	180	BEN OLIVER	M-SEN	-	02:13:31
132	631	RICHARD LEE	M-V40	CARNEDDAU TRI	02:13:32
133	151	MARK SURET	M-SEN	CARDIFF TRI	02:13:38
134	88	RIC BALDOCK	M-SEN	THE VISHLORDS	02:13:41
135	195	ALEX STEAD	M-SEN	-	02:13:50
136	667	KEITH EDWARDS	M-V40	RUGBY TRI	02:13:52
137	158	MARK GOWER	M-SEN	CRAWLEY TRI	02:13:53
138	511	ANDY DAY	M-V40	PSUK TRI	02:14:05
139	139	STEFFAN IESTYN FORD	M-SEN	FVS TRI	02:14:08
140	533	KARL FISHER	M-V40	-	02:14:10
141	351	JOANNA SWALLOW	F-SEN	BATH AMPHIBIANS	02:14:18
142	218	LEE MORETON	M-SEN	BLACK COUNTRY TRI	02:14:19
143	59	ROB WALKER	M-SEN	TRI LONDON	02:14:33

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144	672	GARY GOACHER	M-V40	DERBYSHIRE POLICE	02:14:45
145	637	ALAN BAYSTON	M-V40	BARRACUDA	02:14:53
146	266	JAMES MAUDE	M-SEN	TEWKESBURY TRI	02:14:54
147	562	ANDREW BENNETT	M-V40	-	02:14:58
148	292	CRAIG SEPHTON	M-SEN	-	02:15:09
149	577	SHAUN WALSH	M-V40	MANCHESTER TRI	02:15:12
150	648	STEVEN BAMBER	M-V40	TRI PRESTON	02:15:23
151	711	ANDY ROBINSON	M-V50	-	02:15:23
152	105	STUART CASTLE	M-SEN	BAD TRI	02:15:30
153	535	KEVIN HILL	M-V40	PEMBROKESHIRE TRI	02:15:31
154	300	HUGH HUGHES	M-SEN	-	02:15:34
155	659	PAUL DENNY	M-V40	BAD TRI	02:15:35
156	162	MIKE ANSLOW	M-SEN	STOURBRIDGE RC	02:15:42
157	677	MARK DIXON	M-V40	BATH AMPHIBIANS	02:15:43
158	695	IAN IMESON	M-V40	-	02:15:45
159	295	PAUL ALLAN EVANS	M-SEN	WRECSAM TRI	02:15:46
160	664	GARETH ELLIS	M-V40	-	02:15:49
161	712	DAVID GILKES	M-V50	MERSEY TRI	02:15:51
162	401	SUSANNAH CASEBOURNE	F-SEN	TEAM LIFESTYLE	02:15:52
163	130	JAMES MANSON	M-SEN	CARDIFF TRI	02:15:54
164	731	PETE JENKINS	M-V50	CERIST	02:16:02
165	747	ALISTAIR ASHER	M-V50	SOUTHAMPTON TRI	02:16:02
166	28	JOHN WOOD	M-SEN	-	02:16:08
167	357	AMY FORSHAW	F-SEN	TRI LONDON	02:16:17
168	230	PAUL COULTER	M-SEN	WARRINGTON TRI	02:16:21
169	698	NIC WRIGHT	M-V40	-	02:16:25
170	819	RELAY ALAN GODDARD RELAY	U-SEN	RELAY - ALAN GODDARD	02:16:26
171	31	HUW FRYER	M-SEN	SUN CITY TRI	02:16:29
172	371	HELEN RUSSELL	F-SEN	REDDITCH TRI	02:16:34
173	746	MICHAEL SKIVINGTON	M-V50	MVH TRI	02:16:38
174	310	GEORGE BUTLER	M-SEN	NORTHANTS TRI	02:16:43
175	367	SOPHIA REES	F-SEN	CHESTER TRI	02:16:46*
176	305	JOHN GOLDING	M-SEN	LEICESTER TRI	02:16:50
177	703	SIMON GREENWOOD	M-V40	-	02:16:51
178	143	CHRIS CLARKE	M-SEN	COLT	02:16:55
179	661	SIMON MCCARTHY	M-V40	ABSOLUTE TRIATHLON	02:17:00
180	618	IAN ECCLES	M-V40	CHESTER TRI	02:17:07
181	382	JILL WILKINSON	F-SEN	CHESTER TRI	02:17:10
182	671	NEIL JOHNSTON	M-V40	MERSEY TRI	02:17:16
183	581	MAXIMUS THOMAS	M-V40	SOUTH WALES POLICE TRI	02:17:18
184	133	STEPHEN DUDDRIDGE	M-SEN	HEREFORD TRI	02:17:21
185	608	STEPHEN WATSON	M-V40	HARTLEPOOL TRI	02:17:30
186	313	JAMES FLETCHER	M-SEN	CSSC	02:17:32
187	723	HARRY DOWDELL	M-V50	LEEDS & BRADFORD	02:17:38
188	263	JASON HARDING	M-SEN	TRI CENTRAL	02:17:39
189	580	PAUL CROMPTON	M-V40	-	02:17:42
190	674	JOHN KEHOE	M-V40	GWENT TRI	02:17:47
191	103	TIM ANTHONY	M-SEN	MERSEY TRI	02:17:48*
192	110	MATTHEW FRENCH	M-SEN	-	02:17:49
193	780	JOHN PITT	M-V60	WAKEFIELD TRI	02:17:49
194	397	SAMATHA BOSWELL	F-SEN	BRAT CLUB	02:17:53
195	204	RICHARD POWELL	M-SEN	SHEFFIELD TRI	02:17:56
196	297	RICHARD GARBETT	M-SEN	OO TRI	02:17:58
197	46	SEB NAVARRO	M-SEN	WRECSAM TRI	02:18:00
198	17	STUART MCLEOD	M-SEN	RAF TRI	02:18:02
199	215	MICHAEL BAKER	M-SEN	BATH AMPHIBIANS	02:18:07
200	24	SIMON HILLS	M-SEN	-	02:18:16
201	362	ELLEN TUNE	F-SEN	BRAT CLUB	02:18:16
202	548	ANDY PEARCE	M-V40	CARDIFF TRI	02:18:20
203	596	KEVIN CURRAN	M-V40	GREENWICH TRITONS	02:18:23
204	207	SIMON DARLINGTON	M-SEN	IRONABS	02:18:24
205	493	TIM GEORGE	M-V40	-	02:18:25
206	56	STEVEN JONES	M-SEN	TRISMART	02:18:26
207	169	RONNIE EDWARDS	M-SEN	CARNEDDAU TRI	02:18:28
208	748	ANDY BARTON	M-V50	-	02:18:30
209	560	BRIAN KILBEY	M-V40	-	02:18:32
210	429	ANN KNIGHTS	F-V40	CAMBRIDGE TRI	02:18:33
211	104	ALEX LORD	M-SEN	-	02:18:42
212	525	TIM SAVAGE	M-V40	3X TRI	02:18:42
213	680	ROGER MILLEN	M-V40	NORTH WALES FIRE SERVICE	02:18:43
214	145	DAVID LAWRANCE	M-SEN	-	02:18:44
215	290	SIMON HEMINGTON	M-SEN	HEMEL HEMPSTEAD CC	02:18:49
216	681	JACK BAYLISS	M-V40	-	02:18:50
217	361	KERRY MCGAWLEY	F-SEN	BATH AMPHIBIANS	02:18:55
218	488	ADY DENCH	M-V40	SHEFFIELD TRI	02:19:10
219	258	GARY WOLSTENCROFT	M-SEN	MANCHESTER TRI	02:19:20
220	373	TRISH STEWART	F-SEN	TEAM RAW ENERGY	02:19:29
221	350	LIZ BARKER	F-SEN	-	02:19:32
222	491	BERNARD NOLAN	M-V40	BOLTON TRI	02:19:32

223	753	RICHARD MAKIN	M-V50	CALDERDALE TRI	02:19:40
224	137	DEAN LLEWELLYN	M-SEN	SOUTH WALES POLICE TRI	02:19:41
225	742	LESLEY CAVILL	M-V50	ALNWICK TRI	02:19:42
226	308	KARL PEARSON	M-SEN	TRI CLAN	02:19:43
227	766	DAVID GREEN	M-V50	ETON TRI CLUB	02:19:43
228	763	RAY KEARSEY	M-V50	-	02:19:46
229	360	REBECCA BRAND	F-SEN	-	02:19:48
230	60	DYLAN LEWIS	M-SEN	CERIST	02:19:59
231	172	LEIGHTON WILLIAMS	M-SEN	CELTIC TRI	02:20:18
232	193	RICHARD WILLIAMS	M-SEN	TRI CENTRAL	02:20:28
233	642	CARL BIBBY	M-V40	WARRINGTON TRI	02:20:35
234	200	STUART REILLY	M-SEN	HILLINGDON TRI	02:20:38
235	732	EDWARD JONES	M-V50	-	02:20:40
236	311	BRIAN MUNDY	M-SEN	SHEFFIELD TRI	02:20:46
237	70	GREG SMITH	M-SEN	-	02:20:47
238	510	DOMINIQUE MILLER	M-V40	CHESTER TRI	02:20:47
239	755	DAVID WALTON	M-V50	MERSEY TRI	02:20:47
240	235	RICHARD LOWE	M-SEN	CERIST	02:20:48
241	583	GARRY HAYNES	M-V40	RUGBY TRI	02:20:49
242	414	COLETTE O'NEILL	F-V40	HILLINGDON TRI	02:20:53
243	23	MICHAEL BATEMAN	M-SEN	-	02:20:54
244	725	SIMON PUTTOCK	M-V50	STIRLING TRI	02:20:59
245	173	OLIVER JONES	M-SEN	WRECSAM TRI	02:21:01
246	587	MATTHEW PARR-BURMAN	M-V40	-	02:21:03
247	622	STUART LUCAS	M-V40	-	02:21:21
248	781	MIKE SANDFORD	M-V60	-	02:21:21
249	331	HANNAH LANCASHIRE	F-SEN	MANCHESTER TRI	02:21:25
250	366	CLAIRE SHEA-SIMONDS	F-SEN	LEICESTER TRI	02:21:25
251	551	MARK SOUTHALL	M-V40	BLACK COUNTRY TRI	02:21:29*
252	202	GIDEON HODDER	M-SEN	-	02:21:35
253	487	JAMES BRAUN	M-V40	MAN BOY	02:21:37
254	607	PETER ROOME	M-V40	MERSEY TRI	02:21:38
255	455	RUTH ISAACS	F-V40	CHESTER TRI	02:21:39
256	450	HEATHER REES	F-V40	SPORTSTEST.CO.UK	02:21:46
257	239	PAUL ROBERTS	M-SEN	CHESTER TRI	02:21:48
258	161	BEN LEEDHAM	M-SEN	CRYSTAL PALACE	02:21:53
259	197	ROBERT SLIGHT	M-SEN	EDINBURGH TRI	02:21:57
260	38	IAN COOPER	M-SEN	PEMBROKESHIRE TRI	02:22:03*
261	454	RHONA MAKEPEACE	F-V40	LEICESTER TRI	02:22:07
262	272	MARTIN RENDLE	M-SEN	CHARNWOOD TRI	02:22:08
263	501	ANDREW CHRISTAIN	M-V40	MERSEY TRI	02:22:10
264	569	GLENN PALMER	M-V40	SHEFFIELD TRI	02:22:16
265	576	DAVID RHODES	M-V40	-	02:22:16
266	63	PAUL BETTS	M-SEN	FUL-ON-TRI	02:22:19
267	261	IAN HARRISON	M-SEN	MANX TRI	02:22:20
268	321	NATASHA BLUNT	F-SEN	WOLVERHAMPTON UNI	02:22:20
269	606	STUART AUSTIN	M-V40	HEREFORD TRI	02:22:22
270	220	CHRIS WOOD	M-SEN	BLACK COUNTRY TRI	02:22:23
271	301	MARK BEIGHTON	M-SEN	DERBY TRI	02:22:28
272	245	NIGEL TURNER	M-SEN	-	02:22:34
273	616	THOMAS MACDONALD	M-V40	BARRACUDA	02:22:40
274	332	KATHERINE BROOMHALL	F-SEN	BAD TRI	02:22:42
275	71	ANDY TURNER	M-SEN	SHEFFIELD TRI	02:22:49
276	436	DEBBIE COOKE	F-V40	PENCOED TRI	02:22:50
277	665	LEIGHTON WILLIAMS	M-V40	TEAM DEVIANT	02:22:52
278	125	CHARLES GROVES	M-SEN	-	02:22:57
279	378	JEN SALTER	F-SEN	-	02:23:00
280	564	STEVE ROSEWELL	M-V40	PENCOED TRI	02:23:00
281	68	ROBERT EVANS	M-SEN	DEESIDE THISTLE	02:23:03
282	343	ELLIE JONES	F-SEN	PEMBROKESHIRE TRI	02:23:21
283	759	ANDREW SARGENT	M-V50	REDDITCH TRI	02:23:27
284	3	CHARLIE BURY	M-JUN	CHESTER TRI	02:23:29
285	754	GAVIN KEWLEY	M-V50	ZOOM	02:23:32
286	809	RELAY GETTING BETTER RELAY	U-SEN	RELAY	02:23:33
287	702	ROY TETLOW	M-V40	-	02:23:47
288	269	MARC LADE	M-SEN	-	02:23:49
289	150	RICHARD LEWIS	M-SEN	CELTIC TRI	02:23:54
290	142	DANIEL CHESTERS	M-SEN	WARRINGTON TRI	02:24:01
291	364	SARAH STREET	F-SEN	BATH AMPHIBIANS	02:24:04
292	689	IAN JACKSON	M-V40	DERBYSHIRE POLICE	02:24:05
293	724	COLIN PRICE	M-V50	CORUS MULTISPORT	02:24:08
294	140	JULIAN BASTIDA	M-SEN	-	02:24:10
295	741	EDWARD MORGAN	M-V50	TAFF ELY	02:24:11
296	684	JULIAN ROSE	M-V40	STIRLING TRI	02:24:14
297	214	STEVE PRICE	M-SEN	MANCHESTER TRI	02:24:20
298	330	VICTORIA BURROWS-BILTON	F-SEN	WAKEFIELD TRI	02:24:39
299	554	MATTHEW HARTLEY	M-V40	SHEFFIELD TRI	02:24:42
300	93	DYLAN GRIFFITHS	M-SEN	-	02:24:55
301	229	SIMON SLAVIN	M-SEN	WRECSAM TRI	02:24:58

302	733	STEPHEN BAILEY	M-V50	SALISBURY TRI	02:24:59
303	73	PHILIP WALTON	M-SEN	MERSEY TRI	02:25:01
304	769	BOB PRINGLE	M-V50	SHEFFIELD TRI	02:25:01
305	805	RELAY STEFFAN JONES RELAY OF 2	U-SEN	RELAY OF 2 STEFFAN JONES	02:25:12
306	80	TOM PATRICK	M-SEN	-	02:25:15
307	558	PAUL O'SULLIVAN	M-V40	CARNEDDAU TRI	02:25:18
308	445	GILL MEAD	F-V40	CHESTER TRI	02:25:19
309	566	SIMON KETTLE	M-V40	-	02:25:28
310	544	JOHN DARBY	M-V40	CHESTER TRI	02:25:34
311	324	BECKI TOONE	F-SEN	DRIVEN TO TRI	02:25:37
312	508	MARK WALKER	M-V40	WARRINGTON TRI	02:25:42
313	252	GERARD WILKINSON	M-SEN	CHESTER TRI	02:25:45
314	824	MICHAEL MCCANN	M-V50	-	02:25:55
315	39	JAMES CASTLE	M-SEN	-	02:25:56
316	346	LIANNE WEAVER	F-SEN	-	02:25:58
317	821	RELAY TAMMY LEE RELAY	U-SEN	RELAY	02:25:58
318	623	JEFF JOHNSTON	M-V40	-	02:26:03
319	752	MALCOLM SLOANE	M-V50	CHESTER TRI	02:26:03
320	716	PAUL ROBERTS	M-V50	OO TRI	02:26:06
321	708	PETER HAYWARD	M-V50	-	02:26:17
322	715	DAVID LANE	M-V50	-	02:26:19
323	84	ALEX ILYAT	M-SEN	PEMBROKESHIRE TRI	02:26:21
324	740	TONY MARRS	M-V50	SY TRI	02:26:23
325	469	JANE BELL	F-V50	OXFORD TRI	02:26:27*
326	666	IAN HODKINSON	M-V40	BOLTON TRI	02:26:27
327	419	JACQUI PHILLIPS	F-V40	COBRA TRI	02:26:31
328	540	NICK ALLEN	M-V40	ROCHDALE TRI	02:26:31
329	604	MARK RIGBY	M-V40	-	02:26:34
330	363	EMMA MCDERMOTT	F-SEN	OXFORD TRI	02:26:35
331	201	DANIEL LYNCH	M-SEN	THAMES VALLEY TRI	02:26:37
332	409	JUSTINE RESTON	F-V40	MERSEY TRI	02:26:37
333	329	SALLY ONN	F-SEN	ST ALBANS STRIDERS	02:26:39
334	228	TIM JAMES	M-SEN	SOUTH WALES POLICE TRI	02:26:43
335	149	CHRISTOPHER PRICE	M-SEN	CELTIC TRI	02:26:52
336	507	RICHARD COLLINS	M-V40	OO TRI	02:26:55
337	303	EMYR EVANS	M-SEN	CARNEDDAU TRI	02:26:56
338	549	SIMON FRANKS	M-V40	BRAT CLUB	02:26:57
339	339	GEMMA SARGENT	F-SEN	FVS TRI	02:27:00
340	761	MIKE DILWORTH	M-V50	PADARN TRI	02:27:00
341	590	RALPH SIBLEY	M-V40	SCARAB TRI	02:27:04
342	688	TIM HARDING	M-V40	CARNEDDAU TRI	02:27:04
343	118	PAUL CRAIG	M-SEN	TRI PRESTON	02:27:08
344	183	JONATHAN GREGG PLIMLEY	M-SEN	-	02:27:08*
345	720	DAVE LOVATT	M-V50	ASHURST BIKE CLUB	02:27:08
346	468	BRIDGET RIPLEY	F-V50	PADARN TRI	02:27:09
347	95	LEIGH HOLLAND	M-SEN	CHESTER TRI	02:27:10
348	492	IAN GANDERTON	M-V40	CARNEDDAU TRI	02:27:10
349	253	STEPHEN HILTON	M-SEN	WIGAN TRI	02:27:16
350	735	DAVID CAMPBELL	M-V50	SHEFFIELD TRI	02:27:21
351	609	ANDY DINES	M-V40	-	02:27:23
352	792	IORWERTH JONES	M-V60	WRECSAM TRI	02:27:25
353	537	PAUL HUGHES	M-V40	PEMBROKESHIRE TRI	02:27:29
354	439	GERALDINE HOWARD	F-V40	TRI SPORT EPPING	02:27:34
355	129	JUSTIN LOTT	M-SEN	SOUTH WALES POLICE TRI	02:27:36
356	347	HELEN LAWRENSON	F-SEN	-	02:27:36
357	342	CERI RUZZI	F-SEN	FUL-ON-TRI	02:27:41
358	447	JULIE LAMBOURNE	F-V40	TFN TRI	02:27:45
359	159	DAVE DAVIES	M-SEN	BLACK COUNTRY TRI	02:27:46
360	764	BARRY WILLIAMS	M-V50	WRECSAM TRI	02:27:48
361	100	ANDREW GWYNN	M-SEN	CARNEDDAU TRI	02:27:57
362	783	DAVID RANSOM	M-V60	SOUTHAMPTON TRI	02:28:00
363	317	CHARLOTTE EDWARDS	F-JUN	-	02:28:01
364	641	PETER MCCARTHY	M-V40	MERSEY TRI	02:28:01
365	14	ROBERT PARKER	M-SEN	MANX TRI	02:28:02
366	225	JOHN MARTYN CHAMBERLAIN	M-SEN	MERSEY TRI	02:28:02
367	654	DEREK MCCARTHY	M-V40	FARNHAM TRI	02:28:04
368	101	STEFAN SKRIMSHIRE	M-SEN	-	02:28:13
369	813	RELAY TEAM SWIM SPIN SPRINT	U-SEN	RELAY	02:28:14
370	198	ANTHONY LAKE	M-SEN	TRI TEAM GLOS	02:28:18
371	102	ANDREW HEATH	M-SEN	MID SUSSEX TRI	02:28:23
372	653	GAVIN BIGGS	M-V40	CHORLEY TRI	02:28:24
373	497	IAN NORTON	M-V40	WARRINGTON TRI	02:28:26
374	247	DARREN PEARCE	M-SEN	BATH AMPHIBIANS	02:28:35
375	398	ANITA JONES	F-SEN	BRIGHTON PHEONIX	02:28:35
376	136	HARRY PARKINSON	M-SEN	MANCHESTER TRI	02:28:38*
377	155	PASCAL VAN OOSTEN	M-SEN	AVON FIRE RUNNING	02:28:40
378	184	OWAIN FYCHAN	M-SEN	CERIST	02:28:42
379	795	KEN TREADWELL	M-V60	SEVENOAKS TRI	02:28:42
380	196	SHAHRIAR HAQUE	M-SEN	-	02:28:43

381	610	CHRIS SHAW	M-V40	APEX RUNNERS	02:28:47
382	120	DOMINIC BYRNE	M-SEN	ASHURST BIKE CLUB	02:28:54
383	428	ANDREA MAGEEAN	F-V40	CHESTER TRI	02:29:00
384	262	GRAHAM IVORY	M-SEN	-	02:29:03
385	232	CALVIN LEACH	M-SEN	-	02:29:06
386	815	RELAY TRI AMIGOS	U-SEN	RELAY - TRI AMIGOS	02:29:13
387	284	WILL MEPHAM	M-SEN	WWW.TRIMONKEY.CO.UK	02:29:16
388	375	CLAIRE VALLANCE	F-SEN	-	02:29:17
389	224	JOSHUA WHITELEY	M-SEN	-	02:29:18
390	395	KATHRYN GOLDTHORPE	F-SEN	-	02:29:19
391	532	ANDREW EDGE	M-V40	-	02:29:26
392	188	ANDREW STEPHENSON	M-SEN	-	02:29:30
393	767	JON BROOK	M-V50	STEYNING AC	02:29:30
394	658	ANTHONY FOWLER	M-V40	MERSEY TRI	02:29:40
395	734	PETER MCCLELLAND	M-V50	-	02:29:43
396	61	NEAL CLARK	M-SEN	SHEFFIELD TRI	02:29:49
397	244	RICHARD MARSHALL-CLARKE	M-SEN	-	02:29:53
398	289	RICHARD HAYES	M-SEN	WRECSAM TRI	02:29:56
399	352	JENNY FEATHERSTONE	F-SEN	SHEFFIELD TRI	02:29:56
400	538	NICK HADWEN	M-V40	-	02:30:04
401	663	MARK BULLIVANT	M-V40	RACING TNT	02:30:05
402	446	JULIE HARRISON	F-V40	ASHURST BIKE CLUB	02:30:06
403	484	AMANDA KEMP	F-V40	-	02:30:07
404	779	JAMES PERRIE	M-V60	-	02:30:08
405	503	ROBERT SMITH	M-V40	-	02:30:21
406	470	RUTH MILLER	F-V50	LONDON HEATHSIDE AC	02:30:24
407	602	JONATHAN TATTON	M-V40	-	02:30:24
408	334	CLAIRE MANSON	F-SEN	CARDIFF TRI	02:30:38
409	516	GERAINT DODD	M-V40	DENBIGH HARRIERS	02:30:44
410	812	RELAY BERWYN JONES RELAY	U-SEN	RELAY - PADARN TRI RELAY OF 2	02:30:57
411	376	SARAH KENNY	F-SEN	MANCHESTER TRI	02:31:02
412	643	MARK SHELTON	M-V40	WREKINSPOORT CC	02:31:03
413	456	JOANNE BAILEY	F-V40	SALISBURY TRI	02:31:05
414	738	MARK GOODHAND	M-V50	WESTERN AUSTRALIA	02:31:13
415	719	MARTIN POYZER	M-V50	-	02:31:14
416	135	NEIL ADAIR	M-SEN	WARRINGTON TRI	02:31:15
417	807	RELAY JACKIE NEGUS FANCEY	U-SEN	RELAY	02:31:21
418	392	ROBYN ANDERSON	F-SEN	PRESTON HARRIERS	02:31:23
419	555	ROBERT HUGHES	M-V40	BAD TRI	02:31:24
420	728	JEFF OUTHWAITE	M-V50	WAKEFIELD TRI	02:31:25
421	797	TERRY VAUGHAN	M-V60	LEICESTER TRI	02:31:30
422	157	IAN WILLIAMS	M-SEN	-	02:31:37
423	268	CLIVE HAYTER	M-SEN	-	02:31:39
424	614	DONALD REID	M-V40	WARRINGTON TRI	02:31:45
425	205	PHILIP CUTHBERT	M-SEN	MERSEY TRI	02:31:47
426	514	RICHARD THOMPSON	M-V40	BRAT CLUB	02:31:48
427	377	KHARA MILLS	F-SEN	LEEDS & BRADFORD	02:31:51
428	690	DENNIS EVANS	M-V40	-	02:31:53
429	687	STEVE PAUL	M-V40	WRECSAM TRI	02:32:04
430	353	KATE LITHERLAND	F-SEN	CHESTER TRI	02:32:07
431	467	STEL FARRAR	F-V50	-	02:32:08
432	114	PAUL SCARISBRICK	M-SEN	-	02:32:11
433	449	MORAG BAINES	F-V40	SHEFFIELD TRI	02:32:12
434	619	IAN SINCLAIR	M-V40	CHESTER TRI	02:32:15
435	656	JULIAN MCCARTHY	M-V40	SOUTHAMPTON TRI	02:32:32
436	567	KEITH BIRCHALL	M-V40	MERSEY TRI	02:32:38
437	770	DAVE TAYLOR	M-V50	CHESTER TRI	02:32:46
438	236	DAVE REES-HUGHES	M-SEN	WRECSAM TRI	02:32:47
439	328	RACHEL-JANE SNOOK	F-SEN	CARDIFF TRI	02:32:47
440	519	ROB OLLERENSHAW	M-V40	LEEDS & BRADFORD	02:33:03
441	250	DAVID SORE	M-SEN	LEICESTER TRI	02:33:25
442	85	SIMON PRIOR	M-SEN	-	02:33:27
443	383	REBECCA SORE	F-SEN	LEICESTER TRI	02:33:29
444	356	ALISON PICKARD	F-SEN	SHEFFIELD TRI	02:33:36
445	524	ADRIAN PEARCE	M-V40	-	02:33:43
446	485	JASON STOTT	M-V40	ABERSOCH TRI	02:33:45
447	650	JOHN SUTTON	M-V40	-	02:33:51
448	452	FRANCESCA WRIGHT	F-V40	SERPENTINE	02:33:55
449	717	IAIN PARSONS	M-V50	CHESTER TRI	02:34:05
450	730	FRANK TODD	M-V50	STEYNING AC	02:34:05
451	168	MATT LECK	M-SEN	NYP TRI	02:34:10
452	349	CHRISTINA MCKAY	F-SEN	CARNEDDAU TRI	02:34:13
453	621	ANDY BRUCE	M-V40	-	02:34:29
454	122	ALAN EVANS	M-SEN	-	02:34:43
455	640	DAVID GENTLE	M-V40	-	02:34:57
456	721	CHRISTOPHER LEE	M-V50	STEYNING AC	02:35:12
457	627	PAUL CONROY	M-V40	WRECSAM TRI	02:35:19
458	82	MARK MARRIN	M-SEN	-	02:35:26
459	613	NEIL HARRISON	M-V40	MANCHESTER TRI	02:35:30

460	527	NICK ELLIOTT	M-V40	-	02:35:32
461	279	PAUL WILLIAMS	M-SEN	SOUTH WALES POLICE TRI	02:35:36
462	309	ALEX WILLIAMS	M-SEN	-	02:35:36
463	771	CHARLES COWAN	M-V50	-	02:35:38
464	248	PAUL FRASER	M-SEN	-	02:35:39
465	793	RICHARD PITCAIRN	M-V60	-	02:35:44
466	231	KEITH BRANCH	M-SEN	-	02:35:48
467	270	ALAN SHELDON	M-SEN	MVH TRI	02:35:52
468	345	SARAH JANES	F-SEN	BEDFORD TRAKTORS	02:35:52
469	285	PAUL BUCKLEY	M-SEN	-	02:35:53
470	541	JAMES MONTEITH	M-V40	-	02:35:55
471	355	LEILA COULTER	F-SEN	WARRINGTON TRI	02:36:06
472	32	LEIGH SAUNDERS	M-SEN	-	02:36:08
473	430	VICKY RONALD	F-V40	CARNEDDAU TRI	02:36:19
474	758	PAUL KAY	M-V50	ASHURST BIKE CLUB	02:36:28
475	726	MIKE PRIOR	M-V50	LEEDS & BRADFORD	02:36:29
476	500	IAN PILLINGER	M-V40	-	02:36:38
477	647	ROBERTO JIMENEZ	M-V40	-	02:36:59
478	626	STEVE RICE	M-V40	BEDFORD TRAKTORS	02:37:02
479	696	TONY RUTTER	M-V40	-	02:37:12
480	678	MARK DONNELLY	M-V40	-	02:37:13
481	509	PAUL BERRY	M-V40	-	02:37:20
482	91	ADAM PEILL	M-SEN	-	02:37:22
483	187	MIKE DOBSON	M-SEN	-	02:37:24
484	547	RICHARD LEE	M-V40	TRI SPORT EPPING	02:37:28
485	513	RICHARD MERCER	M-V40	-	02:37:34
486	293	SEAN SIMMONS	M-SEN	CHESTER TRI	02:37:35
487	113	GARETH HUNT	M-SEN	SHEFFIELD TRI	02:37:44
488	206	ANTHONY CULLEN	M-SEN	-	02:37:46
489	316	CHARLOTTE WHORTON	F-JUN	COBRA TRI	02:37:46
490	174	SEAN MORRIS	M-SEN	-	02:37:47
491	344	CLAIRE HESTER	F-SEN	THAMES VALLEY TRI	02:37:48
492	778	KEITH AVENELL	M-V50	SOUTH WALES POLICE TRI	02:37:54
493	185	ANDREW SEDGWICK	M-SEN	-	02:37:56
494	751	RON WHITE	M-V50	HOGWEED TRI	02:37:58
495	443	PAULA TUNNADINE	F-V40	WRECSAM TRI	02:37:59
496	273	COLIN DUGGIN	M-SEN	-	02:38:04
497	99	BEN HARTLEY	M-SEN	-	02:38:07
498	774	CHRIS MORGAN	M-V50	CHESTER TRI	02:38:08
499	132	BEDWYR FYCHAN	M-SEN	CERIST	02:38:10
500	385	CLAIRE SUTCLIFFE	F-SEN	CHESTER TRI	02:38:12
501	435	ALYSON WOODALL	F-V40	TRI PRESTON	02:38:15
502	394	TESSA OELOFSE	F-SEN	BRAT CLUB	02:38:34
503	534	PHIL JOHNSON	M-V40	TEWKESBURY TRI	02:38:37
504	388	ALISON LEAVENS	F-SEN	CHESTER TRI	02:38:39
505	287	SIMON JOHN PRENDERGAST	M-SEN	MERSEY TRI	02:38:46
506	461	ANNIE WILLIAMS	F-V40	ERYRI HARRIERS	02:38:49
507	167	JULIAN EVITTS	M-SEN	CHESTER TRI	02:38:52
508	506	JAMES EVANS	M-V40	-	02:38:59
509	407	SHIRLEY HUNT	F-V40	TRI PRESTON	02:39:00
510	186	PATRICK LORD	M-SEN	-	02:39:06
511	572	MICHAEL GILBRIDE	M-V40	BRAT CLUB	02:39:09
512	772	LES SCHMID	M-V50	LINCOLN TRI	02:39:16
513	794	AL CHURCHER	M-V60	SHEFFIELD TRI	02:39:17
514	13	LIAM O'SULLIVAN	M-SEN	WRECSAM TRI	02:39:25
515	490	MARK EVERARD	M-V40	CHESTER TRI	02:39:35
516	335	RUTH HARRIS	F-SEN	SHEFFIELD TRI	02:39:36
517	240	STEPHEN ROGERS	M-SEN	-	02:39:45
518	457	SUE SCOTT	F-V40	EXETER TRI	02:39:58
519	288	WAYNE STOREY	M-SEN	-	02:40:00
520	400	KAREN GALLANTRY	F-SEN	THAMES VALLEY TRI	02:40:05
521	107	ROBERT SCOTT	M-SEN	-	02:40:14
522	160	PERRAN TRERISE	M-SEN	-	02:40:20
523	437	CARA FISHBURN	F-V40	CHESTER TRI	02:40:36
524	323	NATALIE CHANDLER	F-SEN	TFN	02:40:42
525	709	STEVE PARR-BURMAN	M-V50	-	02:40:48
526	111	JAMES GALLOWAY	M-SEN	-	02:40:57
527	499	CRAIG BLUETT	M-V40	EAST GRINSTEAD TRI	02:40:57
528	814	RELAY JUST THE ONE	U-SEN	RELAY - JUST THE ONE	02:41:00
529	217	NICK IRONS	M-SEN	BRAT CLUB	02:41:02
530	81	DARREN CUMMINGS	M-SEN	TRY TRY TRI AGAIN	02:41:11
531	808	RELAY BALA SAILING CLUB RELAY	U-SEN	RELAY	02:41:14
532	242	CHRIS ROBERTS	M-SEN	WRECSAM TRI	02:41:31
533	727	ANDY LOWE	M-V50	-	02:41:37
534	264	TOBY SHIPLEY	M-SEN	-	02:41:41
535	337	REBECCA HOLLAND	F-SEN	CHESTER TRI	02:41:47
536	536	CLIVE LEMMON	M-V40	LEICESTER TRI	02:41:48
537	624	JOHN PEAKER	M-V40	CHESTER TRI	02:41:50
538	283	SEAMUS O'SULLIVAN	M-SEN	PEMBROKESHIRE TRI	02:41:53

539	257	PATRICK RAZAVET	M-SEN	-	02:41:57
540	782	BEN BARDEN	M-V60	TRINITY	02:41:57
541	573	JAY WRIGHT	M-V40	-	02:41:58
542	646	PHILIP SMALES	M-V40	SHEFFIELD TRI	02:42:09
543	368	HANNAH CHURCH	F-SEN	BRAT CLUB	02:42:11
544	685	MICHAEL SMITH	M-V40	-	02:42:12
545	757	CHRIS LEES	M-V50	CALDERDALE TRI	02:42:20
546	546	MARK TOOP	M-V40	-	02:42:29
547	460	BRENDA WANE	F-V40	ASTLEY & TYLDESLEY RR	02:42:32
548	529	SIMON JENKINS	M-V40	WRECSAM TRI	02:42:32
549	464	POPPY HOLMES	F-V40	SOUTHAMPTON TRI	02:42:33
550	320	DAWN BISHOP	F-SEN	STOURBRIDGE RC	02:42:34
551	166	ANTHONY ROACH	M-SEN	-	02:42:37
552	803	RELAY NEFYN WILLIAMS RELAY	U-SEN	TEAM OF 2	02:42:45
553	655	WILLIAM ANDREW ROBERTS	M-V40	-	02:43:01
554	98	BEN MAYHO	M-SEN	SY TRI	02:43:14
555	109	ROB KERR	M-SEN	-	02:43:17
556	591	PHIL PORTER	M-V40	CARNEDDAU TRI	02:43:24
557	146	RICHARD LAWRENCE	M-SEN	CARNEDDAU TRI	02:43:30
558	489	PETER GALLOWAY	M-V40	-	02:43:34
559	483	HELEN CUTMORE	F-V40	-	02:43:38
560	176	GARETH SCOTT	M-SEN	WRECSAM TRI	02:43:44
561	171	BEN DAVIES	M-SEN	-	02:44:06
562	441	SHELLEY ARCHER	F-V40	-	02:44:12
563	480	VAL EDWARDS	F-V50	CARNEDDAU TRI	02:44:12
564	42	BRYNN BIRD	M-SEN	-	02:44:19
565	411	KRISTIN BREUSS	F-V40	NOTH LONDON TRI	02:44:32
566	762	MIKE BOND	M-V50	THAMES VALLEY TRI	02:44:35
567	359	JULIA CLARKE	F-SEN	CARDIFF TRI	02:44:38
568	498	SAUL QUIRKE	M-V40	MANCHESTER TRI	02:44:39
569	816	RELAY PAW	U-SEN	RELAY - PAW	02:44:41
570	291	TIM COSWAY	M-SEN	-	02:45:04
571	440	SARAH MAWHINNEY	F-V40	MID SHROPSHIRE WHEELERS	02:45:05
572	652	JOHN O'HARE	M-V40	MANCHESTER TRI	02:45:05
573	302	RICHARD SANGSTER	M-SEN	-	02:45:26
574	701	PAUL HOARE	M-V40	-	02:45:26
575	673	NEIL BRAMPTON	M-V40	CARNEDDAU TRI	02:45:28
576	796	ALAN KIRKHAM	M-V60	MERSEY TRI	02:45:35
577	486	HAYDN DUNCALF	M-V40	-	02:45:38
578	78	ANDREW THOMAS	M-SEN	MERSEY TRI	02:45:44
579	786	MARTIN GARTH WILLIAMS	M-V60	CARNEDDAU TRI	02:46:13
580	601	PATRICK HOLTBY	M-V40	-	02:46:28
581	760	PAUL WESTWOOD	M-V50	COBRA TRI	02:46:31
582	476	ANNA PRIESTLEY	F-V50	FVS TRI	02:46:32
583	416	SUSAN MAIRE	F-V40	MERSEY TRI	02:46:50
584	358	MHAIRI CRAWFORD	F-SEN	SOUTHAMPTON TRI	02:47:06
585	278	ANDREW MCKECHNIE	M-SEN	-	02:47:16
586	765	DAVID PRESSLEY	M-V50	EXETER TRI	02:47:16
587	265	DANIEL CUTHBERTSON	M-SEN	-	02:47:18
588	784	ANDREW CUNNELL	M-V60	REDDITCH TRI	02:47:20
589	585	JOHN ROYLE	M-V40	WRECSAM TRI	02:47:33
590	131	JEREMY STAIN	M-SEN	-	02:47:39
591	181	RICHARD LEWIS	M-SEN	-	02:47:41
592	675	ANDREW KELLY	M-V40	PLYMOUTH	02:47:49*
593	736	PETER COTTEE	M-V50	-	02:48:03
594	424	SUSIE COUGHLAN	F-V40	CHESTER TRI	02:48:14
595	550	NEIL WALKER	M-V40	-	02:48:22
596	802	PETE NORMAN	M-V70	WRECSAM TRI	02:48:25
597	43	ADAM COX	M-SEN	-	02:48:29
598	420	ALLISON DONNELLY	F-V40	PADARN TRI	02:48:47
599	465	CHRISTINA SMITH	F-V40	CELTIC TRI	02:49:10
600	254	MAX WILLIAMS	M-SEN	-	02:49:23
601	438	MAGGI GILKES	F-V40	MERSEY TRI	02:49:23
602	563	ROB DOYLE	M-V40	-	02:49:36
603	682	LEN SUCH	M-V40	SOUTHAMPTON TRI	02:49:37
604	561	DAVID WOOD	M-V40	-	02:49:53
605	256	TROY ELLIOTT	M-SEN	-	02:50:18
606	638	ANDREW EVANS	M-V40	MERSEY TRI	02:50:21
607	312	JONATHAN OLDFIELD	M-SEN	-	02:50:32
608	299	ALAN JONES	M-SEN	MERSEY TRI	02:50:33
609	479	RANI SINNIHAH	F-V50	Z TRI	02:50:33
610	739	ANDY DAVIDSON	M-V50	SLH TRI	02:50:47
611	341	KATHARINE PATRICK	F-SEN	SHEFFIELD TRI	02:50:53
612	336	SARAH THOMAS	F-SEN	MERSEY TRI	02:51:01
613	417	NICKY QUANT	F-V40	EXETER TRI	02:51:10
614	517	STEPHEN MACK	M-V40	MERSEY TRI	02:51:15
615	219	LIAM SHAW	M-SEN	SHEFFIELD TRI	02:51:19
616	806	RELAY ELIZABETH KIRKHAM RELAY	U-SEN	RELAY - MERSY TRI TEAM OF 2	02:51:22
617	415	SARAH KELLY	F-V40	-	02:51:29

618	386	DAMARIS DARBY	F-SEN	CHESTER TRI	02:51:32
619	669	PAUL ARCHER	M-V40	-	02:51:47
620	8	ALAN WHITAKER	M-JUN	-	02:52:03
621	404	ALISON WAINWRIGHT	F-V40	MERSEY TRI	02:52:23
622	275	ALASTAIR MCDOUGALL	M-SEN	-	02:52:27
623	127	KEVIN LEWIS	M-SEN	-	02:52:33
624	756	RAYMOND ROGERS	M-V50	BILLINGE JUDO	02:52:36
625	539	STEVEN BELL	M-V40	-	02:52:37
626	72	COLIN JONES	M-SEN	-	02:52:40
627	177	CHRIS BOWERS	M-SEN	MERSEY TRI	02:52:40
628	586	KEN HALL	M-V40	MERSEY TRI	02:53:01
629	108	MATTHEW JONES	M-SEN	SOUTH WALES POLICE TRI	02:53:05
630	427	EMMA KEYS	F-V40	OXFORD TRI	02:53:14
631	466	PENNY FAIRBRASS	F-V50	DEAL TRI	02:53:20
632	473	LESLEY FULLWOOD	F-V50	-	02:53:49
633	578	DAVID WATERHOUSE	M-V40	MANCHESTER TRI	02:53:55
634	612	KEVIN FITZGERALD	M-V40	MANCHESTER TRI	02:54:35
635	477	LESLEY DUNFORD	F-V50	EXETER TRI	02:54:39
636	237	JASON IMPEY	M-SEN	CARDIFF TRI	02:54:59
637	463	SUSANNE TIETZE	F-V40	SHEFFIELD TRI	02:55:03
638	315	BRYN EVANS	M-SEN	-	02:55:20
639	406	KAREN BIRCHALL	F-V40	MERSEY TRI	02:55:32
640	412	LUCY FRANCIS	F-V40	MORNINGTON CHASERS	02:55:33
641	817	RELAY TEAM SWEENEY RELAY	U-SEN	RELAY	02:55:36
642	634	NICK DENNISH	M-V40	TEAM CHERWELL	02:56:09
643	811	RELAY "THE GOOD, BAD & ITALIAN RELAY"	U-SEN	RELAY	02:56:13
644	47	MARK MACDONALD	M-SEN	-	02:56:18
645	396	BEVERLEY KOCH	F-SEN	-	02:56:22
646	276	STEPHEN WILLIAMS	M-SEN	GTL TRI	02:56:43
647	599	MICHAEL LATHAM	M-V40	-	02:56:49
648	744	PAUL WAINWRIGHT	M-V50	-	02:57:19
649	790	RON GRABNER	M-V60	-	02:57:22
650	374	JUDITH BAZELEY	F-SEN	COBRA TRI	02:57:30
651	801	JOHN BERNARD CLARKE	M-V70	SHEFFIELD TRI	02:58:12
652	785	ANDREW GAGE	M-V60	-	02:58:36
653	475	KIM BRAY	F-V50	WORCESTER TRI	02:58:38
654	595	CERI JONES	M-V40	PEMBROKESHIRE TRI	02:58:42
655	294	CRAIG RUSH	M-SEN	SHEFFIELD TRI	02:58:57
656	788	PHILIP HELLIWELL	M-V60	LEEDS & BRADFORD	02:59:01
657	433	BETHAN JAMES	F-V40	MANCHESTER TRI	02:59:10
658	799	ROGER HARLE	M-V60	-	02:59:11
659	683	IAN STEVENSON	M-V40	BRAT CLUB	02:59:18
660	526	IAN CAMPBELL	M-V40	-	03:00:08
661	403	ELAINE EATWELL	F-V40	CHESTER TRI	03:00:30
662	787	ERIC BURKE	M-V60	RUGBY TRI	03:00:45
663	749	ALAN MORRIS	M-V50	-	03:01:05
664	391	LEANNE LYNCH	F-SEN	THAMES VALLEY TRI	03:01:16
665	603	LYN EVANS	M-V40	-	03:02:50
666	191	DEREK MASON	M-SEN	CHESTER TRI	03:03:54
667	660	JONATHAN BINNINGTON	M-V40	BLACK COUNTRY TRI	03:03:55
668	27	TIM COX	M-SEN	-	03:04:14
669	164	SIMON PARRY	M-SEN	TRY TRY TRI AGAIN	03:04:20
670	699	PAUL FLETCHER	M-V40	CELTIC TRI	03:04:33
671	582	CHRISTOPHER THOMAS	M-V40	-	03:04:52
672	453	LIZ HETTLE	F-V40	-	03:06:05
673	58	LLOYD BUGG	M-SEN	RAF TRI	03:07:29
674	722	STIRLING FARMER	M-V50	COBRA TRI	03:07:38
675	327	CATHERINE PRATT	F-SEN	TEAM DILLON	03:07:40
676	474	BARBARA WILLIAMS	F-V50	WRECSAM TRI	03:07:47
677	552	PAUL MCNAMARA	M-V40	MERSEY TRI	03:07:53
678	165	LAURENCE GLEW	M-SEN	-	03:08:08
679	434	LINDA JENKINS	F-V40	NORTH DEVON ROAD RUNNERS	03:08:30
680	422	KIM BABB	F-V40	-	03:08:32
681	389	NICOLA BARNES	F-SEN	TRI PRESTON	03:08:48
682	768	CLIVE JONES	M-V50	-	03:09:22
683	393	DIANE DURET	F-SEN	CHESTER TRI	03:11:39
684	384	EMMA GOODING	F-SEN	-	03:13:14
685	399	TRINE SIF SOERENSEN	F-SEN	CHESTER TRI	03:14:19
686	421	EMMA MCNAMARA	F-V40	MERSEY TRI	03:15:32
687	390	RACHEL JAMES-OWENS	F-SEN	CARNEDDAU TRI	03:16:34
688	574	WYN MORRIS	M-V40	CARNEDDAU TRI	03:18:13
689	670	COLIN DAVIES	M-V40	CARNEDDAU TRI	03:18:13
690	458	ANGELA GREEN	F-V40	CHESTER TRI	03:18:38
691	620	STEFAN DOJCINOV	M-V40	CARDIFF TRI	03:20:17
692	777	GEOFF ENOCH	M-V50	OXFORD TRI	03:22:28
693	405	NICOLA BROOKES	F-V40	TRI PRESTON	03:24:14
694	65	ALEX PAWLITTA	M-SEN	-	03:24:15
695	798	RODERICK PATON	M-V60	-	03:24:34
696	481	JAN MORGAN	F-V50	CHESTER TRI	03:24:48

697	528	STEPHEN HUMPHREYS	M-V40	-	03:26:11
698	402	TANYA WELLS	F-SEN	-	03:26:51
699	557	ANDREW DAVID BROWN	M-V40	LEEDS & BRADFORD	03:29:25
700	44	MICHAEL HOME	M-SEN	-	03:31:23
701	370	ELIN HAF DAVIES	F-SEN	-	03:37:37
702	241	NEIL SMITH	M-SEN	-	03:43:22
703	494	IAN JACKSON	M-V40	-	03:48:24
704	800	IVAN GREEN	M-V60	LEEDS & BRADFORD	03:54:16
705	348	EVE MACHARIA	F-SEN	-	04:07:08
706	333	KATHARINE SULLIVAN	F-SEN	PSOF	04:14:28
	633	ADRIAN BEECHING	M-V40	CARDIFF TRI	
	281	ANDREW WEEKS	M-SEN	-	
	19	BEN HOWARD	M-SEN	DURHAM UNI TRI	
	4	BRUCE FANSHAWE	M-JUN	-	
	789	CHRIS BINKS	M-V60	CHESTER TRI	
	523	CLIVE BOULTON	M-V40	-	
	86	DAVID METCALFE	M-SEN	SHEFFIELD TRI	
	94	IAN LAHART	M-SEN	BRAT CLUB	
	354	JOANNE YORKE	F-SEN	MERSEY TRI	
	459	JULIA SANDFORD	F-V40	-	
	521	KENNY MITCHELL	M-V40	MANCHESTER TRI	
	213	MARCUS WHEL BAND	M-SEN	TEAM MK	*
	625	MARK MADDOX	M-V40	YARD DOGS	
	156	MARK PADLEY	M-SEN	BARRACUDA	
	267	MICHAEL SHACKCLOTH	M-SEN	MANCHESTER TRI	
	432	NANCY SKINNER	F-V40	SHEFFIELD TRI	
	629	PAT SHOWLIN	M-V40	MANCHESTER TRI	
	62	RHYS JONES	M-SEN	THETRILIFE.COM	
	221	RICHARD WILDER	M-SEN	WILDERFITNESS.CO.UK	
	482	SALLY HARDWICK-JONES	F-SEN	-	
	9	SAM RUSSELL	M-JUN	ATHLETE MATTERS	
	322	VICKI GOULDING	F-SEN	TEAM DILLON	
	178	YOANN BOURGEOIS	M-SEN	TRI LONDON	

1 Tip of a flat belly :

Cut down 3 lbs of your belly every week by using this 1 weird old tip.