



Exit the pool and down the steps to your right, through the carpark towards the exit.  
Turn left on to Sutton Road. Turn left at the traffic lights (opposite the fire station).  
After approx 800m follow the path to your left and cross the road using the bridge, (This is a busy road and the bridge MUST be used)  
Head left towards the lane and follow the path. Exit the pathway and turn left on to Alfreton Road.  
Follow the pavement to the left at The Snipe Pub, and back on to the A38.  
At Orchard Way turn left and complete one more loop.  
On your second approach continue past Orchard Way, and head for the bridge.  
Go under the bridge and continue for approx 30m, follow the pathway back on to the bridge.  
Continue up the A38 to the traffic lights, turn right on to Sutton Road and back to the school carpark.  
Finish line is at the steps.