

Southwell Sprint Triathlon 2009 - Provisional Results

Name	Surname	Gender	Age category	Team name	Finish	Pos	Cat Pos	Swim	T1	Cycle	T2	Run
NICK	DUNN	Male	M 25 - 29	CEEPO TFN RT	00:48:12	1	1	00:06:19	00:00:32	00:25:50	00:00:24	00:15:06
DAVID	BISHOP	Male	M UNDER 20	CEEPO TFN RT	00:49:10	2	1	00:05:30	00:00:33	00:27:25	00:00:27	00:15:13
RICHARD	TEARE	Male	M 25 - 29	EQUUS	00:49:40	3	2	00:06:50	00:00:45	00:25:52	00:00:25	00:15:47
CHRIS	DALE	Male	M UNDER 20	MANSFIELD TRIATHLON CLUB	00:51:48	4	2	00:05:52	00:00:35	00:28:31	00:00:28	00:16:20
PETER	GOODFELLOW	Male	M 35 - 39	EQUUS	00:51:51	5	1	00:06:26	00:00:50	00:26:50	00:00:27	00:17:16
CHRIS	BROWN	Male	RELAY	NO IDEA	00:51:54	6	1	00:06:25	00:00:48	00:27:29	00:00:34	00:16:36
KEV	HOPE	Male	M 30 - 34	TFN TRI CLUB	00:51:56	7	1	00:06:30	00:00:37	00:28:12	00:00:24	00:16:12
PETER	LYNAS	Male	M UNDER 20		00:52:25	8	3	00:06:11	00:00:34	00:27:31	00:00:34	00:17:32
RICHARD	JEGGO	Male	M 30 - 34	LEICESTER TRIATHLON CLUB	00:52:32	9	2	00:07:04	00:00:40	00:27:45	00:00:32	00:16:30
ANDREW	STUART	Male	M 25 - 29	TFN	00:52:43	10	3	00:07:26	00:00:35	00:26:16	00:00:44	00:17:39
JONATHON	RIALL	Male	M 25 - 29	CHARNWOOD TRI	00:52:53	11	4	00:05:57	00:00:37	00:28:09	00:00:32	00:17:36
STEVEN	PALEY	Male	M 30 - 34	LINCOLN TRI CLUB	00:53:14	12	3	00:06:14	00:00:29	00:27:54	00:00:40	00:17:55
STEVEN	WIGGLESWORTH	Male	M 45 - 49	VEGETARIAN C&AC	00:53:45	13	1	00:08:03	00:00:49	00:26:37	00:00:35	00:17:39
BRUNO	NIKOLOFF	Male	M 40 - 44		00:53:48	14	1	00:06:57	00:00:47	00:29:12	00:00:41	00:16:09
SIMON	GEORGE	Male	M 25 - 29	LINCOLN TRI CLUB	00:53:52	15	5					
MARK	CHOPRA	Male	M 25 - 29		00:54:18	16	6	00:05:39	00:00:36	00:31:12	00:00:33	00:16:16
MELANIE	HAYWARD	Female	F 35 - 39	BARRACUDA TRI CLUB	00:54:39	17	1	00:07:47	00:00:52	00:28:18	00:00:34	00:17:06
INNES	BOYD	Male	M 30 - 34	ARMY TRI	00:54:51	18	4	00:06:34	00:00:52	00:36:19	00:01:11	00:09:53
BRIAN	SWINDELL	Male	M 50 - 54	DEBY TRI CLUB	00:54:52	19	1	00:06:37	00:01:15	00:28:26	00:00:34	00:17:59
STEPHEN	JACK	Male	M 20 - 24		00:54:54	20	1	00:07:45	00:01:12	00:29:00	00:00:46	00:16:09
STEVE	PENNEY	Male	M 35 - 39	SHEFFIELD TRI	00:54:56	21	2	00:08:27	00:01:00	00:28:46	00:00:41	00:16:00
SAMUEL	WRIGHT	Male	M 25 - 29	RAF TRI	00:55:05	22	7	00:06:55	00:00:43	00:29:06	00:00:27	00:17:53
PETER	PAIN	Male	M 50 - 54	ARMY TRIATHLON ASSOCIATION	00:55:15	23	2	00:07:33	00:00:39	00:29:16	00:00:26	00:17:19
GAVIN	HODGSON	Male	M 30 - 34	LINCOLNTRI	00:55:18	24	5	00:06:30	00:00:33			00:17:57
ANDY	BISHOP	Male	M 30 - 34	SHEFFIELD TRIATHLON CLUB	00:55:26	25	6	00:07:45	00:01:21	00:26:34	00:00:45	00:18:59
GARETH	CASTLEDINE	Male	M 25 - 29	MANSFIELD TRI CLUB	00:55:31	26	8	00:08:30	00:00:43	00:28:47	00:00:27	00:17:03
JOHN	BULLOCK	Male	M 40 - 44	ESPORTA TRI CLUB	00:55:50	27	2	00:07:25	00:00:52	00:28:41	00:00:37	00:18:12
LUCY	SMITH	Female	F UNDER 25		00:56:01	28	1	00:05:45	00:00:39	00:30:37	00:00:25	00:18:33
JOHN	GOLDING	Male	M 35 - 39	LEICESTER TC	00:56:02	29	3	00:08:00	00:00:50	00:29:35	00:00:39	00:16:56
JOHN	MUNRO	Male	M 35 - 39		00:56:14	30	4	00:06:37	00:00:57	00:29:52	00:00:35	00:18:12
TONY	CAULTON	Male	M 50 - 54	OLD TIMERS TRI CLUB	00:56:18	31	3	00:08:58	00:00:52	00:29:13	00:00:34	00:16:40
JOHN	MANNING	Male	M 50 - 54	DERBY TRI	00:56:33	32	4	00:07:13	00:00:57	00:27:33	00:00:38	00:20:10
TIM	SLINGSBY	Male	M 30 - 34		00:56:39	33	7	00:07:03	00:00:55	00:30:08	00:00:37	00:17:54
STEPHEN	MELHUIISH	Male	M 45 - 49	MANSFIELD TRIATHLON CLUB	00:56:41	34	2	00:07:24	00:00:50	00:29:14	00:00:34	00:18:37
ROB	HIPKIN	Male	M 45 - 49	MELTON WEDNESDAY	00:56:44	35	3	00:06:55	00:00:39	00:30:38	00:00:33	00:17:57
OLLIE	LORD	Male	M 30 - 34	RETFORD AC	00:56:59	36	8	00:06:41	00:00:56	00:29:37	00:00:28	00:19:16
DANNY	WYER	Male	M 30 - 34		00:57:07	37	9	00:07:39	00:00:45	00:30:22	00:00:36	00:17:43
ANDREW	BENSON	Male	M 25 - 29		00:57:12	38	9	00:07:12	00:01:29	00:30:23	00:00:27	00:17:39
PETE	SHUTTLEWORTH	Male	M 30 - 34		00:57:25	39	10	00:06:24	00:01:58	00:31:13	00:00:25	00:17:24
MELVYN	HEYWOOD	Male	M 45 - 49	TFN	00:57:26	40	4	00:07:26	00:00:53	00:30:23	00:00:31	00:18:10
PETER	ORME	Male	M 50 - 54	MANSFIELD TRI	00:57:41	42	5	00:10:01	00:00:51	00:28:55	00:00:32	00:17:21
ROLAND	EVANS	Male	M 35 - 39		00:57:41	41	5	00:07:24	00:01:02			00:18:16
MARK	HARRISON	Male	M UNDER 20	LINCOLN TRI	00:57:47	43	4	00:06:12	00:01:07	00:31:45	00:00:34	00:18:07

Southwell Sprint Triathlon 2009 - Provisional Results

MATT	BRENTLEY	Male	M 25 - 29		00:57:48	44	10	00:06:17	00:00:42	00:30:37	00:00:35	00:19:34
MAURICE	CROSSLEY	Male	M 50 - 54	ARMY TRI ASSOCIATION	00:57:59	45	6	00:08:40	00:00:43	00:28:15	00:00:33	00:19:46
DAN	HARMAN	Male	M 30 - 34	LEEDS BRADFORD TRIATHLON CLUB	00:58:06	46	11	00:08:00	00:00:46	00:30:58	00:00:57	00:17:24
CHRIS	REDDING	Male	M 40 - 44		00:58:10	47	3	00:07:15	00:00:48	00:29:49	00:00:37	00:19:39
ANDREW	SCLATER	Male	M 30 - 34		00:58:24	48	12	00:07:46	00:00:37	00:31:14	00:00:35	00:18:10
PAUL	SCOTTING	Male	M 45 - 49	TFN	00:58:28	49	5	00:08:39	00:00:39	00:29:54	00:00:38	00:18:36
GRAHAM	HODGES	Male	M 45 - 49		00:58:30	50	6	00:08:13	00:00:38	00:30:51	00:00:43	00:18:04
STEVE	SAUNDERS	Male	M 45 - 49	LINCOLN TRI	00:58:36	51	7	00:08:20	00:00:28	00:31:17	00:00:43	00:17:47
PHIL	MALT	Male	M 40 - 44	IMPSPORT	00:58:39	52	4	00:10:39	00:01:07	00:27:37	00:00:51	00:18:23
GARRY	DAVY	Male	M 40 - 44	PLANET X	00:58:44	53	5			00:31:47	00:00:39	00:17:37
LEE	CUTHBERT	Male	M 35 - 39		00:58:47	54	6	00:07:13	00:00:55	00:31:06	00:00:50	00:18:41
LES	CAVILL	Male	M 50 - 54	ALNWICK TRI	00:58:50	55	7	00:08:04	00:00:52			00:19:38
TIM	SAVAGE	Male	M 40 - 44		00:58:52	56	6	00:09:31	00:00:43	00:30:02	00:00:42	00:17:52
MARTIN	RENDE	Male	M 35 - 39	FLEXIBLE OFFICES DIRECT / CHARNWOOD TRI.	00:58:55	57	7	00:07:40	00:01:08	00:29:25	00:00:43	00:19:57
OLIVER	MANN	Male	M 25 - 29	TFN	00:58:58	58	11	00:08:03	00:00:50	00:29:53	00:00:32	00:19:39
ALAN	WHEELER	Male	M 35 - 39	YELLOWVELO	00:59:03	59	8	00:09:00	00:00:45	00:31:57	743:59:2	00:17:59
MARC	TURNER	Male	M 35 - 39	RICHARD ALLEN FITNESS	00:59:05	60	9	00:07:42	00:01:06	00:30:37	00:00:39	00:18:59
DANIEL	BARDELL	Male	M 20 - 24	ADWICK TRI	00:59:05	61	2	00:07:02	00:00:43	00:32:45	00:00:32	00:18:02
DAVID	GRANT	Male	M 25 - 29		00:59:07	62	12	00:08:51	00:00:46	00:31:24	00:00:38	00:17:26
DEREK	HAYDEN	Male	M 25 - 29	TFN	00:59:18	63	13	00:08:32	00:00:54	00:29:55	00:00:49	00:19:06
ADAM	NICHOLSON	Male	M 30 - 34		00:59:18	64	13	00:05:32	00:00:44	00:32:22	00:00:30	00:20:08
STEPHEN	HANCOCK	Male	M 40 - 44	RACING TNT	00:59:25	65	7			00:28:56	00:00:42	00:18:54
DAVID	GILES	Male	M 35 - 39	4 LIFE	00:59:26	66	10	00:06:06	00:00:41	00:31:18	00:00:47	00:20:32
CHRISTOPHER	POWER	Male	RELAY	PETINGER POWERHAWK	00:59:28	67	2	00:09:52	00:00:43	00:29:19	00:00:37	00:18:55
JAMES	CHISHOLM	Male	M 55 - 59	WAKEFIELD TRIATHLON CLUB	00:59:29	69	1	00:09:17	00:00:38	00:31:04	00:00:41	00:17:48
KARL	ELWELL	Male	M 35 - 39	SILVER BULLETS/ WHITE ROSE	00:59:29	68	11	00:07:28	00:00:48	00:32:25	00:00:31	00:18:14
CHRIS	SHOOTER	Male	M 30 - 34	MANSFIELD TRI	00:59:30	70	14	00:07:00	00:00:36	00:30:56	00:00:30	00:20:26
DEAN	TAYLOR	Male	M 45 - 49	MVH TRI CLUB	00:59:31	71	8	00:07:20	00:01:25	00:28:52	00:00:47	00:21:05
ARON	WHILES	Male	M 30 - 34	BRAT	00:59:35	72	15	00:07:16	00:00:54	00:31:09	00:00:40	00:19:35
ZAC	GOODSPEED	Male	M 35 - 39		00:59:37	74	12	00:07:18	00:01:16	00:31:03	00:00:29	00:19:29
SANDY	TELFER	Male	M 45 - 49	SLEAFORD STRIDERS	00:59:37	73	9	00:08:08	00:01:09	00:31:03	00:00:34	00:18:40
NEIL	COPLAND	Male	M 40 - 44	NOTTS POLICE	00:59:40	75	8	00:08:47	00:01:00	00:28:44	00:00:44	00:20:23
WAYNE	TURNER	Male	M 40 - 44		00:59:41	76	9	00:08:03	00:01:00	00:31:22	00:00:50	00:18:25
DEREK	APPLETON	Male	M 50 - 54	FAT BOYS RUNNING CLUB	00:59:42	77	8	00:09:47	00:00:57	00:29:22	00:01:07	00:18:28
PAUL	BELFIELD	Male	M 35 - 39	STONE WHEELERS	00:59:45	78	13	00:08:47	00:01:15	00:28:04	00:00:47	00:20:51
MICHAEL	STAINES	Male	M 50 - 54	SPALDING TRIATHLON CLUB	00:59:45	79	9	00:08:12	00:01:00	00:29:53	00:00:48	00:19:49
RICHARD	BALLANTINE	Male	M 40 - 44	KEIGHLEY AND CRAVEN ATHLETICS CLUB	00:59:55	81	10	00:08:59	00:00:50	00:31:08	00:00:47	00:18:10
ANDREW	POWELL	Male	M 35 - 39		00:59:55	80	14	00:08:38	00:01:10	00:31:51	00:00:54	00:17:21
SIMON	BROWNE	Male	M 40 - 44		01:00:01	82	11	00:08:30	00:00:58	00:30:18	00:00:43	00:19:30
MIKE	HIPKIN	Male	M 45 - 49		01:00:02	83	10	00:06:39	00:00:49	00:31:18	00:00:40	00:20:33
TERRY	GRANT	Male	M 50 - 54	SLEAFORD STRIDERS	01:00:14	84	10	00:07:49	00:01:11	00:30:06	00:00:57	00:20:08
CLAIRE	ARMSTRONG	Female	F 30 - 34		01:00:19	85	1	00:07:43	00:00:46	00:31:54	00:00:29	00:19:25
BRIAN	MUNDY	Male	M 35 - 39		01:00:20	86	15	00:08:58	00:01:03	00:29:35	00:01:01	00:19:41

Southwell Sprint Triathlon 2009 - Provisional Results

MICHAEL	RYAN	Male	M 35 - 39	ATA	01:00:25	87	16	00:08:19	00:01:09	00:30:17	00:00:46	00:19:51
ADAM	BIRD	Male	M 35 - 39	BEESTON CC	01:00:25	88	17	00:08:48	00:00:43	00:28:56	00:00:41	00:21:15
JOHN	ELWELL	Male	M 30 - 34	SILVER BULLETS TRI	01:00:30	89	16	00:06:31	00:00:50	00:32:33	00:00:30	00:20:05
NICK	BESTWICK	Male	M 35 - 39	TRITALK.CO.UK	01:00:31	90	18	00:06:58	00:00:57	00:31:35		
JAMES	BIRD	Male	M 20 - 24	SHEFFIELD TRI	01:00:32	91	3	00:07:36	00:00:59	00:33:05	00:00:53	00:17:58
JEREMY	NICHOLSON	Male	M 40 - 44	LINCOLN WHEELERS	01:00:43	92	12	00:08:34	00:01:00	00:29:28	00:00:47	00:20:52
RORY	SCREATON	Male	M 45 - 49		01:00:59	93	11	00:08:49	00:00:50	00:31:03	00:00:44	00:19:32
PHILIP	WRIGHT	Male	M 35 - 39		01:00:59	94	19	00:07:05	00:00:51	00:32:45	00:00:30	00:19:47
TOM	DREW	Male	M 40 - 44	SPALDING TRI	01:01:00	96	13	00:08:36	00:00:37	00:32:25	00:00:40	00:18:40
ROSS	GREIG	Male	M 25 - 29	MEYNELL VALLEY HUNTERS TRI CLUB	01:01:00	95	14	00:06:52	00:01:14	00:31:09	00:00:40	00:21:04
SIMON	COCKER	Male	M 50 - 54	WITHAM WHEELERS	01:01:01	97	11	00:09:40	00:00:50	00:29:49	00:00:42	00:19:58
KEVIN	DUNNE	Male	M 50 - 54	LINCOLN TRI	01:01:05	98	12	00:07:17	00:00:58	00:32:08	00:00:58	00:19:42
MIKE	BULLOCK	Male	M 35 - 39		01:01:13	99	20	00:07:41	00:01:37	00:31:04	00:00:47	00:20:03
NAOMI	WARR	Female	F 30 - 34	DERBY TRI	01:01:18	100	2	00:07:49	00:00:54	00:32:37	00:00:44	00:19:12
DAVE	SMITH	Male	M 55 - 59	1485 TRI CLUB	01:01:23	101	2	00:08:38	00:00:36	00:32:09	00:00:31	00:19:27
STUART	LEAKE	Male	M 30 - 34		01:01:26	102	17	00:07:08	00:00:53	00:29:34	00:00:33	00:23:15
MARK	ONYETT	Male	M 35 - 39		01:01:27	103	21	00:07:26	00:00:44	00:32:39	00:00:39	00:19:56
PETE	WALTON	Male	M 35 - 39		01:01:35	104	22	00:07:45	00:00:56	00:32:15	00:00:28	00:20:09
ROB	DIXON	Male	M 40 - 44	SHEFFIELD TRI CLUB	01:01:38	105	14	00:09:45	00:00:55	00:30:39	00:01:04	00:19:12
KEVIN	HAYWARD	Male	M 50 - 54	BARRACUDA	01:01:41	106	13	00:09:19	00:00:43	00:31:34	00:00:51	00:19:12
MEL	BERRY	Female	F 40 - 44	TFN	01:01:47	107	1	00:06:36	00:01:02	00:31:10	00:00:41	00:22:17
Andrew	Mccooy	Male	M UNDER 20	LINCOLN TRICLUB	01:01:52	108	5	00:08:03	00:01:56	00:32:30	00:00:32	00:18:50
JAMES	WILSON	Male	M 20 - 24		01:01:58	109	4	00:09:53	00:02:12	00:37:44	00:01:16	00:10:50
NEIL	DOWSETT	Male	M 35 - 39		01:01:58	110	23	00:08:44	00:00:59	00:32:01	00:00:57	00:19:16
ROBERT	ROPER	Male	M 40 - 44	WORKSOP HARRIERS	01:02:00	111	15	00:09:17	00:01:58	00:31:29	00:00:48	00:18:26
STEPHEN	GOODE	Male	M 30 - 34	TFN	01:02:04	112	18	00:07:45	00:01:01	00:33:03	00:00:51	00:19:22
SIMON	MCCARTHY	Male	M 45 - 49	ABSOLUTE TRI	01:02:07	113	12	00:08:39	00:01:35	00:30:45	00:01:17	00:19:50
GEOFF	ASTLEY	Male	M 45 - 49	MEYNELL VALLEY HUNTERS	01:02:11	114	13	00:08:40	00:01:20	00:32:02	00:01:03	00:19:06
MATT	HACKLAND	Male	M 25 - 29		01:02:16	115	15	00:07:52	00:01:01	00:32:11	00:00:51	00:20:20
NICK	RAINE-FENNING	Male	M 40 - 44	TFN	01:02:20	116	16	00:08:44	00:01:31	00:31:17	00:00:50	00:19:57
TONY	PETERS	Male	M 45 - 49	1485	01:02:27	117	14	00:08:59	00:00:40	00:31:28	00:00:34	00:20:44
WIN	MAN	Male	M 25 - 29		01:02:28	118	16	00:08:36	00:00:57	00:31:46	00:00:59	00:20:08
JONATHAN	COLLINS	Male	M 45 - 49		01:02:34	119	15	00:08:43	00:01:00	00:31:28	00:00:48	00:20:34
MALCOLM	SULLIVAN	Male	M 40 - 44	HELEN VOCE TRI CLUB	01:02:34	120	17	00:08:01	00:01:15	00:32:18	00:00:32	00:20:26
RICHARD	BRUCE	Male	M 30 - 34		01:02:36	121	19	00:07:22	00:02:16	00:32:43	00:01:12	00:19:00
KATRINA	KEMP	Female	F 45 - 49	LEICESTER TRI CLUB	01:02:39	122	1	00:07:44	00:00:51	00:33:28	00:00:45	00:19:49
LEIGH	ARCHER	Male	M 40 - 44	TFN TRI CLUB	01:02:42	123	18	00:07:46	00:00:37	00:32:08	00:00:50	00:21:20
OWEN	HARRIS	Male	M 40 - 44	TFN	01:02:43	125	19	00:10:33	00:01:32	00:31:19	00:01:41	00:17:37
EDDIE	CURRY	Male	M 35 - 39	ABSOLUTE TRIATHLON CLUB	01:02:43	124	24	00:08:31	00:00:45	00:32:29	00:00:37	00:20:19
PAUL	HARRIES	Male	M 30 - 34		01:02:48	126	20	00:08:39	00:01:31	00:33:40	00:00:36	00:18:20
RUSSELL	MAIN	Male	M 40 - 44		01:02:51	127	20	00:07:20	00:01:03	00:31:41	00:00:46	00:22:00
PAUL	KENDREW	Male	M 30 - 34		01:02:57	128	21	00:07:37	00:01:08	00:32:22	00:00:35	00:21:14
ANDY	TUCK	Male	M 45 - 49		01:02:59	129	16	00:08:31	00:01:14	00:31:24	00:00:47	00:21:00
NIGEL	LEAKER	Male	M 45 - 49		01:03:07	130	17	00:07:47	00:01:38	00:31:01	00:01:47	00:20:52

Southwell Sprint Triathlon 2009 - Provisional Results

IAN	BOAM	Male	M 40 - 44		01:03:17	131	21	00:09:58	00:01:54	00:31:18	00:01:27	00:18:38
WAYNE	KEW	Male	M 45 - 49	MABLETHORPE RUNNING CLUB	01:03:21	132	18	00:09:39	00:00:56	00:32:24	00:00:54	00:19:26
STEPHEN	HALE	Male	M 30 - 34		01:03:22	133	22	00:07:40	00:01:13	00:32:40	00:00:48	00:20:59
MICHAEL	TOWNDROW	Male	RELAY	THE SCOUNDRELS	01:03:24	134	3	00:07:37	00:00:43	00:31:49	00:01:00	00:22:13
JEREMY	FRYER	Male	M 35 - 39		01:03:25	135	25	00:08:16	00:01:24	00:31:47	00:01:29	00:20:28
STEVE	HAMILTON	Male	M 40 - 44	HELEN VOCE TRI CLUB	01:03:26	136	22	00:07:53	00:01:26	00:31:38	00:00:53	00:21:34
DEBBIE	BARNETT	Female	F 25 - 29	DAVID LLOYD NEWCASTLE TRIATHLON CLUB	01:03:26	137	1	00:07:41	00:01:03	00:33:50	00:00:42	00:20:10
ADAM	MEAKIN	Male	M 30 - 34		01:03:28	138	23	00:08:35	00:00:56	00:34:23	00:00:41	00:18:51
MARK	HURRELL	Male	M 40 - 44	ADWICK TRI CLUB	01:03:29	139	23	00:08:49	00:01:07	00:33:55	00:00:52	00:18:45
SIMON	NEUMANN	Male	M 30 - 34		01:03:31	140	24	00:09:59	00:01:20	00:32:03	00:01:13	00:18:55
CHRISTOPHER	WALSH	Male	M 30 - 34		01:03:33	141	25	00:07:59	00:01:18	00:34:17	00:00:31	00:19:26
ZOE	SMITH	Female	F 25 - 29	RUTLAND RUNNING CLUB	01:03:37	142	2	00:09:18	00:01:03	00:33:36	00:00:35	00:19:04
NEIL	STEVENS	Male	M 25 - 29		01:03:37	144	18	00:08:23	00:00:52	00:33:16	00:00:50	00:20:14
ANDREW	TURNER	Male	M 25 - 29		01:03:37	143	17	00:08:07	00:01:13	00:34:19	00:00:42	00:19:13
Micheal	Davison	Male	M 30 - 34		01:03:38			00:11:22	00:01:49	00:37:18	00:01:04	00:12:04
MARK	KEARNEY	Male	M 40 - 44		01:03:39	145	24	00:09:00	00:01:02	00:31:46	00:00:52	00:20:57
JENNY	FEATHERSTONE	Female	F 30 - 34	SHEFFIELD TRI CLUB	01:03:43	146	3	00:08:18	00:01:00	00:34:50	00:00:29	00:19:04
HELEN	GORMAN	Female	F 35 - 39	TFN	01:03:48	147	2	00:06:23	00:00:54	00:32:36	00:00:45	00:23:08
ANDREW	BLOW	Male	M 40 - 44		01:03:50	148	25	00:08:16	00:00:57			00:21:53
CAROLINE	FINDLAY	Female	F 30 - 34	ALNWICK DISTRICT TRI CLUB	01:03:51	149	4	00:08:03	00:00:52	00:33:45	00:00:36	00:20:33
THOMAS	WALKER	Male	M 20 - 24		01:03:57	150	5	00:06:10	00:01:04	00:32:45	00:00:33	00:23:22
MARTIN	WOOD	Male	M 50 - 54	LINCOLN TRI / TEAM HERBALIFE	01:03:59	151	14	00:10:31	00:00:57	00:32:39	00:00:45	00:19:05
ROLAND	SMYTHE	Male	M 50 - 54	COVENTRY TRIATHLETES	01:04:02	152	15	00:10:00	00:01:16	00:31:45	00:01:27	00:19:32
HELEN	CROSSLEY	Female	F 35 - 39		01:04:04	153	3	00:05:59	00:01:01	00:33:47	00:00:48	00:22:26
WARREN	SIMMS	Male	M 45 - 49	MEYNELL VALLEY HUNTERS	01:04:08	154	19	00:08:28	00:01:15	00:32:19	00:00:48	00:21:16
LOUISE	BENNETT	Female	F 35 - 39		01:04:09	155	4	00:08:42	00:00:47	00:32:38	00:00:40	00:21:20
ANDREW	MCKENZIE	Male	M 35 - 39		01:04:22	156	26	00:06:44	00:01:20	00:33:02	00:00:26	00:22:48
LORNA	MAGOWAN	Female	F 45 - 49		01:04:24	157	2			00:32:07	00:00:53	00:22:30
JOHN	KEARNS	Male	M 45 - 49	LEICESTER TRI	01:04:29	158	20	00:10:05	00:00:50	00:33:08	00:00:48	00:19:36
SIMON	HALL	Male	M 55 - 59	NOTTINGHAM CLARION	01:04:39	159	3	00:08:21	00:01:48	00:31:41	00:01:12	00:21:36
MARK	EPTON	Male	RELAY	REVOLUTION IMAGES	01:04:48	160	4	00:14:30	00:00:59	00:28:30	00:00:55	00:19:52
IAN	HEWITT	Male	M 30 - 34		01:04:49	161	26	00:09:23	00:00:57	00:33:42	00:00:49	00:19:55
PAUL	NICHOLSON	Male	M 40 - 44		01:04:52	163	26	00:08:01	00:01:23	00:32:26	00:00:51	00:22:10
JONATHAN	BURR	Male	M 30 - 34		01:04:52	162	27	00:08:32	00:00:59	00:34:20	00:00:45	00:20:13
MARK	ROWLEY	Male	M 45 - 49		01:04:55	164	21	00:08:45	00:01:14	00:32:07	00:00:53	00:21:54
CHRIS	BENNETT	Male	M 25 - 29		01:04:58	165	19	00:10:47	00:01:09	00:32:55	00:00:44	00:19:21
GARETH	HUNT	Male	M 30 - 34	SHEFFIELD TRI CLUB	01:05:01	166	28			00:33:59	00:00:46	00:20:51
GEORGE	HOWICK	Male	M UNDER 20	4LIFE TRI	01:05:04	167	6	00:07:26	00:00:59	00:32:22	00:00:39	00:23:36
ASHLEY	FULLARD	Male	M 30 - 34		01:05:08	168	29	00:06:57	00:01:15	00:34:31	00:01:18	00:21:05
MICK	GREEN	Male	M 40 - 44	ABSOLUTE TRIATHLON CLUB	01:05:09	170	27	00:10:12	00:00:51	00:30:22	00:00:56	00:22:46
LISA	MILLER	Female	F 40 - 44		01:05:09	169	2	00:07:42	00:01:16	00:32:46	00:00:51	00:22:32
NEIL	LEMMON	Male	M 35 - 39	LEICESTER TRI	01:05:11	171	27	00:08:19	00:01:02	00:31:17	00:01:08	00:23:23
ANDY	THOMAS	Male	M 30 - 34		01:05:12	172	30	00:09:43	00:01:23	00:34:03	00:00:54	00:19:08
SARAH	ALTON	Female	F 40 - 44	LA BICICLETA / RACING TNT	01:05:17	173	3	00:08:57	00:01:05	00:33:04	00:01:04	00:21:06

Southwell Sprint Triathlon 2009 - Provisional Results

JAMES	LYALL	Male	M 35 - 39		01:05:18	174	28	00:08:22	00:00:57	00:33:03	00:00:40	00:22:15
ALAN	CHURCHER	Male	M 60+	RACINGTNT	01:05:24	175	1	00:09:35	00:01:16	00:31:07	00:01:20	00:22:03
IAIN	TAYLOR	Male	M 30 - 34	ADWICK TRI CLUB	01:05:27	176	31	00:07:37	00:00:56	00:32:21	00:00:57	00:23:34
NICOLAS	KAYE	Male	M 45 - 49		01:05:34	177	22	00:08:06	00:01:15	00:34:01	00:00:45	00:21:25
DAVID	HICKEY	Male	M 25 - 29		01:05:51	178	20	00:08:27	00:01:27	00:35:01	00:00:40	00:20:14
FRANK	FLEGG	Male	M 25 - 29		01:05:54	179	21	00:09:44	00:01:05	00:34:11	00:01:01	00:19:52
ANDREW	THOMAS	Male	M 40 - 44	SUTTON IN ASHFIELD HARRIERS	01:06:03	180	28	00:08:50	00:01:10	00:33:08	00:01:06	00:21:46
JAN	JOHNSON	Female	F 50 - 54	EQUUS	01:06:09	181	1	00:08:55	00:00:45	00:32:58	00:00:35	00:22:54
ROBERT	WILLIAMS	Male	M 30 - 34		01:06:10	182	32	00:07:52	00:01:40	00:34:30	00:00:54	00:21:13
JOEL	EDWARDS	Male	M 30 - 34		01:06:13	183	33	00:07:26	00:01:15	00:34:28	00:01:04	00:21:59
LUKE	WRIGHT	Male	M 35 - 39		01:06:15	185	29	00:09:13	00:01:29	00:32:23	00:00:40	00:22:29
CLIVE	LEMMON	Male	M 40 - 44	LEICESTER TRI CLUB	01:06:15	184	29	00:08:49	00:00:59	00:31:36	00:00:49	00:24:00
NIGEL	GREEN	Male	M 35 - 39		01:06:21	186	30	00:07:52	00:02:12	00:34:06	00:00:32	00:21:37
PETER	COLE	Male	M 30 - 34	ROKO	01:06:27	187	34	00:07:52	00:01:29	00:33:39	00:01:02	00:22:23
DANIEL	BAILEY	Male	M 35 - 39		01:06:30	188	31	00:08:34	00:02:45	00:32:44	00:02:03	00:20:21
JEFF	HEATHCOTE	Male	M 35 - 39		01:06:31	189	32	00:08:57	00:01:19	00:33:28	00:01:29	00:21:17
RICHARD	BOSWORTH	Male	M 20 - 24		01:06:33	190	6	00:06:52	00:01:16	00:32:26	00:00:54	00:25:03
Paul	Rose	Male	M 40 - 44	SPALDING TRI CLUB	01:06:38	191	30	00:09:43	00:01:14	00:34:16	00:00:51	00:20:34
MARTYN	WATKINSON	Male	M 50 - 54	LINCOLN TRI	01:06:41	192	16			00:32:49	00:01:19	00:23:29
KAROL	MAMOS	Male	M 40 - 44		01:06:46	193	31	00:09:25	00:01:20	00:34:56	00:01:02	00:20:02
GARRY	SIDDON	Male	M 35 - 39		01:06:47	194	33	00:10:34	00:01:13	00:33:01	00:01:06	00:20:51
WILLIAM	GILLESPIE	Male	M 40 - 44		01:06:49	195	32	00:09:36	00:01:03	00:32:05	00:01:17	00:22:46
SARAH	GRANDY	Female	F 50 - 54	BARROW RUNNERS	01:06:53	196	2	00:08:48	00:01:12	00:34:36	00:00:43	00:21:32
DAVID	COX	Male	M 35 - 39		01:06:56	197	34	00:08:21	00:01:01	00:33:57	00:00:47	00:22:48
PAUL	NIGHTINGALE	Male	M 45 - 49		01:06:59	198	23	00:10:51	00:00:37	00:32:14	00:00:53	00:22:22
LINZI	FLETCHER-BATES	Female	F 35 - 39		01:07:00	199	5	00:08:06	00:00:49	00:34:37	00:00:40	00:22:46
KATHY	SIMMONS	Female	F 40 - 44		01:07:05	200	4	00:09:48	00:01:09	00:33:53	00:00:52	00:21:21
SIMON	CARTER	Male	M 40 - 44		01:07:07	201	33	00:09:21	00:00:52	00:33:11	00:00:51	00:22:51
GARRY	EVANS	Male	M 30 - 34		01:07:08	202	35	00:08:30	00:00:58	00:35:38	00:00:29	00:21:32
HELEN	SCOTT	Female	F 25 - 29	MANSFIELD HARRIERS	01:07:09	203	3	00:08:57	00:00:47	00:36:22	00:00:42	00:20:20
BEN	CASSWELL	Male	M 25 - 29	ELY TRI	01:07:11	204	22	00:07:37	00:01:41	00:35:49	00:00:38	00:21:24
NANCY	SKINNER	Female	F 40 - 44	SHEFFIELD TRI CLUB	01:07:12	205	5	00:08:24	00:00:58	00:35:59	00:00:41	00:21:08
MARK	WHEELER	Male	M 45 - 49	MEYNELL VALLEY HUNTERS	01:07:15	206	24	00:07:15	00:01:06	00:33:26	00:00:45	00:24:41
BENJAMIN	WRIGLEY	Male	M 30 - 34		01:07:16	207	36	00:08:29	00:01:02	00:34:47	00:01:12	00:21:44
JIM	HAYLETT	Male	M 45 - 49	SOUTH YORKSHIRE POLICE TRI	01:07:19	208	25	00:13:32	00:01:05	00:32:15	00:00:54	00:19:30
MICHAEL	CLARK	Male	M 25 - 29		01:07:21	209	23	00:09:45	00:02:10	00:35:58	00:00:53	00:18:34
ADRIAN	BREMNER	Male	M 40 - 44		01:07:26	210	34	00:07:20	00:01:37	00:34:06	00:00:43	00:23:38
HELEN	CUTMORE	Female	F 45 - 49	SOUTH YORKSHIRE POLICE	01:07:28	211	3	00:08:07	00:01:32	00:35:17	00:01:02	00:21:29
JOHN	TYSON	Male	M 45 - 49	BARRACUDA TRIATHLON CLUB	01:07:30	212	26	00:09:32	00:01:00	00:34:18	00:00:53	00:21:44
JASON	CROOKES	Male	M UNDER 20	LINCOLN TRI CLUB	01:07:33	213	7	00:08:21	00:00:50	00:36:31	00:00:40	00:21:09
MORGAN	WILLIAMS	Male	M 30 - 34	F4T COACHING	01:07:50	214	37	00:08:27	00:01:00	00:34:06	00:00:34	00:23:41
DAVID	THURSTON	Male	M 45 - 49		01:07:51	215	27	00:10:15	00:00:56	00:34:18	00:00:52	00:21:27
IAN	LEWIS	Male	M 35 - 39	KEIGHLEY AND CRAVEN A.C.	01:07:58	216	35	00:08:46	00:01:12	00:36:48	00:00:48	00:20:22
TONY	MORAN	Male	M 45 - 49		01:08:01	217	28	00:08:49	00:01:23	00:35:59	00:00:56	00:20:52

Southwell Sprint Triathlon 2009 - Provisional Results

IAN	GULLIFORD	Male	M 40 - 44		01:08:07	218	35	00:09:24	00:01:36	00:34:01	00:01:19	00:21:44
PAUL	FLEMING	Male	M 40 - 44		01:08:08	219	36	00:09:01	00:01:30	00:34:58	00:00:40	00:21:57
GRACE	GADSBY	Female	F UNDER 25	MEYNELL VALLEY HUNTERS TRIATHLON CLUB	01:08:11	220	2	00:08:03	00:00:54	00:35:08	00:00:41	00:23:24
SIMON	TAYLOR	Male	M 30 - 34	SILVER BULLETS TRI	01:08:22	221	38	00:09:16	00:01:17	00:34:57	00:00:46	00:22:04
JOE	EMPSON	Male	M 35 - 39		01:08:27	222	36	00:09:32	00:01:13	00:34:04	00:01:07	00:22:28
ALEX	MARGINSON	Male	M 30 - 34		01:08:31	223	39	00:08:29	00:01:06	00:36:09	00:01:01	00:21:43
SUSAN	ALLEN	Female	F 30 - 34		01:08:33	224	5	00:10:27	00:01:19	00:34:53	00:00:58	00:20:54
CLARE	WYNGARD	Female	F 45 - 49	DULWICH RUNNERS	01:08:35	225	4	00:09:41	00:01:14	00:35:35	00:01:09	00:20:56
GAVIN	DOWSETT	Male	M 25 - 29		01:08:40	226	24	00:09:24	00:01:31	00:35:30	00:00:57	00:21:16
WAYNE	MOUNTAIN	Male	M 40 - 44		01:08:44	227	37	00:11:50	00:01:43	00:29:14	00:01:02	00:24:53
GWENDA	CAVILL	Female	F 45 - 49		01:08:51	228	5	00:10:33	00:01:05	00:36:37	00:01:00	00:19:34
ANDREW	CLARK	Male	M 35 - 39	SCT	01:08:54	229	37	00:09:33	00:01:04	00:33:14	00:01:05	00:23:56
CHRISTINA	DAVISON	Female	F 45 - 49		01:08:59	230	6	00:09:52	00:00:59	00:35:15	00:00:50	00:22:01
KATHARINE	PATRICK	Female	F 25 - 29	SHEFFIELD TRIATHLON CLUB	01:09:04	231	4	00:11:43	00:00:55	00:35:31	00:00:51	00:20:02
JOHN	FAULKS	Male	M 40 - 44		01:09:13	232	38	00:09:47	00:02:04	00:34:33	00:01:44	00:21:04
RICHARD	BRIGGS	Male	M 40 - 44		01:09:13	233	39	00:08:22	00:01:51	00:35:18	00:01:50	00:21:51
JENNIFER	RUDGE	Female	F 25 - 29		01:09:15	235	5			00:36:17	00:00:41	00:23:04
PAUL	BAIRD	Male	M 40 - 44		01:09:15	234	40	00:08:34	00:01:01	00:37:02	00:00:56	00:21:40
ADRIAN	BARRELL	Male	M 40 - 44		01:09:16	236	41	00:09:39	00:02:24	00:36:03	00:00:45	00:20:23
KAREN	BALLANTINE	Female	F 40 - 44	KEIGHLEY AND CRAVEN ATHLETICS CLUB	01:09:17	237	6	00:08:37	00:00:58	00:34:28	00:00:45	00:24:28
RUTH	HARRIS	Female	F 25 - 29	SHEFFIELD TRI CLUB	01:09:17	238	6	00:08:54	00:01:57	00:33:29	00:00:56	00:24:00
VICTORIA	MOORHEAD	Female	F 35 - 39	SHEFFIELD TRI CLUB	01:09:22	239	6	00:07:56	00:01:14	00:37:17	00:00:57	00:21:57
MICHELLE	YATES	Female	F 35 - 39	REDHILL ROAD RUNNERS	01:09:24	240	7	00:08:12	00:01:40	00:35:58	00:01:12	00:22:20
SCOTT	LOCKYER	Male	M 40 - 44		01:09:24	241	42	00:08:19	00:02:03	00:38:25	00:00:33	00:20:03
HELEN	VOCE	Female	F 40 - 44	HELEN VOCE TRI CLUB	01:09:25	242	7	00:08:53	00:01:28	00:33:47	00:00:46	00:24:30
ROBBIE	SMITH	Male	M 35 - 39		01:09:27	243	38	00:08:28	00:00:41	00:39:33	00:00:40	00:20:03
NEIL	HARRISON	Male	RELAY	HARRISONS	01:09:29	244	5	00:07:50	00:00:53	00:36:40	00:00:44	00:23:20
JOHN	MASON	Male	M 30 - 34		01:09:36	246	40	00:09:45	00:02:20	00:34:22	00:01:40	00:21:27
PAUL	MILLWARD	Male	M 45 - 49	WAKEFIELD TRI CLUB	01:09:36	245	29	00:08:46	00:00:50	00:35:16	00:00:50	00:23:52
CHARLES	BULPITT	Male	M 40 - 44		01:09:45	247	43	00:08:39	00:02:06	00:34:37	00:01:11	00:23:11
NEIL	DEWING	Male	M 40 - 44		01:09:54	248	44	00:09:03	00:01:14	00:34:36	00:00:40	00:24:20
DAVID	MCCARTNEY	Male	M 40 - 44		01:09:57	249	45	00:11:32	00:01:42	00:33:55	00:01:22	00:21:25
STUART	PEARCE	Male	M 45 - 49	LINCOLN TRI	01:10:00	250	30	00:06:59	00:01:15	00:37:22	00:00:52	00:23:30
MATTHEW	SCHOFIELD	Male	M 35 - 39		01:10:02	251	39	00:09:50	00:01:50	00:37:06	00:01:27	00:19:47
MARK	BATTISON	Male	M 45 - 49		01:10:03	253	31	00:11:56	00:01:12	00:36:08	00:01:03	00:19:42
PAUL	JOHNSON	Male	M 40 - 44		01:10:03	254	46	00:09:32	00:01:11	743:59:5	00:35:27	00:23:54
TARA	TRUMAN	Female	F 35 - 39		01:10:03	252	8	00:08:06	00:00:54	00:38:36	00:00:35	00:21:50
TIM	PRIDMORE	Male	M 40 - 44		01:10:04	255	47	00:10:24	00:01:30	00:36:00	00:01:02	00:21:05
DUNCAN	VINCENT	Male	M 40 - 44		01:10:06	256	48	00:10:06	00:01:44	00:37:24	00:00:42	00:20:08
JASON	ASPDEN	Male	M 30 - 34		01:10:07	257	41	00:09:00	00:02:22	00:32:36	00:01:40	00:24:27
KY	NORTH	Male	M 35 - 39		01:10:08	258	40	00:09:28	00:01:14	00:33:26	00:01:21	00:24:39
ANNE	HOWICK	Female	F 45 - 49	4LIFE TRI CLUB	01:10:09	259	7	00:09:48	00:01:16	00:36:44	00:00:54	00:21:25
STEVE	MARCINIAK	Male	M 40 - 44		01:10:09	260	49	00:09:48	00:01:09	00:36:03	00:00:40	00:22:27
DANIELLE	BAKER	Female	F UNDER 25		01:10:10	261	3	00:10:58	00:01:36	00:35:52	00:01:04	00:20:36

Southwell Sprint Triathlon 2009 - Provisional Results

ANTONY	ROBERTS	Male	M 45 - 49		01:10:12	262	32	00:08:11	00:02:19	00:35:25	00:01:35	00:22:40
MARCUS	GREENHILL	Male	M 30 - 34	SILVERBULLETS TRIATHLON	01:10:12	263	42	00:08:17	00:01:08	00:34:16	00:00:57	00:25:33
JOELENE	GOODRIDGE	Female	F 30 - 34	ARMY TRIATHLON	01:10:24	264	6	00:10:09	00:00:53	00:35:00	00:00:55	00:23:25
SUSANNE	TIETZE	Female	F 45 - 49	RACING TNT	01:10:29	265	8	00:08:56	00:01:32	00:36:18	00:01:18	00:22:23
ANITA	BLOW	Female	F 35 - 39		01:10:34	266	9	00:08:17	00:01:29	00:35:56	00:01:08	00:23:43
VICTORIA	PARGETTER	Female	F 25 - 29	BRAT	01:10:41	267	7	00:08:05	00:01:13	00:35:50	00:00:39	00:24:53
CHRIS	HOLMES	Male	M 35 - 39		01:10:42	268	41	00:10:42	00:01:14	00:36:44	00:00:43	00:21:18
DEREK	BROWN	Male	M 35 - 39		01:10:42	269	42	00:08:41	00:01:35	00:34:59	00:01:06	00:24:19
GUY	WOOD	Male	M 40 - 44		01:10:43	270	50	00:09:34	00:01:56	00:35:33	00:01:25	00:22:12
NINA	SLINGSBY	Female	F 30 - 34		01:10:46	271	7	00:08:46	00:01:15	00:36:14	00:00:38	00:23:52
LINDA	HOWDEN	Female	F 30 - 34		01:10:51	272	8	00:10:02	00:02:04	00:36:18	00:01:05	00:21:21
STEWART	MCGOUGH	Male	M 40 - 44		01:11:00	273	51	00:11:00	00:01:57	00:36:10	00:00:51	00:21:01
MARK	STENTON	Male	M 35 - 39		01:11:04	274	43	00:07:57	00:02:00	00:35:24	00:00:54	00:24:46
MADDY	WILSON	Female	F 40 - 44	LINCOLN TRI CLUB	01:11:12	275	8	00:09:16	00:01:18	00:36:54	00:01:08	00:22:34
RICHARD	BAUGH	Male	M 50 - 54		01:11:13	276	17	00:10:52	00:01:20	00:33:13	00:01:09	00:24:37
GUDRUN	MEISL	Female	F 40 - 44	TFN TRI	01:11:19	277	9	00:09:26	00:01:01	00:35:26	00:01:10	00:24:14
PAUL	BUCKTROUT	Male	M 30 - 34		01:11:34	278	43	00:09:56	00:02:01	00:36:09	00:01:26	00:22:01
BETTINA	WOLF	Female	F 40 - 44	4LIFE TRI CLUB	01:11:35	279	10	00:11:04	00:01:34	00:35:14	00:01:04	00:22:37
MARK	PARKIN-COATES	Male	M 35 - 39		01:11:35	280	44	00:09:13	00:01:32	00:37:16	00:00:56	00:22:36
PAUL	GILBERT	Male	M 40 - 44	ILKESTON RUNNING CLUB	01:11:37	281	52	00:10:54	00:00:50	00:34:39	00:01:24	00:23:48
IAN	WINGFIELD	Male	M 35 - 39		01:11:41	282	45	00:09:12	00:01:11	00:36:56	00:01:05	00:23:15
LINDA	WALTON	Female	F 40 - 44	WAKEFIELD TRIATHLON CLUB	01:11:42	283	11	00:09:56	00:02:37	00:39:25	00:00:41	00:19:01
LIZ	WALTON	Female	F 45 - 49	LINCOLN TRI CLUB	01:11:50	284	9	00:08:59	00:01:24	00:36:20	00:00:58	00:24:06
SIMON	CAWOOD	Male	M 40 - 44		01:11:51	285	53	00:09:12	00:01:35	00:38:16	00:00:54	00:21:54
AMY	MCDONALD	Male	RELAY	THE CAPABLES	01:11:52	286	6	00:09:47	00:00:51	00:38:27	00:00:33	00:22:13
ADRIAN	MORGAN	Male	M 45 - 49		01:11:53	287	33	00:09:48	00:01:35	00:34:52	00:01:10	00:24:25
MORAG	BAINES	Female	F 45 - 49	SHEFFIELD TRI CLUB	01:11:57	288	10	00:10:08	00:01:29	00:36:04	00:01:12	00:23:03
IAN	WHYMAN	Male	M 35 - 39	THURCROFT MUST TRI HARDER	01:11:58	289	46	00:08:46	00:03:19	00:37:02	00:01:43	00:21:06
JOHN	STEVENSON	Male	M 25 - 29		01:12:03	290	25	00:09:29	00:05:13	00:35:39	00:01:03	00:20:38
BEN	WILEMAN	Male	M 25 - 29		01:12:05	291	26	00:10:30	00:02:19	00:33:49	00:01:10	00:24:14
LIZ	WHELMBAND	Female	F 25 - 29		01:12:07	292	8	00:08:20	00:01:37	00:39:16	00:01:32	00:21:20
RICHARD	SEALS	Male	M 35 - 39		01:12:08	293	47	00:07:32	00:01:49	00:36:08	00:00:51	00:25:46
NIGEL	ROOT	Male	M 45 - 49	LINCOLN TRI	01:12:14	294	34	00:09:22	00:01:00	00:36:04	00:00:44	00:25:02
ELLEN	SMITH	Female	F 40 - 44		01:12:16	295	12	00:08:58	00:01:27	00:36:18	00:00:41	00:24:49
JOE	MARSHALL	Male	M 60+		01:12:32	296	2	00:10:57	00:01:28	00:34:47	00:01:53	00:23:25
STEFANIE	SULLIVAN	Female	F 40 - 44	HELEN VOCE TRI CLUB	01:12:34	297	13	00:09:40	00:01:46	00:37:27	00:00:29	00:23:11
JEREMY	WYATT	Male	M 30 - 34		01:12:37	298	44	00:10:00	00:02:03	00:36:50	00:00:56	00:22:45
DAVID	CARTWRIGHT	Male	M 50 - 54		01:12:44	299	18	00:09:55	00:01:12	00:38:36	00:01:05	00:21:55
ROB	CLARK	Male	M 25 - 29		01:12:46	300	27	00:09:51	00:02:59	00:37:09	00:02:34	00:20:12
LYNDSEY	BATES	Female	F 30 - 34	DERBYSHIRE POLICE	01:12:48	301	9	00:11:00	00:02:30	00:34:15	00:02:04	00:22:57
CAROLINE	UPTON	Female	F 45 - 49		01:12:57	302	11	00:09:41	00:00:59	00:37:41	00:00:50	00:23:43
JANE	SCOTT	Female	F 35 - 39		01:12:58	303	10	00:09:33	00:02:00	00:36:42	00:01:03	00:23:38
WAYNE	GLOVER	Male	M 20 - 24	BACKUP TECHNOLOGY	01:13:12	304	7	00:13:20	00:02:57	00:42:51	00:01:28	00:12:34
DANIEL	MOORE	Male	M 30 - 34		01:13:16	305	45	00:10:03	00:01:25	00:33:12	00:01:18	00:27:16

Southwell Sprint Triathlon 2009 - Provisional Results

LIZ	FLEUTY	Female	F 35 - 39	LINCOLN TRI	01:13:17	306	11	00:09:51	00:01:12	00:36:42	00:00:56	00:24:34
SANDRA	GREAVES	Female	F 40 - 44	LEEDS BRADFORD TRIATHLON CLUB	01:13:19	307	14	00:08:37	00:01:17	00:36:39	00:00:55	00:25:49
KAY	LAPISH	Female	F 35 - 39		01:13:21	308	12	00:08:08	00:01:41	00:37:43	00:01:14	00:24:35
ALISON	COLDWELL	Female	F 30 - 34	SHEFFIELD TRI CLUB	01:13:23	309	10	00:09:39	00:01:41	00:37:19	00:00:53	00:23:49
PHILIPPA	MOORHEAD	Female	F 45 - 49	SHEFFIELD TRI CLUB	01:13:25	310	12	00:09:23	00:01:43	00:37:21	00:01:05	00:23:51
RACHAEL	MURRAY	Female	F 25 - 29		01:13:25	311	9	00:09:04	00:01:07	00:38:41	00:01:01	00:23:30
RICH	HENSTOCK	Male	M 35 - 39	TRI-SPORT EPPING	01:13:30	312	48	00:09:16	00:01:25	00:37:18	00:00:45	00:24:43
HELEN	NUTTALL	Female	F 25 - 29	F4T COACHING	01:13:36	313	10	00:09:13	00:01:02	00:37:42	00:00:52	00:24:46
KIERAN	CLARK	Male	M 40 - 44	4 LIFE	01:13:43	314	54	00:08:53	00:01:11	00:38:13	00:01:25	00:23:58
MIKE	MITCHELL	Male	M 40 - 44		01:13:48	315	55	00:10:42	00:01:26	00:35:22	00:01:17	00:24:59
MARK	STAPLES	Male	M 50 - 54		01:13:49	316	19	00:10:26	00:02:07	00:36:57	00:00:47	00:23:31
JOANNE	CAULTON	Female	F UNDER 25	MVH TRI CLUB	01:13:50	317	4	00:09:13	00:00:43	00:39:57	00:00:32	00:23:25
JOANNE	ROBINSON	Female	F 30 - 34	BARROW RUNNERS	01:13:52	318	11	00:11:11	00:01:23	00:38:59	00:01:23	00:20:53
RUKI	SIDHWA	Female	F 40 - 44	CRYSTAL PALACE TRIATHLETES	01:13:59	319	15	00:09:59	00:01:30	00:38:45	00:01:11	00:22:32
KELVIN	ARA	Male	M 30 - 34	RACING TNT	01:13:59	320	46	00:08:33	00:01:07	00:40:17	00:00:53	00:23:07
GEMMA	SCOUGAL	Female	F 25 - 29		01:14:01	321	11	00:10:28	00:01:33	00:37:06	00:01:05	00:23:47
DAVE	JOHNSTON	Male	M 30 - 34		01:14:02	322	47	00:09:12	00:01:25	00:40:49	00:01:07	00:21:27
EMILIE	BACON	Female	F 25 - 29		01:14:15	323	12	00:08:51	00:02:55	00:37:05	00:01:43	00:23:38
JAMIE	GRIFFITHS	Male	M 35 - 39		01:14:17	324	49			00:35:51	00:01:46	00:26:40
MAURICE	NEEDOFF	Male	M 50 - 54		01:14:22	325	20	00:13:13	00:02:00	00:35:03	00:01:17	00:22:48
KATRINA	HEWSON	Female	F 25 - 29	LINCOLN TRI CLUB	01:14:31	326	13	00:09:00	00:01:42	00:37:36	00:01:08	00:25:04
KAY	GREIG	Female	F 25 - 29	MEYNELL VALLEY HUNTERS TRIATHLON CLUB	01:14:35	327	14	00:09:18	00:01:16	00:38:05	00:00:57	00:24:57
ALEXIA	MELLING	Female	F 35 - 39	TRITALK.CO.UK	01:14:36	328	13	00:09:14	00:01:39	00:38:38	00:01:12	00:23:51
ROB	ALLEN	Male	M 30 - 34		01:14:43	329	48	00:10:46	00:01:46	00:37:27	00:01:29	00:23:12
PETER	HARDMAN	Male	M 55 - 59	BARRACUDAS TRI CLUB	01:14:45	330	4	00:10:10	00:01:41	00:35:23	00:01:13	00:26:17
ROBBIE	TAYLOR	Male	M 55 - 59	TEAM FAS	01:15:09	331	5	00:10:04	00:01:10	00:34:56	00:01:12	00:27:46
DANIEL	THOMPSON	Male	M 30 - 34		01:15:13	332	49	00:09:37	00:02:13	00:38:00	00:01:02	00:24:19
JOHN BERNARD	CLARKE	Male	M 60+	SHEFFIELD TRI	01:15:16	333	3			00:36:15	00:01:22	00:25:46
NICOLA	BODY	Female	F 30 - 34	TFN TRI CLUB	01:15:38	334	12	00:08:00	00:01:31	00:36:38	00:01:04	00:28:24
IAN	FINCH	Male	M 35 - 39	LINCOLN TRI CLUB	01:15:41	335	50	00:13:15	00:01:06	00:36:17	00:01:01	00:24:00
HELEN	PARKER	Female	F 40 - 44		01:15:42	337	16	00:10:16	00:01:54	00:40:31	00:00:43	00:22:17
NATALIE	CUTTS	Female	F UNDER 25		01:15:42	336	5	00:10:28	00:01:10	00:38:43	00:00:42	00:24:37
CHRIS	KAYE	Male	M UNDER 20		01:15:44	338	8	00:09:33	00:01:33	00:42:39	00:00:40	00:21:18
Simon	Eckersley	Male	M 35 - 39		01:15:46	339	51	00:08:21	00:01:39	00:42:39	00:00:57	00:22:09
GARY	MILLER	Male	M 35 - 39		01:15:49	340	52	00:10:22	00:01:41	00:39:33	00:01:12	00:23:00
CAROLYN	HANLON	Female	F 40 - 44		01:15:52	341	17	00:08:59	00:01:16	00:41:55	00:00:37	00:23:03
SADIE	AUBREY	Female	F 35 - 39		01:15:59	342	14	00:09:42	00:01:35	00:41:00	00:01:11	00:22:30
MARK	HUGHES	Male	M 30 - 34	TRI FORCE	01:16:00	343	50	00:09:15	00:06:43	00:38:58	00:01:29	00:19:33
MARTIN	SCOTT	Male	M 35 - 39		01:16:10	344	53	00:13:45	00:01:54	00:38:24	00:01:02	00:21:04
LINDSAY	SUMNER	Male	RELAY	WOODLANDS	01:16:13	345	7	00:10:45	00:01:25	00:36:02	00:01:05	00:26:54
GARETH	LOOSEMORE	Male	M 25 - 29		01:16:16	346	28			00:39:57	00:00:53	00:22:13
DEAN	MARRIOTT	Male	M 35 - 39		01:16:17	347	54	00:09:56	00:01:21	00:35:56	00:02:04	00:26:58
LUCY	QUILLIAM	Female	F 25 - 29		01:16:25	348	15	00:10:30	00:02:20	00:39:29	00:01:24	00:22:41
JOHN	SUMNER	Male	M 55 - 59	WOODLANDS	01:16:26	349	6	00:14:34	00:01:40	00:34:50	00:01:01	00:24:19

Southwell Sprint Triathlon 2009 - Provisional Results

GEORGINA	NEWTON	Female	F 25 - 29		01:16:27	350	16	00:12:24	00:02:05	00:37:38	00:01:14	00:23:05
JIMMY	YOUNG	Male	M 40 - 44		01:16:28	351	56	00:10:13	00:01:25	00:40:50	00:01:05	00:22:53
JAMES	BOULTON	Male	M 45 - 49		01:16:34	352	35	00:09:41	00:01:28	00:38:26	00:00:49	00:26:10
CHRIS	GOODALL	Male	M 40 - 44		01:16:36	353	57	00:13:41	00:02:51	00:34:54	00:01:49	00:23:20
EDWARD	STRANGE	Male	M 45 - 49	LINCOLN TRI	01:16:39	354	36			00:40:06	00:01:12	00:24:34
JANE	DAVIES	Female	M 60+		01:16:41	356	1	00:12:29	00:02:27	00:40:37	00:01:20	00:19:46
ANDREW	BLACKBURN	Male	M 40 - 44		01:16:41	357	58	00:10:35	00:01:19	00:36:25	00:00:45	00:27:34
ADRIAN	DORR	Male	M 45 - 49		01:16:41	355	37	00:11:39	00:01:53	00:38:41	00:01:22	00:23:04
NEIL	EATHERINGTON	Male	M 30 - 34		01:16:43	358	51	00:09:34	00:01:32	00:40:31	00:00:40	00:24:24
NICHOLAS	SCOTT	Male	M 25 - 29		01:16:54	359	29	00:10:13	00:01:04	00:42:08	00:00:45	00:22:41
PHILLIP	BENNETT	Male	M 45 - 49		01:16:57	360	38			00:37:58	00:01:20	00:25:42
LEON	RUMBLE	Male	RELAY	"PHELPS, WIGGINS AND RADCLIFFE"	01:17:01	361	8	00:06:45	00:00:39	00:41:01	00:00:32	00:28:03
CATHY	SEMPLE	Female	F 45 - 49		01:17:07	362	13	00:09:52	00:01:24	00:40:45	00:01:24	00:23:39
TREVESSA	NEWTON	Female	F 40 - 44		01:17:28	363	18	00:09:11	00:01:52	00:41:49	00:01:20	00:23:14
TOM	MILLER	Male	M 20 - 24		01:17:29	364	8	00:09:43	00:01:27	00:40:27	00:00:45	00:25:06
SALLY	PICKERING	Female	F 40 - 44		01:17:35	365	19	00:08:34	00:01:19	00:41:09	00:01:48	00:24:44
CHRIS	ROBINSON	Male	M 35 - 39		01:17:42	366	55	00:11:00	00:02:27	00:37:23	00:01:37	00:25:13
KATE	LONG	Female	F UNDER 25	LINCOLN TRI CLUB	01:17:57	367	6	00:07:34	00:01:14	00:38:52	00:01:36	00:28:39
RUSSELL	CLARKE	Male	M 40 - 44	FORMULA ONE	01:17:58	368	59	00:10:44	00:01:51	00:38:10	00:01:57	00:25:16
BILL	SHEPPARD	Male	M 55 - 59		01:18:05	370	7	00:10:31	00:02:34	00:40:35	00:01:03	00:23:19
STEPHEN	GOWER	Male	M 50 - 54		01:18:05	369	21	00:09:29	00:02:10	00:37:52	00:01:36	00:26:56
CRAIG	NEALE	Male	M 20 - 24		01:18:06	371	9	00:11:16	00:01:45	00:42:39	00:00:50	00:21:33
JACKIE	HARDMAN	Female	M 55 - 59	BARRACUDAS TRI CLUB	01:18:08	372	1	00:12:44	00:01:36	00:38:39	00:00:50	00:24:18
ROBERT	REEVE	Male	M 25 - 29		01:18:13	373	30	00:10:52	00:01:56	00:33:55	00:01:30	00:29:59
PETER	MITCHELL	Male	M 30 - 34		01:18:32	374	52	00:14:35	00:03:55	00:32:29	00:02:55	00:24:36
SCOTT	PICKERING	Male	M 35 - 39		01:18:38	375	56	00:08:50	00:01:57	00:40:54	00:01:09	00:25:46
MATTHEW	TOMLINSON	Male	M 30 - 34		01:18:42	376	53	00:11:12	00:01:46	00:40:34	00:00:50	00:24:19
NORMAN	HARDING	Male	M 60+	BARROW RUNNERS	01:18:43	377	4	00:11:54	00:04:43	00:36:39	00:01:55	00:23:30
ANDREW	WRIGHT	Male	M 25 - 29		01:18:46	378	31	00:08:55	00:02:48	00:38:52	00:03:05	00:25:04
NAOMI	HUDSON	Female	F 25 - 29	NOTTS AC	01:18:54	379	17	00:10:44	00:01:51	00:41:12	00:01:36	00:23:29
PHILIP	WHITELEY	Male	M 35 - 39		01:18:57	380	57	00:11:25	00:03:21	00:36:25	00:02:15	00:25:29
ANTHONY	RILEY	Male	M 50 - 54	SUTTON-IN-ASHFIELD HARRIERS	01:19:00	381	22	00:12:20	00:01:04	00:39:41	00:00:42	00:25:11
JOHN	MAHER	Male	M 40 - 44		01:19:01	382	60	00:09:25	00:01:18	00:39:50	00:01:22	00:27:03
ZOE	RYLATT	Female	F 40 - 44	TFN	01:19:03	383	20	00:08:28	00:01:18	00:41:40	00:00:42	00:26:53
SHARON	CARD	Female	F 40 - 44	SOUTHWELL RUNNING CLUB	01:19:09	384	21	00:10:42	00:00:53	00:40:55	00:00:47	00:25:50
LAURENCE	GLEW	Male	M 30 - 34		01:19:10	385	54	00:10:51	00:01:52	00:36:56	00:01:10	00:28:19
LISA	GORDON	Female	F 40 - 44		01:19:13	386	22	00:09:11	00:02:05	00:41:52	00:01:13	00:24:49
RACHEL	PILNICK	Female	F 25 - 29		01:19:13	387	18	00:08:41	00:02:04	00:41:52	00:00:35	00:26:00
ROSS	CLARKE	Male	M 30 - 34		01:19:28	388	55			00:39:17	00:01:40	00:25:12
OLIVER	WOOD	Male	M UNDER 20		01:19:29	389	9	00:12:43	00:02:06	00:39:00	00:00:47	00:24:51
PAULA	WHEATLEY	Female	F 40 - 44		01:19:34	390	23			00:39:13	00:00:53	00:27:56
HEATHER	MARSHALL	Female	F 50 - 54		01:20:08	391	3	00:10:34	00:02:00	00:36:49	00:01:32	00:29:10
DANNY	BURKE	Male	M 30 - 34		01:20:09	392	56	00:12:38	00:01:29	00:40:45	00:00:56	00:24:19
MATT	KITCHINSON	Male	M 30 - 34		01:20:12	393	57	00:50:04	743:20:0	00:39:56	00:01:18	00:28:49

Southwell Sprint Triathlon 2009 - Provisional Results

JON	HENDLEY	Male	M 45 - 49	LINCOLN TRI	01:20:29	394	39	00:13:36	00:01:09	00:37:11	00:01:06	00:27:25
DAMIEN	JOYCE	Male	M 25 - 29		01:20:29	395	32	00:14:18	00:02:01	00:37:41	00:00:57	00:25:30
STEVE	PITTS	Male	M 50 - 54		01:20:30	396	23	00:10:57	00:02:13	00:40:29	00:01:43	00:25:07
DAVID	WRIGHT	Male	M 30 - 34	RETFORD AC	01:20:31	397	58	00:09:58	00:01:37	00:40:43	00:01:09	00:27:02
PAUL	SHREEVES	Male	M 55 - 59	CHARNWOOD TRI	01:20:39	398	8	00:11:31	00:01:09	00:37:51	00:01:21	00:28:45
TONY	LLOYD	Male	M 45 - 49		01:20:58	399	40	00:09:06	00:04:11	00:44:10	00:01:29	00:22:01
RHIAN	ENTWISLE	Female	F 50 - 54		01:21:04	400	4	00:11:14	00:01:08	00:37:58	00:01:33	00:29:10
HEATHER	SMITH	Female	F 35 - 39		01:21:11	401	15	00:11:54	00:01:53	00:41:21	00:00:52	00:25:09
JESSICA	APPS	Female	F 35 - 39		01:21:25	402	16	00:08:40	00:01:15	00:42:31	00:00:45	00:28:11
STUART	COMBRIDGE	Male	M 45 - 49		01:21:27	403	41	00:12:35	00:01:12	00:39:57	00:00:56	00:26:45
TOBY	GORDON	Male	M 35 - 39		01:21:41	404	58	00:11:14	00:02:29	00:40:34	00:01:32	00:25:50
LIAM	PURCELL	Male	M 25 - 29		01:21:59	405	33	00:09:33	00:02:36	00:44:12	00:02:09	00:23:27
ANGELA	FERGUSON	Female	M 55 - 59		01:22:02	406	2	00:14:53	00:01:09	00:41:34	00:01:11	00:23:13
ELAINE	ATKINSON	Female	F 35 - 39		01:22:09	407	17	00:12:04	00:01:11	00:41:41	00:01:09	00:26:03
FRASER	CLARKE	Male	M 25 - 29		01:22:15	408	34	00:10:08	00:02:21	00:42:17	00:02:23	00:25:05
GAIL	DEWING	Female	F 35 - 39		01:22:18	409	18	00:09:47	00:01:27	00:40:52	00:00:57	00:29:13
PAUL	WILEMAN	Male	M 55 - 59	WOODLANDS TRI CLUB	01:22:23	410	9	00:14:53	00:02:03	00:38:23	00:01:03	00:25:59
TRACEY	LOWTON	Female	F 35 - 39		01:22:27	411	19	00:10:26	00:01:14	00:44:35	00:00:40	00:25:31
CATRIONA	BRADY	Female	F 45 - 49		01:22:28	412	14	00:09:21	00:01:16	00:42:49	00:01:24	00:27:37
HELEN	MILLER	Female	F 25 - 29	MEYNELL VALLEY HUNTERS	01:22:40	413	19	00:09:19	00:01:28	00:41:06	00:01:20	00:29:26
ANNIE	PITTS	Female	F 50 - 54		01:22:51	414	5	00:11:04	00:01:41	00:39:46	00:01:15	00:29:04
ANNA	SMITH-CLARE	Female	F UNDER 25		01:22:52	415	7	00:09:21	00:01:45	00:45:46	00:01:24	00:24:34
PETER	LLOYD	Male	M 35 - 39		01:22:58	416	59	00:08:37	00:06:34	00:44:12	00:01:30	00:22:03
RACHEL	PRECIOUS	Female	F 25 - 29		01:23:30	417	20	00:10:09	00:02:55	00:42:44	00:00:37	00:27:04
ROGER	TAGG	Male	M 40 - 44		01:23:31	418	61	00:11:46	00:02:48	00:42:52	00:00:54	00:25:10
MIKE	QUILLIAM	Male	M 60+		01:23:32	419	5	00:10:05	00:03:41	00:41:45	00:01:10	00:26:49
GRAHAM	SWIFT	Male	M 45 - 49		01:23:57	420	42	00:13:24	00:02:36	00:39:30	00:01:02	00:27:22
ALISTAIR	HOWIE	Male	M 40 - 44		01:24:04	421	62	00:08:40	00:01:54	00:48:41	00:01:04	00:23:43
LYNN	JOWETT	Female	F 35 - 39		01:24:15	422	20	00:12:15	00:00:42	00:45:23	00:01:06	00:24:47
VICTORIA	QUILLIAM	Female	F 25 - 29		01:24:23	423	21	00:10:32	00:04:02	00:42:52	00:01:15	00:25:40
IAIN	BULLOCK	Male	M 40 - 44		01:24:38	424	63	00:12:43	00:02:17	00:36:58	00:02:00	00:30:38
KEVIN	DRUMMOND	Male	M 45 - 49		01:24:45	425	43	00:10:41	00:02:09	00:41:50	00:00:51	00:29:12
PATRICK	DRAPER	Male	M 35 - 39		01:24:58	426	60	00:08:55	00:01:56	00:41:50	00:00:42	00:31:31
NICKI	HAGGAN	Female	F 30 - 34		01:25:20	427	13	00:08:26	00:01:32	00:43:49	00:00:50	00:30:41
ELIZABETH	GOODALL	Female	F 35 - 39	SHEFFIELD TRI CLUB	01:25:25	428	21	00:08:52	00:02:21	00:43:50	00:01:22	00:28:58
PAUL	PRENDERGAST	Male	M 50 - 54	LINCOLNSHIRE FIRE & RESCUE	01:25:55	429	24	00:11:20	00:02:02	00:41:21	00:01:20	00:29:49
NEELA	MCCULLOUGH	Female	F 45 - 49		01:26:05	430	15	00:10:54	00:02:44	00:42:48	00:00:50	00:28:47
KERRIE	ROBERTS	Female	F 25 - 29		01:26:38	431	22	00:08:00	00:01:54	00:45:45	00:00:34	00:30:24
CHARLOTTE	SMITH	Female	F UNDER 25	SOUTHWELL RUNNING CLUB	01:26:42	432	8	00:10:43	00:02:15	00:45:18	00:00:44	00:27:41
MELISA	WARREN	Female	F 30 - 34		01:27:07	433	14	00:16:08	00:02:22	00:40:33	00:01:16	00:26:46
REA	GILL	Female	F 25 - 29		01:27:43	434	23	00:09:16	00:01:54	00:47:00	00:01:14	00:28:18
KATE	O'SULLIVAN	Female	F 45 - 49	LEICESTER TRIATHLON CLUB	01:28:07			00:07:39	00:02:10	00:43:30	00:01:11	00:33:37
EMMA	MORRIS	Female	F 25 - 29		01:28:15	435	24	00:13:24	00:03:04	00:45:16	00:01:13	00:25:14
NEIL	FERGUSON	Male	M 40 - 44	WAKEFIELD TRI	01:28:45	436	64	00:10:45	00:01:21	00:43:07	00:00:58	00:32:31

Southwell Sprint Triathlon 2009 - Provisional Results

SIMON	WOOD	Male	M 40 - 44		01:28:51	437	65	00:10:14	00:03:08	00:40:50	00:01:30	00:33:08
REBECCA	LETT	Female	F 40 - 44		01:29:06	438	24	00:11:36	00:03:05	00:46:06	00:01:00	00:27:17
RASHMI	CHATTOPADHYAY	Female	F 25 - 29		01:29:16	439	25	00:11:05	00:01:30	00:45:33	00:00:48	00:30:18
PATRICK	WHUR	Male	M 40 - 44		01:29:29	440	66	00:10:08	00:01:36	00:45:40	00:01:17	00:30:46
HARISH	PATHY	Male	M 40 - 44		01:30:40	441	67	00:11:49	00:02:27	00:42:09	00:02:41	00:31:33
CATHERINE	PREECE	Female	F 25 - 29		01:30:43	442	26	00:09:31	00:02:01	00:48:51	00:00:39	00:29:38
Felicity	Osbourne	Female	F 25 - 29		01:31:34	443	27	00:10:16	00:02:25	00:47:37	00:01:07	00:30:06
JOHN	HARTSHORNE	Male	M 45 - 49	CSSA	01:31:35	444	44	00:13:49	00:03:19	00:46:24	00:01:36	00:26:26
ASELA	PREMACHANDRA	Male	M 40 - 44		01:31:47	445	68	00:12:23	00:03:33	00:46:33	00:01:06	00:28:11
CORDELIA	MAUGHAN	Female	F 35 - 39		01:32:28	446	22	00:13:37	00:02:27	00:46:28	00:01:28	00:28:27
HILARY	TURNER	Female	M 60+		01:32:33	447	2	00:16:42	00:02:59	00:43:16	00:01:30	00:28:05
ZOE	JONES	Female	F 40 - 44	SUTTON IN ASHFIELD HARRIERS	01:35:25	448	25	00:10:01	00:02:00	00:50:51	00:01:04	00:31:28
GABRIELLE	DEAGLE	Female	F 30 - 34		01:36:15	449	15	00:15:02	00:02:03	00:47:24	00:03:47	00:27:57
SURINDER	GOSAL	Male	M 45 - 49		01:39:15	450	45	00:15:05	00:02:19	00:50:47	00:01:22	00:29:41
LISA	ALBANS	Female	F 35 - 39		01:40:46	451	23	00:14:03	00:03:05	00:50:58	00:01:39	00:31:00
Chris	Powell	Male	M 35 - 39	BACKUP TECHNOLOGY	01:41:49	452	61	00:13:07	00:01:07	00:52:13	00:01:14	00:34:07
STEPHEN	GOOKEY	Male	M 35 - 39		01:42:13	453	62	00:12:57	00:02:04	00:50:58	00:02:24	00:33:48
DANIELLE	WESTBURY	Female	F UNDER 25		01:44:38	454	9	00:12:23	00:03:36	00:57:36	00:01:07	00:29:54
Rachel	Eckersley	Male	M 35 - 39		01:51:01	455	63	00:13:10	00:02:55	01:01:40	00:01:36	00:31:38
MARTHA	HANSON	Female	F UNDER 25		01:52:13	457	10	00:13:39	00:02:32	01:00:38	00:01:08	00:34:14
ANGEL	PSIAKIS	Male	M 25 - 29		01:52:13	456	35	00:10:31	00:03:27	01:01:17	00:01:39	00:35:19
RICHARD	IRWIN	Male	M 35 - 39		02:01:32	458	64	00:21:29	00:02:19	01:00:33	00:01:55	00:35:16
SIMON	ALLEN	Male	M 30 - 34					00:11:17	00:01:30			
KEVIN	CRAWFORD	Male	M 45 - 49					00:08:52	00:01:04	00:36:04	00:01:05	
IAN	RANDALL	Male	M 35 - 39					00:07:21	00:01:24	00:30:29		
ALEXANDER	PICKERING	Male	M 25 - 29	MELTON WEDNESDAY				00:06:54	00:01:17	00:44:41		
ALESSIO	BONALDO	Male	M 30 - 34	LINCOLN TRICLUB	00:49:54			00:07:43	00:00:43	00:31:38	00:00:41	00:09:08
STEVE	HULL	Male	M 50 - 54		00:53:28			00:08:43	00:01:05	00:31:58	00:00:52	00:10:49