

Gareth on GB duathlon duty

GARETH Castledine, of Mansfield Triathlon Club, represented Great Britain in the Duathlon World Championships in North Carolina.

The duathlon consists of a 10km run, 40km ride and a 5km run.

Gareth completed the course in 1:58:01 to finish 28th in category in the rainy conditions and fourth GB triathlete in category.

Mansfield's Sue Day finished first in category in the Clumber 10k on Sunday 27th, completing the course in an impressive 46:41. And, in a Mansfield club double, Nick Pickard also enjoyed the podium, coming third in category in 36:45.

Sarah Hutchinson finished fourth in category at Leeds Olympic Distance Triathlon, completing the 1500m swim, 40km bike and 10km run in 2:57:35, achieving a remarkable second in category in the run.