

Mansfield's Deborah is a Gold Coast dazzler at Tri World Championships

MANSFIELD Triathlon Club's Deborah Hudson achieved a remarkable result in the Triathlon World Championships held on Australia's Gold Coast.

One of 408 GB tri-athletes in the championship, Deborah came 14th in the ITU women's age group sprint triathlon.

In the event triathletes competed in a continuous 750m swim, 20km cycle ride and 5km run and Deborah completed the race in just 1hr, 34 minutes and 29 seconds.

● Mansfield fielded six members in the Total Fitness City of Nottingham Junior Triathlon in Clifton, Nottingham.

Veteran competitors Ryan Coupland (11), Cameron Stott (8) and Aoife Allison (13) extended their experience with good results in their age group events.

Cameron is provisionally ranked third in the East

Midlands in his age group and Aoife is provisionally ranked sixth. Triathlon first-timers James Rose (13), Chris Rose (11) and Cormac Allison (11) all performed well in their first outings.

● Cuckney 19 Series time trial regulars Lorraine and Mike Garvey achieved fifth and sixth places in the final race. The time trials are held weekly between April and the end of August each year and the series winner is selected based on their performance throughout the series. This year's results are pending.

● Gareth Castledine was placed 36th in the Nottingham Half-Marathon. His chip time was 1:19:50 - a fantastic placing considering there were 6,645 finishers. Sarah Hutchinson's was 1:40:01 giving her a chip time position of 759.

Stuart Pinches did the Marathon in 3:27:23 against

his target of 3:30. Hugh Barnett also finished the Half-Marathon in a respectable time to end the season with a smile.

● Four Mansfield Tri riders competed in this year's Tour of Britain open stage at Stoke-on-Trent.

Paul Hughes, Ralph Danby, Mark Lucas and Seamus Allison covered the hilly 90 mile route through the Staffordshire moors in seven hours and raised £575 for Prostate Cancer Research.

The club welcomes new members and due to the many age categories in which triathletes compete, the sport, one of the fastest growing in the UK, is suitable for people of all ages and abilities. Other than a bike, some running shoes and a swimming costume no specialist equipment is required.

Contact Mansfield Triathlon Club's press officer at press@mansfieldtri.com for further details.